

A Weekly E-newspaper Initiative of the HULAHUL FOUNDATION

THE HULAHUL TIMES

Evolving Today For A Better Tomorrow



Ravi Singh & Delisha Gupta

CELEBRATING THE MAGIC OF STAGE: WORLD THEATRE DAY



Theatre is a team effort that uses performers like actors to tell stories. They use gestures, speech, song, music and dance to share experiences with the audience. It's the form of drama.

World Theatre Day started in 1962 by the International Theatre Institute. Its celebrated every year on March 27th by ITI Centres and the international theatre community. Many events are organized to mark this occasion. One of the important events is sharing the World Theatre Day International Message. A famous person shares their thoughts on Theatre and a Culture of Peace.

The 2023 International Message was entrusted to Samiha Ayoub, an Egyptian actress mainly in theatre, but also active in the world of cinema and television.

World Theatre Day in 2024 is now in its 62nd edition and for the occasion the message, entitled 'Art is Peace', was written by Jon Fosse, Norwegian writer and playwright, and strongly and profoundly recalls the founding values of theatre with respect to the global community, emphasizing the peaceful and universal value of art.

The history of theatre charts the development of theatre over the past 2,500 years. While performative elements are present in every society, it is customary to acknowledge a distinction between theatre as an art form and entertainment, and theatrical performative elements in other activities. The history of theatre is primarily concerned with the origin and subsequent development of the theatre as an autonomous activity. Since classical Athens in the 5th century BC, vibrant traditions of theatre have flourished in cultures across the world

In today's world theatre is still popular. While technology has changed entertainment live performances are still special. Modern theatre has adapted, using techniques like lighting and sound design.

For people theatre is more, than just entertainment. It builds confidence improves communication skills and encourages teamwork. Many students discover talents and develop empathy.

who dedicate their lives to this craft. Behind every play, there is a team of passionate individuals—actors, directors, writers, technicians—working tirelessly to create something meaningful. Their efforts deserve appreciation and recognition.

World Theatre Day is also a reminder to support artists and performers who dedicate their lives to this craft. Behind every play, there is a team of passionate individuals. They work hard to create something. Their efforts deserve appreciation.

In a world that often feels divided, theatre remains a unifying force. It transcends language, culture, and borders, reminding us that at our core, we all share the same emotions and

stories

So this World Theatre Day appreciate the beauty of performance. Watch a play support an artist or reflect on the stories that have touched your heart. Because theatre is not something we watch. It's something we experience.

World Theatre Day is observed every year on March 27th. The International Theatre Institute created this day in 1961. Every year its message is shared across stages around the world through performances.

A day to honour the art of theatre and the people who bring stories to life on stage. It's not about celebrating performances. It's about recognizing creativity, culture and how theatre connects people.

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Durgesh K. Dubey

SANTAJI GHORPADE: THE FEARLESS WARRIOR WHO FOUGHT WITHOUT FEAR

In the turbulent years that followed the reign of Chhatrapati Shivaji Maharaj, when the Maratha empire was facing its most difficult phase, a warrior emerged whose courage became a legend across the Deccan. His name was Santaji Ghorpade—a man who did not merely fight battles, but turned warfare into an art of intelligence, speed, and unshakable determination.

Santaji was born into a family of loyal Maratha sardars, where bravery was not taught through words but through action. From a young age, he learned that serving the motherland required discipline, sacrifice, and readiness to face uncertainty. The ideals of Swarajya were deeply rooted in him, and he carried forward the legacy of Shivaji Maharaj with fierce commitment.

The period in which Santaji rose was one of chaos. After the capture and execution of Sambhaji Maharaj by the Mughal emperor Aurangzeb, the Maratha kingdom seemed vulnerable. Many believed that the strength of Swarajya would collapse under Mughal pressure. But it was during this time of despair that Santaji Ghorpade, along with Dhanaji Jadhav, became the pillars of resistance.

The Warrior Who Refused to Surrender

Santaji was not a conventional general who relied on large armies or grand displays of power. Instead, he believed in speed, surprise, and strategy. He mastered the art of guerrilla warfare, a technique that Shivaji Maharaj had perfected. Santaji took it further—he turned it into a weapon that even the mighty Mughal army struggled to counter.

One of the most remarkable incidents that reflects Santaji's bravery and intelligence was his daring attack on the Mughal camp near Aurangzeb's own position. While Mughal forces were confident and relaxed, Santaji struck unexpectedly, creating chaos and confusion. His swift movements and precise strikes left the enemy disoriented.

It is said that during one such attack, Santaji's forces even managed to capture parts of the Mughal royal camp, sending a strong message that Swarajya was far from defeated. These incidents were not just military victories; they were psychological blows to an empire that believed itself invincible.

Santaji once told his fellow soldiers that the strength of a warrior does not lie only in numbers but in courage and clarity of purpose. This belief became the guiding force of his campaigns.

Leadership That Inspired Confidence

What made Santaji exceptional was not only his bravery but also his ability to inspire others. His soldiers trusted him completely because he never asked them to do what he himself would not do. He rode alongside them, faced the same dangers, and shared the same hardships.

There is a well-known account of a young Maratha soldier who hesitated before a risky mission. Instead of reprimanding him, Santaji calmly explained that fear is natural, but surrendering

to fear is a choice. He reminded the soldier that they were not fighting for personal glory but for the freedom of their land and the dignity of their people.

Those words transformed the soldier's hesitation into courage. He went on to complete the mission successfully. Santaji understood that true leadership lies in building courage within



others, not just displaying it personally.

Relentless Resistance Against a Mighty Empire

Santaji's campaigns were relentless. He continuously harassed Mughal forces, disrupted their supply lines, and prevented them from establishing stable control over the Deccan. His unpredictability became his greatest strength.

The Mughal generals found it extremely difficult to track or defeat him. Santaji would appear suddenly, strike with precision, and disappear before the enemy could respond. His tactics exhausted the Mughal army both physically and mentally.

Even Aurangzeb, one of the most powerful rulers of his time, recognized the threat posed by Santaji. The emperor's vast resources could not easily suppress a warrior who fought with intelligence and unwavering commitment.

Santaji's actions kept the spirit of Swarajya alive during one of its darkest periods. While the empire lacked centralized leadership after Sambhaji Maharaj's death, Santaji ensured that resistance continued with full force.

The Cost of Greatness

However, the life of a warrior is never free from challenges. Santaji's fierce independence and strong personality sometimes led to conflicts within the Maratha ranks. Differences with other commanders created internal tensions.

In the end, it was not the enemy but internal discord that led to Santaji's tragic end. He was betrayed and killed under circumstances that reflected the harsh realities of political and military life.

Yet, even in death, Santaji Ghorpade's legacy remained untarnished. His courage, strategy, and unwavering commitment to Swarajya continued to inspire future generations of warriors.

A Legacy of Courage and Integrity

Santaji's life teaches that bravery is not just about fighting battles but about standing firm in one's purpose. He fought against overwhelming odds, not because victory was guaranteed, but because surrender was unacceptable.

His story is also a reminder that unity is as important as courage. While external enemies can be defeated through strength and strategy, internal divisions can weaken even the strongest forces.

Santaji Ghorpade's name lives on as a symbol of fearless resistance and strategic brilliance. He showed that a determined individual can challenge even the most powerful empire.

Moral and Conclusion

The life of Santaji Ghorpade teaches us that true courage lies in persistence, integrity, and clarity of purpose. He demonstrated that strength is not measured by numbers but by determination and discipline. His story inspires us to face challenges with confidence, to lead by example, and to remain committed to our values even in difficult times. At the same time, it reminds us of the importance of unity and mutual trust in achieving larger goals. Santaji's legacy encourages every individual to rise above fear, act with conviction, and contribute to a greater cause, proving that one brave heart can change the course of history.

Ravi Singh & Delisha Gupta

CELEBRATING RAM NAVAMI: LORD RAMA AS A PERSON OF ETERNAL RELEVANCE

On the festival that marks his birth, Lord Rama returns not merely as a sacred figure of worship, but as a timeless moral compass in an age searching for integrity, restraint, and just leadership.

Some personalities belong to history. Some belong to faith. And then there are a rare few who outgrow both categories and become part of a civilization's moral imagination. Lord Rama stands firmly in that rare category. On the occasion of Ram Navami, when millions celebrate his birth with devotion, prayer, and reverence, it is also worth asking a larger question: why does Lord Rama continue to matter so deeply, so enduringly, and so universally?

The answer lies not only in divinity, but in relevance.

Lord Rama is not remembered merely because he is worshipped. He is remembered because he represents an ideal that refuses to become obsolete. In an age of noise, haste, and moral ambiguity, Rama still signifies clarity. In a time when leadership is often measured by spectacle, he represents substance. In a culture increasingly tested by impatience and self-interest, he continues to embody restraint, duty, courage, and justice. This is what makes him not just a revered deity, but a compelling Person of Interest for our times.

Ram Navami marks the birth of Lord Rama, the seventh incarnation of Lord Vishnu, born in Ayodhya to King Dasharatha and Queen Kaushalya. But festivals, at their best, are never only about remembrance. They are about renewal. They invite societies to revisit the ideals they claim to value. In that sense, Ram Navami is not simply a religious celebration; it is a civilizational pause. It asks whether the virtues associated with Lord Rama still have a place in contemporary life. The answer, unmistakably, is yes.

What sets Lord Rama apart is that his greatness was forged not in comfort, but in trial. He was born a prince, yet his life was defined by renunciation rather than privilege. His decision to accept exile in obedience to his father's word remains one of the most powerful moments in the Indian ethical imagination. It was not weakness. It was disciplined strength. Rama did not choose convenience over duty, nor emotion over principle. He chose the harder path because he believed that honor was not

situational. That lesson remains radical even today.

In public discourse, duty is often praised in language but abandoned in practice. Personal ambition frequently overshadows collective responsibility. Rights are asserted quickly; obligations are embraced reluctantly. Lord Rama's life offers a profound corrective. He reminds us that character is revealed not when life is favorable, but when sacrifice becomes unavoidable. His example asks an uncomfortable but necessary question: what does one stand for when obedience to truth becomes costly?

That is precisely why Rama continues to resonate beyond ritual.

He is not eternally relevant because he belonged to a grand epic, but because the dilemmas he confronted still define human life. How should power be exercised? What does loyalty demand? How does one remain ethical under pressure? What is the relationship between personal pain and public duty? These are not ancient questions. They are current ones. Rama's life, as narrated in the Ramayana, does not offer simplistic answers, but it does offer a framework shaped by dharma a moral order rooted in responsibility, justice, and self-mastery.

That framework becomes even more significant when viewed through the lens of leadership. Modern leadership often rewards charisma, control, and visibility. Lord Rama presents another standard entirely. He led not through domination, but through legitimacy of conduct. He inspired trust because he practiced what he upheld. His authority emerged from moral discipline, not mere position. This is why the idea of Ram Rajya has survived across centuries. It does not endure as a slogan alone,

but as a benchmark an image of governance grounded in fairness, accountability, social welfare, and ethical rule.

At a time when institutions around the world face distrust and public life is frequently marked by division, the appeal of such a model is unsurprising. Rama's kingship was not about grandeur for its own sake. It was about service. The ruler, in this vision, is not above the people but answerable to them. Justice is not ornamental; it is central. Compassion is not a sign of weakness; it is a sign of civilization. These are ideas that remain urgently relevant in any democratic or ethical conversation.

Yet to reduce Lord Rama only to political symbolism would be far too narrow. His deepest relevance lies in the way he continues to shape individual conscience. He is a figure of the inner life as much as the public one. In moments of uncertainty, people return to Rama not only for blessing, but for

balance. His life offers an ethic of steadiness: patience in suffering, dignity in adversity, discipline in emotion, and grace under pressure. He did not evade hardship. He endured it without surrendering to bitterness. That is a form of strength the contemporary world deeply needs.

The phrase Maryada Purushottam captures this essence with precision. Lord Rama is the supreme exemplar of ethical restraint. In a

culture that increasingly confuses freedom with impulsiveness and strength with aggression, Rama's personality offers a different proposition: that true greatness lies in knowing one's limits, honoring one's responsibilities, and acting with moral proportion. He shows that restraint is not denial; it is refinement. It is what allows power to remain humane and relationships to remain honorable.

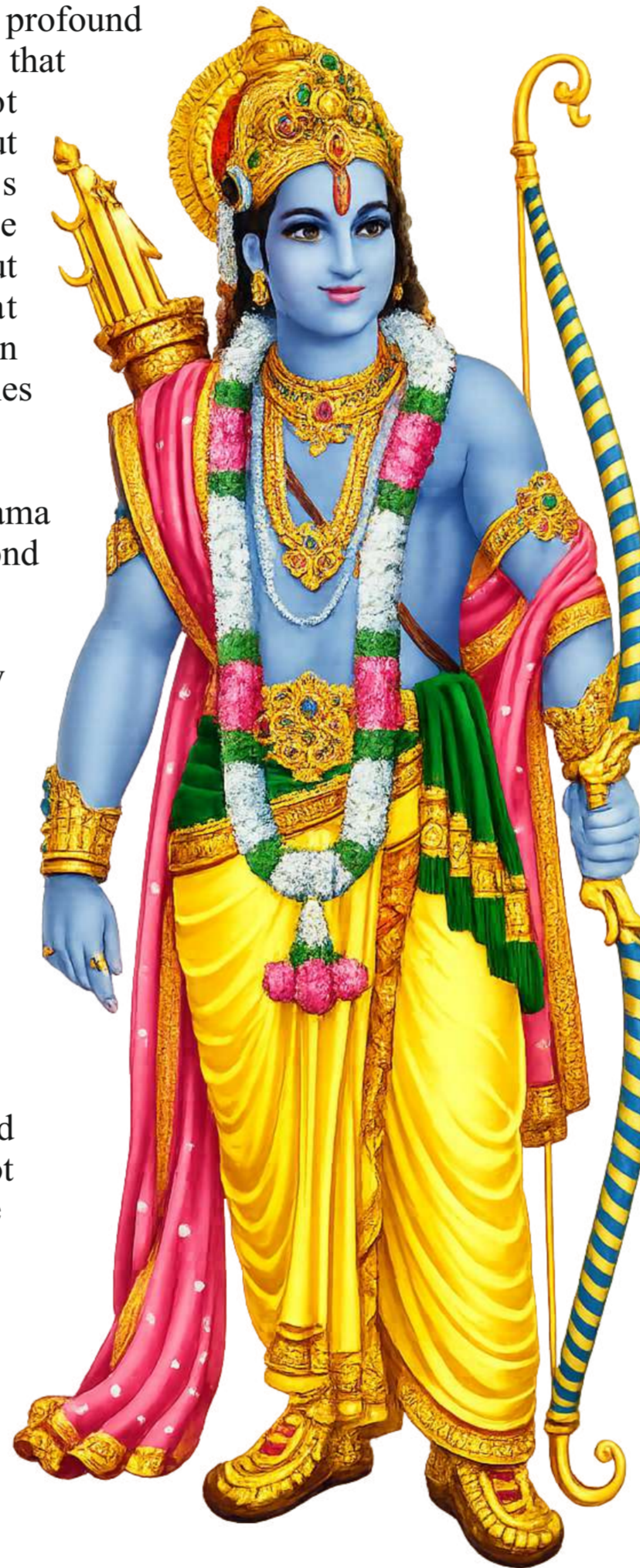
There is also a reason why Lord Rama transcends the boundaries of religion and enters literature, philosophy, art, performance, and public memory. His story is layered with emotional and ethical complexity. He is at once divine and deeply human in the way people relate to him. That is why generations continue to find fresh meaning in his life. For some, he is the ideal son. For others, the just ruler. For many, he is the moral center in a fractured age. His relevance endures because the values he represents do not diminish with changing times; if anything, they become more necessary.

On Ram Navami, then, the celebration of Lord Rama is not only an act of devotion. It is an act of reflection. It is a reminder that civilizations endure not merely through progress, but through principles. Lord Rama remains eternally relevant because he calls humanity back to first principles: truth over expediency, duty over selfishness, courage over fear, and justice over disorder.

That is why he still commands attention not as a figure confined to scripture, but as a living presence in the ethical imagination of society. In remembering Lord Rama, we do more than honor a birth anniversary. We revisit a standard. We return to an ideal. We confront the distance between what we celebrate and how we live.

And perhaps that is the enduring power of Rama: he does not merely invite reverence. He demands introspection.

On the sacred occasion of Ram Navami, Lord Rama stands not only as a divine figure of faith, but as a timeless editorial on character, conduct, and conscience. In a changing world hungry for moral direction, his life remains a steady light reminding us that while eras may shift, the values that sustain humanity do not.



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EDITORIAL NOTE

Commerce Connect is a student-friendly column that turns money, markets, and management into everyday lessons. From canteen economics to digital wallets, it bridges classroom theory with real-world trends, making commerce not just a subject, but a life skill.

A decade ago, companies were judged largely by financial performance—revenue, profit, and market share. Today, that lens is widening as investors, regulators, and consumers ask a deeper question: is the business growing responsibly? This shift has brought ESG—Environmental, Social, and Governance—to the centre of modern business strategy. What was once seen as a good practice is now a business necessity. Companies are expected to measure not just what they earn, but how they impact the environment, society, and stakeholders. Increasingly, business decisions are influenced by sustainability, ethics, and transparency. For students and professionals, the message is clear: business success today is defined not only by profit, but by responsible and sustainable growth.

What ESG Means in Real Business Terms

ESG includes three key dimensions:

- Environmental – energy efficiency, waste reduction, carbon emissions
- Social – employee welfare, diversity, customer responsibility
- Governance – transparency, ethics, compliance, leadership accountability

RESPONSIBLE PROFITS: WHY ESG IS BECOMING THE NEW BUSINESS STANDARD

These are no longer abstract ideas—they are measurable business indicators.

Funding Now Depends on Responsibility

Investors increasingly evaluate companies based on ESG performance before committing funds. A manufacturing company with strong profits but repeated environmental violations may struggle to attract investors due to regulatory risk. A company adopting renewable energy and transparent reporting may secure better funding because it appears stable and future-ready. Banks and financial institutions now prefer businesses that demonstrate lower ESG risk.

Green Accounting: Making Sustainability Measurable

Green accounting integrates environmental costs into financial reporting.

It tracks:

- Energy consumption
- Waste management costs
- Carbon reduction investments
- Resource efficiency

A factory switching to solar power reduces electricity costs over time. Green accounting reflects both cost savings and environmental benefits. A company reducing water usage lowers operational costs while improving sustainability reporting metrics. This converts sustainability from a concept into measurable performance.

Brand Reputation Is Being Redefined

Consumers are increasingly aware of business practices. Ethical behaviour and sustainability now influence buying decisions. A clothing brand using eco-friendly materials and fair labour practices attracts more conscious consumers. Food delivery platforms promoting sustainable packaging gain better public perception compared to competitors using excessive plastic. Reputation today depends not only on quality—but on responsibility.

Governance: The Hidden Strength of Strong Companies

Governance ensures that systems, decisions, and reporting are ethical and transparent. Companies involved in financial misreporting or governance failures often face sharp decline in investor trust and stock value, even if profits appear strong. Good governance builds credibility before problems arise.

Regulation Is Making ESG Mandatory

Many companies are now required to disclose ESG-related information.

They report on:

- Environmental impact
- Social initiatives
- Governance practices
- Risk management

Large listed companies must provide sustainability reports, making ESG compliance part of formal business reporting. ESG is moving from optional to essential.

Career Opportunities for Students

The rise of ESG is creating new roles for commerce students:

- ESG Analyst
- Sustainability Reporting Executive
- Compliance Officer
- Risk and Governance Analyst
- Green Finance Specialist

A commerce graduate may work in a company's ESG team, preparing sustainability reports by analysing environmental data and governance practices. These roles combine finance, analytics, and responsibility.

Skills Students Should Build

- Understanding of ESG frameworks
 - Basic data and reporting skills
 - Knowledge of sustainability metrics
 - Awareness of compliance systems
 - Ability to interpret non-financial data
- Students who combine finance with ESG knowledge gain a strong advantage.

Tips for Professionals

- Integrate ESG into financial decision-making
- Stay updated on regulatory requirements
- Learn sustainability reporting tools



- Focus on long-term risk assessment
 - Build ethical and transparent practices
- Professionals who adapt to ESG trends remain future-ready.

Challenges in ESG Implementation

Despite growth, ESG adoption faces challenges:

- Lack of uniform standards
- Difficulty in measuring impact
- Risk of “greenwashing”
- Higher initial costs

Addressing these will determine credibility.

The Bigger Shift in Business Thinking

ESG represents a structural shift—from a short-term profit focus to long-term value creation. Businesses are now expected to consider environmental impact, social responsibility, and governance practices alongside financial performance. Companies are gradually integrating ESG into core strategies and daily operations. Stakeholders today demand transparency, accountability, and responsible conduct. As a result, businesses that align profit with purpose are more likely to build trust, resilience, and long-term success.

The Takeaway

Companies are no longer judged only by how much they earn, but by how responsibly they grow. Because in today's economy, profits that ignore responsibility may not sustain—but responsible profits create lasting value.

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EDITORIAL NOTE

The study of language and literature is not just an academic pursuit, but a journey into the world of imagination, critical thinking, and cultural exchange. This page celebrates creativity, knowledge, and expression by bridging the classics with contemporary voices.

LITERARY TERM: “WILLING SUSPENSION OF DISBELIEF”

The concept of “willing suspension of disbelief” was articulated by Samuel Taylor Coleridge. It refers to the reader's conscious decision to accept the implausible or supernatural elements of a narrative for the sake of enjoyment and engagement.

In literary works, especially in fantasy, mythology, and science fiction, authors construct imaginative worlds that may not conform to reality. Readers, in turn, temporarily suspend their critical judgment to immerse themselves fully in the narrative.

Significance:

- Enables emotional and imaginative engagement with fiction
- Allows acceptance of extraordinary events as believable within the narrative framework
- Strengthens the aesthetic experience of literature

For instance, while reading mythological retellings such as *Sita: Warrior of Mithila*, readers accept divine interventions and heroic feats as part of the story's internal logic.

DID YOU KNOW?

- The term “stream of consciousness” was first used in psychology by William James and later adapted in literature to describe a narrative technique that presents a character's continuous flow of thoughts and feelings.
- On 25 January 1882, English author Virginia Woolf was born. She became one of the most important modernist writers of the twentieth century, known for works such as *Mrs Dalloway* and *To the Lighthouse*.
- The first Harry Potter novel, *Harry Potter and the Philosopher's Stone*, was published on 26 June 1997 and marked the beginning of a major cultural and literary phenomenon.
- World Book and Copyright Day is celebrated annually on 23 April to encourage reading, publishing, and the protection of intellectual property through copyright, and the date is also associated with William Shakespeare and Miguel de Cervantes.

GRAMMAR TIP

Subject-Verb Agreement with Collective Nouns

Collective nouns (such as team, committee, jury, family) can take either singular or plural verbs depending on context.

Singular (acting as one unit):
The committee has made its decision.

Plural (acting as individuals):
The committee have expressed differing opinions.

Subject-Verb Agreement with Indefinite Pronouns

Indefinite pronouns such as everyone, someone, nobody, each, and either usually take singular verbs.

Singular: Everyone is ready for the presentation.

Singular: Each of the students has completed the assignment.

Subject-Verb Agreement with Uncountable Nouns

Uncountable nouns such as information, advice, furniture, and equipment usually take singular verbs.

Singular: The information is accurate.

Singular: The equipment has arrived on time

WRITER OF THE WEEK

Shashi Deshpande

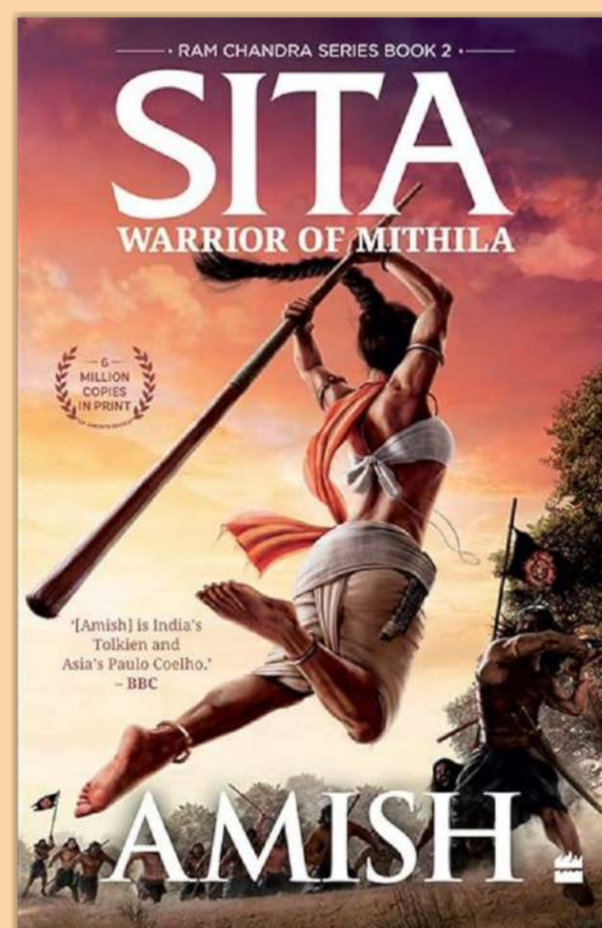
Shashi Deshpande is a distinguished Indian novelist known for her nuanced portrayal of women's psychological and social realities. Her narratives often interrogate patriarchy, identity, and silence within middle-class Indian households.

Notable Works: *That Long Silence*, *The Dark Holds No Terrors* & *Roots and Shadows*

Her contribution to Indian English literature lies in her subtle yet powerful articulation of women's voices.

BOOK REVIEW

Sita: Warrior of Mithila by Amish Tripathi



Sita: Warrior of Mithila presents a re-envisioned Sita as a strategist, administrator, and warrior.

Themes:

- Women's empowerment
- Ethical leadership and governance
- Mythological reinterpretation

Critical Perspective: The novel departs from traditional depictions by foregrounding Sita's agency and intellect. Amish Tripathi constructs a narrative that blends mythology with contemporary socio-political concerns, making the text both accessible and thought-provoking.

QUOTABLE QUOTES

“Literature is the mirror of society, reflecting its truths, struggles, and aspirations.”

CREATIVE WRITING

COROMANDEL FISHERS

Rise, brothers, rise; the wakening skies pray to the morning light,

The wind lies asleep in the arms of the dawn like a child
that has cried all night.

Come, let us gather our nets from the shore and
set our catamarans free,

To capture the leaping wealth of the tide, for we are
the kings of the sea!

Poetry by
Sarojini Naidu

Theme: The poem reflects the vitality of coastal life and celebrates collective labour, imbued with rhythmic musicality characteristic of Sarojini Naidu's poetry.

WORD OF THE WEEK

Ubiquitous (adjective)

Meaning: Present, appearing, or found everywhere.

Example: Digital technology has become ubiquitous in modern education.

IDIOM HIGHLIGHT

The pen is mightier than the sword

Meaning: Words and ideas are more powerful than force or violence.
Example: Through his essays, he proved that the pen is mightier than the sword.

UTTAR PRADESH ADVANCES DIGITAL FARMING WITH MASSIVE CROP SURVEY INITIATIVE

Uttar Pradesh has taken a major step toward modernising agriculture through its Digital Crop Survey initiative, successfully mapping 95,765 villages across the state. This large-scale effort aims to strengthen agricultural governance by using digital tools to collect accurate and real-time data on crops and farmland.



Out of the total 1,08,935 revenue villages in the state, a significant majority have already been geo-referenced. This mapping has enabled authorities to conduct extensive digital surveys of agricultural land during both major cropping seasons. During the Kharif season, over 53.7 million plots were surveyed, while the Rabi season saw coverage of more than 55.6 million plots, making it one of the largest digital agricultural data collection exercises in India.

Alongside the crop survey, the state government is also strengthening its Farmer Registry programme to ensure better delivery of benefits. With millions of farmers already linked to schemes

like PM-Kisan, the integration of digital data helps in accurate identification of beneficiaries and reduces errors or duplication.

The initiative is expected to improve transparency, enhance policy planning, and ensure timely support for farmers. By leveraging technology, Uttar Pradesh is building a more efficient and data-driven agricultural system that can respond better to future challenges and opportunities.

WEST ASIA CONFLICT RAISES CONCERNS FOR INDIA'S PESTICIDE INDUSTRY: CROPLIFE INDIA WARNS OF SUPPLY RISKS

The ongoing conflict in West Asia has begun to cast a shadow over India's pesticide industry, with industry body CropLife India raising concerns about potential disruptions in supply chains and rising input costs. The region plays a crucial role in the global supply of key raw materials used in pesticide manufacturing, and any instability could directly impact production in India. According to industry experts, many active ingredients and intermediates required for pesticide production are either sourced from or routed through West Asian countries. With increasing geopolitical tensions, risks such as logistical delays, higher freight costs, and supply shortages are becoming more prominent. These disruptions could lead to increased production costs for manufacturers, which may eventually affect prices for farmers.



protection products, especially during critical agricultural seasons when timely application is essential for maintaining yields.

The situation is particularly concerning as India's agriculture sector depends heavily on pesticides to safeguard crops from pests and diseases. Any disruption in supply could affect farm productivity and food security.

Overall, the warning reflects how global geopolitical developments can significantly influence agricultural input industries, underlining the need for resilient supply chains and strategic planning to safeguard India's farming ecosystem.

CropLife India has emphasised the need for proactive measures, including diversifying supply sources and strengthening domestic manufacturing capabilities. The industry body also highlighted the importance of ensuring uninterrupted availability of crop

BREAKTHROUGH IN LIVESTOCK BREEDING — IVF SUCCESS IN GIR COWS SIGNALS NEW ERA

India's livestock sector has achieved a significant milestone with a successful in-vitro fertilisation (IVF) programme in Gir cows, led by a subsidiary of BL Agro. The initiative resulted in 116 cows being implanted with embryos, out of which nearly 65% showed successful outcomes, marking a major advancement in scientific cattle breeding.



animals, improving milk production, and strengthening farmers' incomes. Unlike traditional breeding methods, IVF enables selective propagation of desirable traits, reducing time and increasing efficiency. The success of this initiative also highlights the growing role of private sector participation in agricultural and allied innovations. With a strong success rate, the project demonstrates the potential of technology-driven livestock development in meeting rising demand for dairy products.

The project focuses on the use of advanced reproductive biotechnology, where high-quality embryos are developed in laboratory conditions and then transferred into recipient cows. This method allows faster multiplication of superior cattle breeds like Gir, which are known for their high milk yield and strong adaptability. IVF and embryo transfer technologies have been increasingly recognised as efficient tools to improve livestock productivity and genetic quality in a shorter time frame.

Experts believe that such innovations can significantly boost India's dairy sector by enhancing the availability of genetically superior

Overall, this breakthrough reflects how modern science is reshaping animal husbandry in India, paving the way for a more productive, sustainable, and genetically advanced dairy ecosystem.

GLOBAL CONFERENCE CALLS FOR STRONGER ROLE OF WOMEN IN AGRI-FOOD SYSTEMS

The Global Conference on Women in Agri-Food Systems (GCWAS-2026) concluded in New Delhi with a renewed international commitment to strengthen the role of women in agriculture and food systems. The three-day event brought together policymakers, scientists, researchers, entrepreneurs, and farmers from different countries to discuss strategies for promoting gender equality and inclusive growth in agriculture.

During the conference, experts emphasised that women contribute significantly to farming activities, accounting for a large share of the agricultural workforce worldwide. Despite their crucial role, many women farmers still face barriers such as limited access to land ownership, credit facilities, technology, and markets. The discussions highlighted the importance of addressing these challenges through policy reforms and institutional support.

A key outcome of the conference was the adoption of the Delhi Declaration, which calls for the creation

of a global alliance dedicated to empowering women in agri-food systems. The declaration encourages governments and organisations to promote gender-responsive policies, improve access to financial resources and digital technologies, and strengthen leadership opportunities for women farmers and agripreneurs.

The event also announced plans to develop a national gender platform connecting more than 900 agricultural institutions, including research institutes, universities, and extension centres. This initiative aims to enhance research, training, and knowledge sharing focused on women's participation in agriculture.

Overall, GCWAS-2026 reinforced the idea that empowering women in agriculture is essential for improving farm productivity, strengthening rural economies, and ensuring sustainable global food systems.

MAHARASHTRA EXTENDS E-PEEK PAHANI DEADLINE TO ACHIEVE FULL FARMER COVERAGE



The Maharashtra government has extended the deadline for e-Peek Pahani registration until March 31, aiming to ensure that every farmer in the state is included under the digital crop survey system. This decision comes in response to slower-than-expected participation and the need to improve the accuracy of agricultural data across regions.

The e-Peek Pahani initiative allows farmers to digitally record details of their crops using a mobile application. Through this system, crop information is directly linked with land records, enabling the government to maintain real-time data on agricultural activities. This digital approach enhances transparency and reduces dependency on manual surveys.

Officials have emphasised that completing this registration is crucial for farmers to access key benefits such as crop insurance, subsidies, and financial assistance schemes. Without proper registration, farmers may face difficulties in claiming compensation or receiving government support during crop losses.

The extension reflects the government's target of achieving 100% farmer coverage, ensuring that no cultivator is left out of the system. Authorities are also encouraging farmers to seek help from local officials and service centres if they face challenges in using the digital platform.

Overall, the move highlights Maharashtra's commitment to building a technology-driven agricultural system, where accurate data helps in better policy planning, efficient resource allocation, and improved support for farmers across the state.

Dr. Smita Ravikumar Kuntay

IIT MANDI LAUNCHES 'HIMSHIKHAR 2026' – FIRST RESIDENTIAL SUMMER PROGRAMME

Indian Institute of Technology Mandi has announced its first-ever residential summer programme – “HimShikhar 2026”, offering students a unique opportunity to experience academic excellence amidst the serene Himalayan campus. This immersive programme is designed for curious learners seeking exposure to advanced domains, hands-on learning, and interdisciplinary exploration.



solving, field visits, and interactive sessions, ensuring a holistic learning experience. Accommodation and campus facilities will be provided, allowing students to fully engage in academic and co-curricular activities.

The programme will be conducted at the picturesque campus in Mandi, combining classroom learning with practical sessions, expert lectures, and collaborative projects. It features five specialised tracks, including Artificial Intelligence & Data Science, Robotics, Electronics, Sustainable Technologies, and Creative Computing.

Open to school and undergraduate students, HimShikhar 2026 aims to nurture innovation, critical thinking, and research aptitude. Participants will benefit from mentorship by IIT faculty, exposure to cutting-edge labs, and peer learning in a residential environment.

The programme includes hands-on workshops, real-world problem-

Duration, application dates, and detailed eligibility criteria are available on the official website of IIT Mandi. Interested candidates are advised to apply online within the specified timeline.

This initiative promises to be a transformative academic journey, blending innovation, exploration, and experiential learning for future leaders.

IIT MADRAS POWERS DIGITAL LEARNING FOR 11 LAKH STUDENTS

In a transformative move to strengthen digital education, the Indian Institute of Technology (IIT) Madras has launched a large-scale initiative aimed at reaching over 11,000 government schools and nearly 11 lakh students across India. The programme, introduced under its outreach efforts, focuses on bridging the educational gap by bringing quality learning resources to underserved regions.



Teachers will also receive support and training to effectively integrate digital tools into classroom teaching, enhancing overall learning outcomes.

This initiative combines technology with education through platforms like AI-based learning tools and structured digital content. Designed especially for government school students, it aims to make subjects like science and mathematics more accessible, interactive, and engaging. By leveraging digital infrastructure, IIT Madras seeks to ensure that students in remote areas receive the same quality of education as those in urban centres.

A key highlight of the programme is its focus on last-mile connectivity, ensuring that even students in rural and underprivileged communities benefit from advanced learning systems.

The initiative reflects IIT Madras' commitment to inclusive education and technological innovation. By reaching such a vast number of schools and students, the programme has the potential to significantly improve academic performance and digital literacy among young learners.

This effort marks a significant step towards democratizing education in India, making high-quality learning accessible to all and empowering students with the skills needed for the future.

UNION GOVT SET TO LAUNCH NATIONWIDE DRIVE TO ENROL OUT-OF-SCHOOL CHILDREN INTO EDUCATION SYSTEM

In a significant push towards inclusive education, the Ministry of Education is set to launch a nationwide drive to identify and enrol out-of-school children across India. The initiative aims to bring every child back into the formal education system, ensuring that no learner is left behind.



As part of this अभियान, authorities will conduct surveys and mapping exercises to locate children who have dropped out or never enrolled in schools. Special focus will be given to vulnerable groups, including children from economically weaker sections, migrant families, and remote regions. The drive aligns with the government's commitment to achieving universal education and improving literacy rates.

Alongside enrolment efforts, the ministry also plans to strengthen the National Institute of Open Schooling (NIOS). By expanding its reach and improving its programmes, NIOS will serve as an alternative pathway for children who cannot access traditional schooling. Flexible learning options and customized courses will help students continue their education without

barriers.

Officials believe that this dual approach—active enrolment and strengthening open schooling—will significantly reduce dropout rates. Schools, local authorities, and community organizations will work together to ensure effective implementation of the campaign.

This initiative marks a crucial step toward building an inclusive and equitable education system. By focusing on access, flexibility, and support, the government aims to empower every child with the opportunity to learn, grow, and secure a better future.

UP EMPOWERS CLASS 10 STUDENTS WITH 5 MILLION TABLETS

In a major push towards digital education, the Uttar Pradesh government has announced the distribution of 50 lakh tablets to Class 10 students across the state. The initiative aims to strengthen digital literacy and enhance technology-driven learning at the secondary school level.



Under this programme, tablets will be provided to students enrolled in Class 10, enabling them to access a wide range of digital content, online study materials, and educational platforms. The move is expected to bridge the digital divide and ensure that students from all backgrounds can benefit from modern learning tools.

The initiative reflects the state government's growing focus on integrating technology into education. By equipping students with digital devices, authorities aim to make learning more interactive, accessible, and efficient. It will also help students become familiar with digital tools, an essential skill in today's technology-driven world.

shifting towards online and blended modes, such efforts play a crucial role in preparing students for future academic and career challenges. The tablets will support self-learning, improve research capabilities, and encourage the use of e-resources beyond traditional textbooks.

This step aligns with broader national efforts to promote digital literacy and modernize school education. By investing in technology-enabled learning, Uttar Pradesh is taking a significant step toward empowering students and creating a more inclusive and future-ready education system.

With education increasingly

DELHI CLASSROOMS GO SMART: 7,000 DIGITAL LEARNING SPACES PLANNED



In a significant move to modernise school education, the Delhi government has announced plans to introduce 7,000 smart classrooms and digital libraries in state-run schools. The initiative aims to strengthen digital infrastructure and promote technology-enabled learning across the public education system.

The smart classrooms will be equipped with advanced digital tools, enabling teachers to deliver lessons through interactive content, audio-visual aids, and real-time learning resources. This shift is expected to make classroom teaching more engaging, effective, and student-friendly. Alongside this, digital libraries will be established within school campuses, providing students with easy access to a wide range of academic materials and e-resources.

The initiative reflects the government's commitment to integrating technology into education and improving the overall learning environment in government schools. By enhancing access to digital tools, the plan aims to bridge gaps in educational resources and ensure that students receive quality learning experiences.

As digital education continues to gain importance, such efforts are crucial in preparing students for a technology-driven future. The project will not only improve digital literacy but also encourage innovative teaching methods among educators.

This development is part of a broader push to upgrade school infrastructure and make public education more inclusive and future-ready. With the introduction of smart classrooms and digital libraries, Delhi is taking a strong step toward transforming traditional learning into a more dynamic and accessible experience for students.

Durgesh K. Dubey

GLOBAL TRADE FACES SLOWDOWN AS ENERGY SHOCK AND GEOPOLITICS CLOUD OUTLOOK

The global trading system, long considered a key engine of economic growth, is now showing signs of strain as rising geopolitical tensions and energy uncertainties begin to weigh on its momentum. Fresh projections indicate that the pace of global trade expansion is set to slow significantly in 2026, raising concerns about its wider impact on economies, businesses and consumers worldwide.

After witnessing a strong recovery in 2025, when global merchandise trade grew by around 4.6 percent, the outlook for the coming year appears far more cautious. Trade growth is now expected to moderate sharply to about 1.9 percent, reflecting fading momentum from earlier drivers such as technology demand and pre-emptive imports aimed at avoiding tariffs. While the system continues to demonstrate resilience, the pace of expansion is clearly losing steam.

A key factor behind this slowdown is the ongoing conflict in West Asia, which has disrupted global energy markets. The region plays a crucial role in the supply of oil, gas and fertilizers, and any prolonged instability has immediate ripple effects across the global economy. If energy prices remain elevated due to continued tensions, trade growth could slow even further, dropping to nearly 1.4 percent — a level that would signal a much sharper deceleration in global commerce.

Energy is not the only concern. The disruption of critical maritime routes, particularly the Strait of Hormuz, has raised alarms about supply chain vulnerabilities. This narrow passage is vital for transporting a large share of the world's oil, gas and fertilizers. Any prolonged disruption not only affects fuel prices but also threatens agricultural production, as fertilizers are essential inputs for farming across many countries.

For nations like India, Thailand and Brazil, which rely heavily on fertilizer imports from the Gulf region, such disruptions could have far-

reaching consequences. Rising input costs for agriculture may eventually translate into higher food prices, affecting both farmers and consumers. At the same time, Gulf countries themselves face food security challenges due to their heavy dependence on imports of staple commodities such as rice,



corn and vegetable oils.

Despite these headwinds, there are still some pockets of strength within global trade. Demand for high-technology products, particularly those linked to artificial intelligence and digital infrastructure, has provided an important cushion. Trade in semiconductors, data equipment and related technologies grew rapidly in the previous year, accounting for a significant portion of overall trade expansion. However, the sustainability

of this demand remains uncertain, especially if global investment cycles weaken.

Services trade, including sectors such as transport, tourism and digital services, is also expected to grow, though at a slower pace than before. Disruptions to shipping routes and air travel, combined with rising operational costs, are likely to dampen growth in this segment as well.

Regionally, Asia is expected to remain the primary driver of global trade growth, supported by strong industrial activity and consumption. Africa and South America may also see moderate expansion, while Europe and North America are likely to experience relatively subdued trade performance due to slower economic growth and external pressures.

The broader message emerging from the current outlook is one of cautious optimism. While global trade has shown an ability to adapt to shocks, the current environment is far more complex, shaped by geopolitical conflicts, energy disruptions and shifting economic alliances.

For businesses, this means navigating a more uncertain and volatile landscape. For policymakers, it highlights the need to strengthen supply chains, maintain stable trade policies and build resilience against external shocks. And for ordinary people, it serves as a reminder that global events — from conflicts to energy crises — can ultimately influence everyday costs, from food to fuel.

In a world increasingly interconnected, the slowdown in trade is not just a statistical trend but a reflection of deeper challenges that will shape the global economy in the years ahead.

ENERGY SHOCK WAVES: GLOBAL OIL SURGE SIGNALS FRESH ECONOMIC UNCERTAINTY

A sharp escalation in geopolitical tensions in the Middle East has sent global energy markets into turmoil, pushing oil and gas prices to levels not seen in years. The ongoing conflict, marked by repeated attacks on key energy infrastructure, has disrupted supply chains and raised fears of a prolonged energy crisis with far-reaching global consequences.

Crude oil prices have surged dramatically, with global benchmarks climbing to nearly four-year highs. At one point, prices crossed the \$110 mark per barrel, reflecting growing anxiety among traders about the stability of energy supplies. The situation has been further aggravated by disruptions in Iraq's oil production and continued military build-up in the Gulf region. Markets are increasingly factoring in the possibility of long-term supply interruptions rather than a short-lived disruption.

The Strait of Hormuz, one of the world's most critical oil transit routes, has become a focal point of concern. Nearly 20 percent of global oil and liquefied natural gas flows through this narrow passage. Any prolonged restriction in traffic could significantly tighten global supply and push prices even higher. Analysts believe that as long as uncertainty persists in this region, the upward pressure on oil prices is likely to continue.

The situation has been compounded by targeted attacks on major gas facilities in the region. Damage to one of the world's largest liquefied

natural gas hubs has raised concerns about long-term supply shortages, with estimates suggesting that full restoration could take several years. As a result, global gas prices have also surged sharply, doubling in some markets within a short span of time.

The ripple effects of this energy shock are already being felt across global economies. Stock markets around the world have reacted negatively, with major indices in Asia and Europe witnessing significant declines. Investors are increasingly wary of rising energy costs, which can drive inflation, reduce corporate profitability and slow down economic growth.

For energy-importing countries like India, the impact could be particularly significant. Higher oil prices directly increase the cost of imports, putting pressure on national finances and the domestic currency. This can lead to higher fuel prices, increased transportation costs and a general rise in the cost of living. Industries dependent on energy — from manufacturing to aviation — may also face higher operating expenses, potentially passing on the burden to consumers.

Airlines and logistics companies have already started indicating that sustained increases in fuel prices could lead to higher fares and freight charges. At the same time, economists warn that prolonged high energy prices could trigger secondary inflationary effects, influencing wages and overall price levels in the economy.

What makes the current situation particularly concerning is the scale and intensity of the conflict. Unlike earlier disruptions, the present crisis involves direct attacks on operational energy facilities, significantly increasing the risk profile of the entire region. Shipping routes, ports and offshore infrastructure are all exposed to heightened danger, making the flow of energy resources increasingly uncertain.

Despite the volatility, there remains cautious hope that global coordination and strategic reserves may help stabilise markets in the short term. However, the longer the conflict continues, the greater the likelihood of sustained high energy prices and economic strain.

Ultimately, the crisis serves as a stark reminder of how deeply interconnected the global economy has become. A conflict in one region can quickly translate into higher fuel costs, inflationary pressures and financial instability across the world. For households and businesses alike, the consequences of this energy shock are likely to be felt far beyond the immediate headlines.

EXPERT



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Q. How to Be Graceful?

Ans. A Path of Dignity, Balance, and Inner Harmony

In today's fast-paced and often stressful world, many people seek success, recognition, and comfort, yet silently struggle with unrest, impatience, and dissatisfaction. In such a scenario, the question arises: How can one live gracefully? Gracefulness is not an external decoration or social formality it is a way of living rooted in inner awareness, dignity, and compassion. Indian wisdom connects grace with Dharma (righteous living) and Anugraha (divine blessing). When one lives with grace, life becomes harmonious, relationships deepen, and inner peace naturally emerges. As rightly said, "सत्यमेव जयते" — Truth alone triumphs. Gracefulness is the embodiment of that truth in daily life.

Cultivate Self-Awareness (स्वाध्याय)

The foundation of grace begins with self-awareness. One must understand one's thoughts, emotions, and reactions. Without awareness, we react impulsively; with awareness, we respond wisely. Indian philosophy emphasizes स्वाध्याय (self-reflection) as a means of growth. When we observe our anger, desires, or fears without judgment, we gain control over them. A self-aware person naturally becomes calm, thoughtful, and balanced, which are essential qualities of a graceful personality.

Treat Others with Respect (सम्मान)

Grace is reflected in how we treat others, especially in difficult situations. Respect, kindness, and empathy form the core of human relationships. When we acknowledge others' feelings and struggles, we create harmony and trust. The Bhagavad Gita teaches: "अद्वेषा सर्वभूतानां मैत्रः करुण एव च" One should be free from hatred and be friendly and compassionate to all beings. Such an attitude transforms not only relationships but also one's inner state.

Let Go of Ego and Pride (अहंकार त्याग)

Ego is one of the greatest obstacles to grace. It creates separation, conflict, and dissatisfaction. A graceful person understands that everyone is on their own journey and that making mistakes is part of learning. Letting go of ego allows humility to emerge. When humility replaces arrogance, one becomes open to growth, understanding, and harmony. True grace lies in being grounded, not in proving superiority.

Speak Kindly and Thoughtfully (वाणी संयम)

Words have the power to heal or hurt. Graceful individuals are mindful of their speech. They speak with clarity, kindness, and intention. A Subhashitam beautifully guides us: "सत्यं ब्रूयात् प्रियं ब्रूयात् न ब्रूयात् सत्यमप्रियम्।" Speak truth in a pleasant manner; do not speak unpleasant truth or pleasing falsehood. Such speech builds trust, nurtures relationships, and reflects inner refinement.

Act with Integrity (सत्य और धर्म)

Grace is incomplete without integrity. Acting rightly even when no one is watching defines true character. Integrity aligns thoughts, words, and actions, creating inner harmony. A person with integrity does not compromise values for temporary gain. Indian wisdom consistently teaches that Dharma (righteous conduct) is the foundation of a meaningful life. When actions are

aligned with truth, one earns respect and self-confidence.

Cultivate Mindfulness and Calmness (धैर्य और स्मृति)

A graceful person remains calm even in challenging situations. This calmness comes from mindfulness—being present and aware. Practices such as meditation, deep breathing, or silent reflection help in maintaining composure. When the mind is steady, reactions become thoughtful rather than impulsive. Calmness is not weakness; it is strength under control. It allows one to navigate life's difficulties with poise and clarity.

Practice Forgiveness and Let Go (क्षमा)

Holding onto anger and resentment disturbs inner peace and leads to negative behavior. Graceful living requires the ability to forgive and move forward. Forgiveness does not mean weakness; it reflects emotional strength. A wise Subhashitam reminds us: "कृते प्रतिक्रियाकृत्यं मूर्खैः परिभूष्यते।" Revenge is the ornament of fools. Letting go of grudges frees the mind and allows positive energy to flow.

Show Gratitude and Appreciation (कृतज्ञता)

Gratitude transforms the way we experience life. When we appreciate what we have and acknowledge the contributions of others, we cultivate positivity and joy. A grateful mind focuses on abundance rather than lack. This attitude enhances emotional well-being and strengthens relationships. Graceful individuals express appreciation sincerely, creating an atmosphere of warmth and respect around them.

Grace, Sattva, and Inner Happiness

In Indian philosophy, grace is closely associated with Sattva, the quality of harmony and clarity. When sattva dominates the mind, a person becomes peaceful, wise, and compassionate. Such a state naturally leads to happiness. The ancient saying reminds us: "सुखस्य मूलं धर्मः." Righteous living is the root of happiness. Graceful living reduces stress, eliminates negativity, and opens the path to inner joy and fulfillment.

Test Your Gracefulness

To understand where you stand, reflect honestly on the following statements. Rate yourself from 1 (least like me) to 5 (most like me):

1. I practice self-reflection and understand my emotions.
2. I treat others with kindness and respect, even during disagreements.
3. I forgive easily and let go of grudges.

4. I speak thoughtfully and avoid gossip.
5. I act with integrity even when no one is watching.
6. I remain calm in stressful situations.
7. I express gratitude regularly.

Score Interpretation:

- 1–15: Begin cultivating grace consciously
- 16–25: You are progressing well
- 26–35: You are graceful and inspiring

Benefits of Living Gracefully

Graceful living is not only spiritually enriching but also practically beneficial. It reduces stress and anxiety, improves communication, and strengthens relationships. It enhances self-awareness, fosters empathy, and promotes emotional stability. Grace attracts positivity and builds a personality that is respected and admired. Most importantly, it creates a sense of inner peace that no external success can replace.

Conclusion: Grace as a Way of Life

Grace is not something we are born with it is something we cultivate daily through awareness, discipline, and compassion. It is reflected in our thoughts, our words, and our actions. When we choose patience over anger, humility over ego, and kindness over harshness, we move closer to a graceful life.

In essence, grace is the art of living with dignity and harmony. It is a conscious choice that transforms not only our own lives but also the lives of those around us.

Let us therefore strive to live with grace, guided by wisdom and grounded in compassion. Stay blessed. Stay graceful.

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Ravi Singh

FROM AWARENESS TO ACTION: CAN YOUTH REALLY CHANGE SOCIETY?

In every generation, young people have been told that they are the future. But in today's world, youth are no longer waiting quietly for tomorrow. They are speaking, questioning, organizing, and acting in the present. This raises an important question: can youth really change society? The answer is yes not only can they, but they already do.

Awareness is often the first step toward change. Today's youth are more informed than ever before. Through education, social media, digital platforms, and global conversations, they are exposed to issues such as climate change, gender equality, mental health, unemployment, corruption, poverty, and social injustice. Unlike earlier times, information now travels quickly, and young minds are often the first to respond to it. They are not just learning about the world; they are learning to question it.

However, awareness alone is not enough. Knowing that a problem exists does not solve it. Real change begins when awareness is transformed into action. This is where the strength of youth becomes truly powerful. Young people bring energy, creativity, courage, and a willingness to challenge outdated systems. They are often less afraid to ask difficult questions and more willing to

imagine new possibilities.

Across the world, youth-led movements have shown how powerful this transformation can be. Students have raised their voices for climate justice, education reform, women's safety, and equal rights. Young entrepreneurs are building solutions for local and global problems. Volunteers are working in communities to support literacy, health, and environmental awareness. From starting campaigns online to organizing drives offline, youth are proving that change does not always begin in parliaments or boardrooms it often begins in classrooms, neighborhoods, and small acts of responsibility.

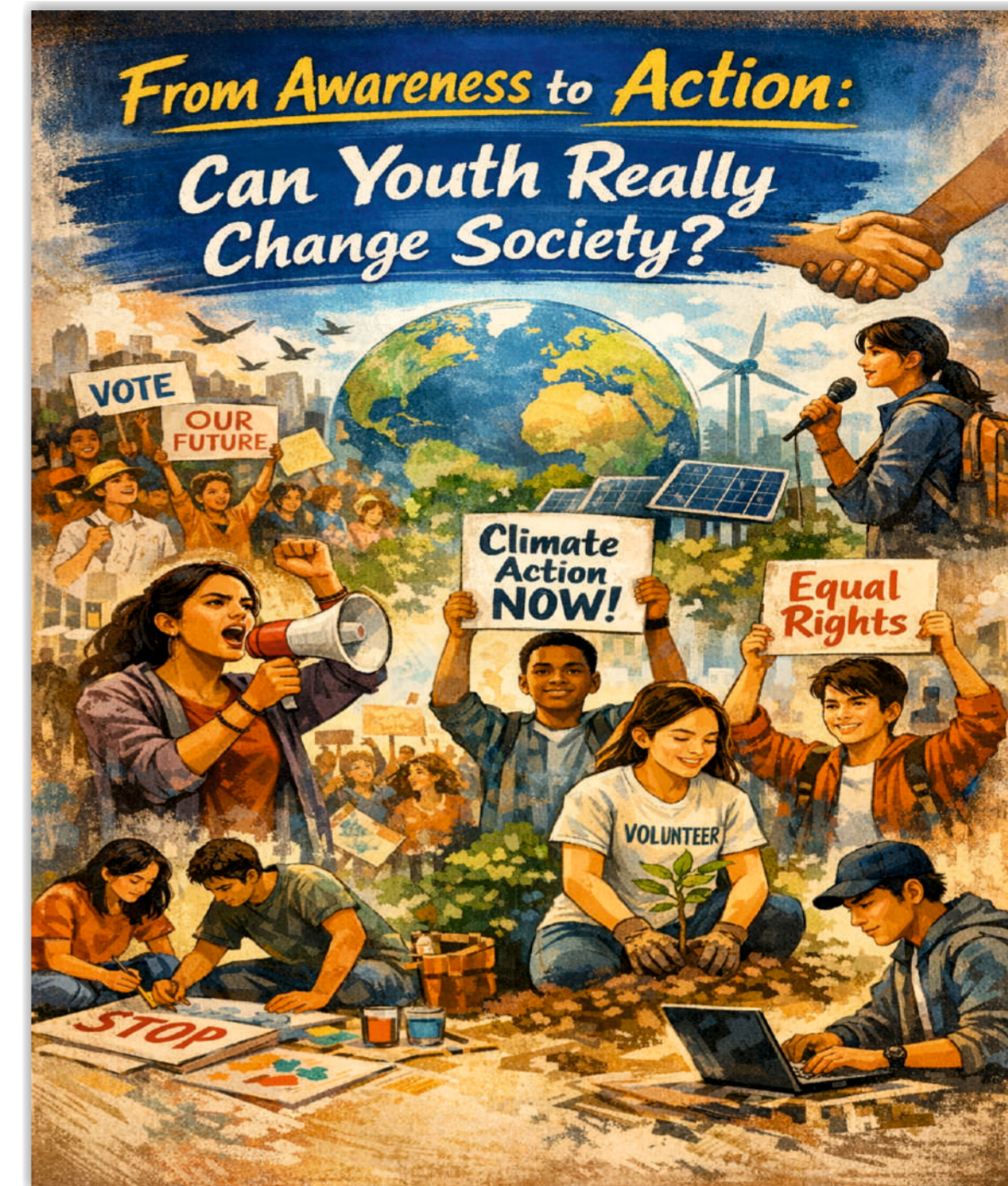
What makes youth especially capable of changing society is their ability to influence both ideas and action. They can shape public opinion, inspire others, and create momentum. Even one student speaking up against discrimination, one group organizing a cleanliness drive, or one young leader starting a community initiative can inspire many more. Social transformation is rarely the result of one giant act; it often grows through many small, consistent efforts.

At the same time, youth face challenges. Many young people are dismissed as inexperienced

or unrealistic. Some lack resources, guidance, or platforms to express themselves. Others are discouraged by social pressure, fear of failure, or the belief that their voice does not matter. But history has repeatedly shown that age is not the true measure of impact. Commitment, clarity, and courage matter far more.

For youth to truly change society, they must move beyond temporary outrage and develop sustained involvement. Awareness should lead to responsibility, and responsibility should lead to participation. This could mean volunteering, voting, creating awareness campaigns, supporting meaningful causes, developing innovative ideas, or simply practicing honesty, empathy, and civic sense in daily life.

Society changes when people refuse to remain silent spectators. Youth have the power to become those active forces of transformation. They do not need to wait for the perfect time, the perfect title, or the perfect age. Change begins the moment awareness becomes action. And when young people choose to act with purpose, society does not remain the same.



THE QUIET POWER OF LIVING AN UNGLAMOROUS LIFE WELL



In a world that constantly celebrates visibility, speed, and applause, an unglamorous life may appear ordinary, even insignificant. We are surrounded by images of success that are loud and polished luxurious lifestyles, public recognition, viral moments, and carefully displayed achievements. Against this backdrop, a quiet life built on responsibility, discipline, and inner contentment may not seem impressive. Yet, hidden within such a life is a rare and lasting power.

does not always look extraordinary from the outside.

There is great strength in simplicity. The person who lives quietly but lives well often develops qualities that glamorous success cannot guarantee patience, resilience, humility, emotional balance, and self-respect. These qualities are not built in moments of display; they are

formed through daily choices. Waking up and doing one's duty, managing struggles without constant complaint, choosing honesty over shortcuts, and remaining grounded in a restless world these are achievements of a different kind. They may not attract public praise, but they build character.

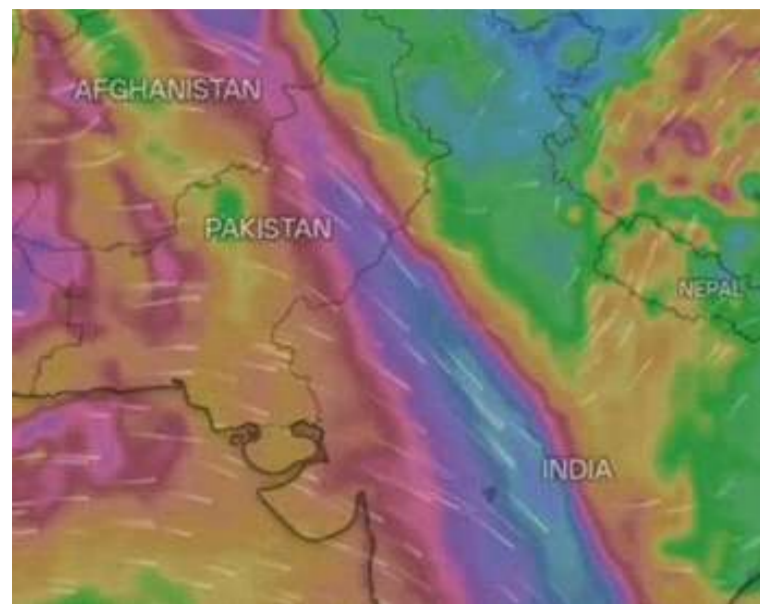
An unglamorous life also offers something that many celebrated lives often lack: stability. It allows room for genuine relationships, peace of mind, and a clearer sense of self. When a person is not constantly trying to impress others, they are more likely to live in alignment with their values. They begin to understand that worth is not measured by how many people are watching, but by how honestly and meaningfully they live.

In truth, every society depends not only on extraordinary individuals, but on ordinary people who live responsibly. The teacher who prepares sincerely, the worker who performs duties faithfully, the parent who sacrifices quietly, the student who remains disciplined, the citizen who acts with integrity these people may not be glamorous, but they hold the world together.

The hidden power of living an unglamorous life well lies in its quiet greatness. It teaches us that a life need not be flashy to be valuable, nor famous to be meaningful. In the end, what matters most is not how brightly a life is displayed, but how deeply it is lived. True strength often walks silently, and true success often looks far simpler than the world would have us believe.

Afreen Mazgaonkar & Mosina

RARE 1,000-KM RAIN BAND TRIGGERS STORMS ACROSS INDIA, PAKISTAN, AFGHANISTAN



The first weather phenomenon named the 1,000-kilometer rain band leads to storm development across multiple regions in India, Pakistan, and Afghanistan. The system generates weather through western disturbance, which creates an unusual weather pattern that brings intense March weather conditions to the area. The rain band creates a straight path that meteorologists have observed extending from Afghanistan through Pakistan and deep into India, which differs from the typical curved patterns that such systems display. The rare linear pattern has created more intense weather conditions, which produced thunderstorms and lightning and hailstorms and winds that reach 40 to 80 kilometers per hour across multiple regions. The disturbance collects moisture from various locations, which include the Mediterranean Sea and Black Sea and Caspian Sea and Arabian Sea,

to reinforce its power. The northwestern regions of India have undergone rapid weather changes, which brought about cooler temperatures and intermittent rainfall that replaced the initial summer weather. Experts state that the present weather patterns demonstrate increasing difficulty in predicting future regional weather conditions. The current conditions will remain active for several days ahead, while storm warnings and unstable weather alerts continue throughout the affected regions.

ISRO SUCCESSFULLY TESTS CE20 CRYOGENIC ENGINE IN TAMIL NADU

The Indian Space Research Organisation (ISRO) successfully tested its CE20 cryogenic engine which achieved 22 tonnes of thrust during its first test at the ISRO Propulsion Complex in Mahendragiri. The sea-level hot test was conducted at the ISRO Propulsion Complex in Mahendragiri Tamil Nadu on March 10 which lasted for approximately 165 seconds during which the engine maintained its expected performance abilities. The upper stage of India's LVM3 launch vehicle uses the CE20 engine to handle heavy payload missions. The test confirmed that the engine can function at higher thrust levels which will increase the rocket's ability to carry heavier loads in future missions. Engineers used advanced features such as a nozzle protection system and a multi-element igniter during the test. The innovations help researchers address the challenges that emerge during cryogenic engine testing at sea level because of the extreme temperature and pressure fluctuations that occur during tests. The successful test is also significant for upcoming missions, including India's human spaceflight programme, Gaganyaan. The upgraded engine will enable more challenging missions through its capability to generate higher thrust while achieving better operational efficiency which will boost India's capacity in advanced space research.



NUCLEAR SCIENCE TRANSFORMING CANCER DIAGNOSIS AND TREATMENT IN INDIA



Through its advanced medical solutions, nuclear science has become essential for cancer diagnosis and treatment. Nuclear medicine allows doctors to identify cancer through its early stages and develop treatments which produce better results. Radioisotope production enables advanced imaging methods which include PET and SPECT scanning technologies. These technologies enable doctors to monitor organ and tissue activity which helps them identify cancer and other medical conditions including heart and neurological disorders. The Indian Department of Atomic Energy institutions conduct clinical research by combining nuclear science and clinical studies. The advanced facilities use PET/CT and SPECT/CT

combined imaging systems to precisely determine tumor locations and track treatment advancements and develop customized treatment plans. The experts recognize nuclear medicine as crucial because it enables doctors to administer cancer treatment through radiation delivery that specifically targets cancer cells while safeguarding the surrounding healthy tissues. The number of cancer cases in India has increased which has created a high demand for these technological solutions. Researchers are developing cost-effective nuclear healthcare solutions which will expand access to better patient treatment throughout the nation.

INDIA-US TRADE DEAL TO BE SIGNED AFTER NEW TARIFF FRAMEWORK

The United States and India will finalize their trade agreement when Washington establishes its new worldwide tariff system according to Commerce Secretary Rajesh Agrawal. The deal, which was earlier expected to be concluded in March, has been delayed as both sides await clarity on the evolving tariff structure being developed by the US. Officials said that the agreement is largely ready, but its finalisation depends on the establishment of a stable and predictable tariff regime. The United States is developing a new worldwide tariff system which will determine its future trade agreements with partner nations such as India. The two countries will sign the agreement after the new tariff system becomes operational. The United States launched new trade investigations while worldwide economic uncertainty created obstacles for international trade.



The two parties need to confirm that their agreement matches the updated tariff regulations which now exist. Officials confirmed that both countries continue their talks without any obstacles to their progress despite the delay. The deal functions as a core component which will enhance economic relations between both countries while boosting their trade relationships and solving their ongoing issues with tariffs and market access.

PATIALA GETS PUNJAB'S FIRST AIR POLLUTION CONTROL DEVICE



The first Air Pollution Control Device (APCD) for Punjab has been installed at a crematorium in Patiala according to the National Clean Air Programme for better air quality. The system has been set up at the Badungar crematorium as part of a pilot project aimed at reducing harmful emissions from traditional wood-based cremation practices. The APCD system works to reduce particulate matter emissions which include PM10 and PM2.5 because these pollutants primarily drive urban air pollution. Officials reported that individual cremations produce only limited emissions but the total emissions from all cremations create a major impact on urban air quality. The environmental technology tries to address environmental issues while the technology respects cultural traditions according to authorities. The device functions as an effective solution for local communities because it directly supports their existing traditional practices. The officials described the project as a replicable model which could be used to extend its reach to additional cities throughout Punjab. The research team is currently conducting studies to determine its effectiveness before implementing it throughout the entire state. The initiative demonstrates how the state needs to create new approaches which respect cultural traditions when fighting air pollution problems.

APPLE TV SETS APRIL 10 PREMIERE FOR KEANU REEVES-JONAH HILL COMEDY 'OUTCOME'

The platform will show the dark comedy movie Outcome which stars Keanu Reeves and Jonah Hill as director on April 10 2026. The film marks Hill's latest directorial venture and features a star-studded cast including Cameron Diaz and Matt Bomer. The story centres on Reef Hawk who dies after a video emerges that results in someone trying to blackmail him. To protect his public image Reef starts a personal quest which requires him to face his history while he tries to make peace with the people he has harmed. Jonah Hill not only directs but also co-writes and stars in the film which shows him playing Reef's crisis lawyer. The movie combines comic and dramatic aspects to show how fame and personal redemption and modern celebrity culture create their own challenges. Outcome is part of Apple TV's expanding lineup of original films and is expected to be one of the platform's major releases this year. The film has generated significant hype before its streaming debut because of its uncommon storyline and its complete cast.



Afreen Mazgaonkar & Mosina

INDIA'S YOUNG SHUTTLERS STEP UP AT ORLEANS MASTERS



A polo tournament in Jaipur recently witnessed an exciting and refreshing moment as young women players took centre stage, showcasing their skill and passion for the traditionally male-dominated sport. The match, held at the Rajasthan Polo Club during the ongoing Jaipur Polo Season, attracted considerable attention from spectators and polo enthusiasts who gathered to watch the energetic display on the field. The young riders showed exceptional coordination and speed and control as they rode their horses across the field to create exciting moments which occurred throughout the entire match. The competition with their participation brought a new exciting element to the tournament because it showed how women athletes

increasingly compete in polo and other equestrian sports throughout India. The event demonstrated how the sport has started to develop because more women have begun to compete in professional competitions. The audience showed their appreciation for the players because of their dedication and athletic skills which created an exciting performance that inspired viewers to experience the game. Many attendees described the match as a refreshing change and an encouraging sign for the future of women's polo in the country. The current events provide support for bringing more people into equestrian sports because they motivate young girls to participate in these activities. The growing number of chances which women players receive together with the backing from various organizations will help women players establish their presence in polo while the sport develops and maintains its traditional heritage in Jaipur.

INDIAN MOUNTAINEER SETS WORLD RECORD BY SCALING SEVEN VOLCANIC SUMMITS IN 92 DAYS

Bhupathiraju Anmish Varma because he achieved this feat became the first person to climb all seven summits of the Seven Volcanic Summits within 92 days. He accomplished the difficult task within 92 days 4 hours and 45 minutes which demonstrated his exceptional physical strength and mental toughness. The Seven Volcanic Summits challenge requires climbers to ascend the highest volcanoes that exist across all seven continents which makes it one of the most difficult mountaineering challenges in the world. Varma started his expedition from Mount Elbrus in Russia during October 2024 and reached the final destination at Mount Sidley in Antarctica during January 2025. The expedition required teams to pass through extreme weather conditions while traveling across dangerous mountain paths which presented high-altitude dangers in different countries. The summits include peaks located in regions such as Tanzania, Chile, Mexico, Iran, and Papua New Guinea which present distinct climbing obstacles. His achievement received official recognition from worldwide mountaineering organizations earlier this year which established a new landmark achievement for him. The record achieved by Varma shows how India currently participates in sports which combine extreme adventure activities with endurance challenges. His achievement serves as a source of motivation for future climbers because it shows that humans can achieve impossible things through dedicated effort and organized work and mental toughness.



CHANDRIKA WINS GOLD AS INDIA BAGS FIVE MEDALS AT WORLD BOXING FUTURES CUP

Chandrika Pujari Won Gold Medal at World Boxing Futures Cup while India Won Five Medals. India achieved an outstanding result at the World Boxing Futures Cup 2026 in Bangkok by winning five medals which included one gold medal three silver medals and one bronze medal. The strong performance showed that Indian boxing athletes possess both current ability and future potential to compete at worldwide events. Chandrika Pujari led the Indian team by winning the gold medal for the women's 51kg division. She won the final match by unanimous decision against Uzbekistan boxer Mardonova Nazokat after showing complete control throughout the contest. Her performance represented one of the most important moments during India's entire competition. India won three silver medals through Gunjan who competed in the 48kg division Joyshree Devi who competed in the 54kg division and Ambekar Meetei who competed in the men's 50kg division. The three boxers reached the finals after winning their matches but they lost their chance to win gold medals because their opponents had strong international skills. Radhamani Longjam achieved a bronze medal victory in the women's 57kg division after she advanced to the semifinals. India secured five medals which demonstrate the country's increased strength in youth boxing because organized training programs together with international experience enable young boxers to achieve success on the world stage.

INDIA TO PLAY TWO T20IS AGAINST IRELAND IN JUNE

India will play two T20 International matches against Ireland during their upcoming tour to Ireland which includes two games scheduled on June 26 and June 28 of 2026 at Stormont in Belfast. The Indian team's international schedule for this series will take place during their busy schedule of international matches. The brief tour comes between India's home series against Afghanistan which concludes on June 20 and their away white-ball tour of England beginning July 1. The Ireland series serves an essential purpose because it allows the team to prepare for their upcoming overseas matches after completing their home schedule. The matches are expected to be India's first T20I assignment after their recent World Cup triumph with the team likely led by Suryakumar Yadav. Players and support staff received information about the short Ireland stopover from BCCI representatives during their recent meetings. India has traditionally played three T20Is during their tours of Ireland but scheduling constraints have limited this visit to just two matches. The series will provide valuable preparation for the England tour despite the BCCI and Cricket Ireland yet to make a formal announcement about their official plans because it allows players to practice different playing conditions within a short timeframe.



INDIA VS PAKISTAN CLASH SET TO HEADLINE HOCKEY WORLD CUP 2026



India will compete against Pakistan in a match that will serve as the main event for the Hockey World Cup 2026. The two teams will face each other when they battle in Pool D on August 19, which stands as the most important match of the tournament. The tournament will take place from August 15 to 30 during two weeks across Belgium and the Netherlands, featuring 16 teams who will compete in four different pools. Pakistan and India will compete against England and Wales in their pool matches which includes two strong teams. India will start their tournament with a match against Wales, which they will follow with a match against England after that they will play their final group match against Pakistan. The clash holds great international appeal because of the long-standing historical conflict between the two countries which has created iconic moments through their hockey matchups. The India-Pakistan match presents both athletic and emotional value because fans from both nations anticipate the upcoming contest. Although India has better results from recent matches, which makes them the match favorites, Pakistan will present a strong challenge because of their unpredictable performance. The match will play an essential role in deciding Pool D results because both teams need to win in order to reach the knockout rounds.

SELVA PRABHU BREAKS INDOOR NATIONAL RECORD, BREACHES 17M IN TRIPLE JUMP

Selva Prabhu set a new indoor national record by establishing a triple jump distance of 17 meters. The Indian athlete Selva Prabhu achieved his first major accomplishment when he exceeded 17 meters in the men's triple jump to establish a new indoor national record. The 21-year-old athlete competed at the NCAA Indoor Championships which took place in the United States and he achieved a silver medal after jumping 17.05 meters. Prabhu needed to reach this distance because it exceeded the existing Indian indoor record while he showed better performance than his previous personal record. The achievement demonstrates his consistent development after facing injury problems and it establishes him as one of India's most promising athletic talents in track and field events. Prabhu's performance at the competition which included top collegiate athletes from different colleges made his achievements more remarkable. His performance throughout the competition maintained his position as one of the top athletes, which resulted in him winning a medal at an international event. Prabhu who previously won a silver medal during the World Athletics U20 Championships has achieved continuous career progress. The 17m distance marks an important milestone for triple jumpers, which enables him to join the most skilled athletes in this sport. Prabhu's record-breaking performance helps establish India as an important force in international athletics while it also increases his confidence for upcoming international events where he seeks to improve his performance and face the top athletes worldwide.



Dr. Smita Ravikumar Kuntay & Ajab Tinwala

SECL APPRENTICESHIP RECRUITMENT 2026



The South Eastern Coalfields Limited (SECL) has released a massive recruitment notification for 1600 Graduate and Technician Apprentice posts. This is an excellent opportunity for candidates seeking apprenticeship training in the mining and engineering sectors. Interested candidates must apply online before the deadline.

Post Name: Graduate Apprentices & Technician Apprentices
Total Vacancies: 1600 Posts

Eligibility Criteria

- Educational Qualification:
- Degree / Diploma in relevant discipline
- Must be registered on NATS 2.0 Portal
- Age Limit:
- Minimum: 18 years (as on 31 March 2026)

Selection Process

- Merit List (based on marks in Degree / Diploma, category-wise)
- Document Verification

Application Fee

- No Application Fee (Nil for all candidates)

Job Location

- Across SECL Mines & Establishments in Chhattisgarh and Madhya Pradesh

Important Dates

- Notification Release: 17 March 2026
- Application Start: 17 March 2026
- Last Date to Apply: 31 March 2026 (Midnight)
- Provisional Selection List: 2nd Week of April 2026
- Document Verification: From 20 April 2026

How to Apply

- Visit NATS Portal → Register and get NATS ID → Go to SECL Apprenticeship Portal → Login → Fill application form → Upload documents → Submit before deadline

Important Note

- Candidates should keep all original documents ready for verification and take a printout of the application form for future reference.

For more details, candidates can refer to the official notification.

ASSAM CO-OPERATIVE APEX BANK RECRUITMENT 2026 – ASSISTANT MANAGER (OFFICER GRADE-E) POSTS

Assam Co-operative Apex Bank Ltd., a Scheduled Bank under the RBI Act, invites offline applications for recruitment to Assistant Branch Manager / Assistant Manager (Officer Grade-E) posts. This is an excellent opportunity for experienced banking professionals to secure a reputed position in Assam.

Post Details:

- Post Name: Assistant Branch Manager / Assistant Manager
- Total Vacancies: 15
- Job Type: Regular

Important Dates:

- Start Date: 12 March 2026
- Last Date: 20 April 2026 (5:00 PM)

Eligibility Criteria:

- Qualification: Graduation (min 55%) OR Post Graduation (preferably MBA/CA/CAIIB)
- Experience: Minimum 4 years in banking (Officer level or above)

Age Limit (as on 01.01.2026):

- 28 to 40 years (relaxation as per rules)
- Salary & Benefits: ₹31,630 – ₹82,290 + Grade Pay ₹7,900 + DA, HRA, Medical Allowances

Selection Process:

- Shortlisting of applications
- Personal Interview
- Document Verification

Application Fee:

- ₹ 1 0 0 0 / - (Demand Draft / Pay Order)
- SC/ST: As per rules

Job Location:

Assam (various branches)

Application Mode:

Offline only

How to Apply: Download the application form from the official website, fill it carefully, attach required documents and DD, and send it to the Head Office at Panbazar, Guwahati before the deadline.

Assam Co-operative Apex Bank Ltd. অসম কো-অ'পারেটিভ এপেক্স বেংক লিমিটেড

APEX BANK এপেক্স বেংক

Assam Co-operative Apex Bank Recruitment 2026
Vacancy : 15
Apply for Assistant Manager Posts

Submission Type: Offline only
12 March 2026 to 20 April 2026 (by 5:00 PM)

<https://rapidojobsindia.in>

For more details, candidates can refer to the official notification.

AAI NORTHERN REGION APPRENTICE RECRUITMENT 2026 – APPLY ONLINE FOR 133 APPRENTICE POSTS

The Airports Authority of India (AAI), Northern Region, has released a notification for 133 Apprentice posts (Graduate / Diploma / ITI). This is a great opportunity for candidates seeking training in the aviation sector across various northern region locations. Interested candidates must apply online before the deadline.

Post Name: Graduate / Diploma / ITI Apprentices
Total Vacancies: 133 Posts

Eligibility Criteria

- Educational Qualification:
- Degree / Diploma / ITI in relevant discipline (post-wise)

Age Limit:

- Minimum: 18 years - 26 years (as on 31 March 2026)
- Age relaxation applicable as per rules

Selection Process

- Merit List (based on marks in qualifying examination)
- Document Verification
- Medical Fitness

Application Fee

- No Application Fee (Nil for all candidates)

Important Dates

AAI Apprentice 2026

133 Apprentice Posts

Graduate · Diploma · ITI Apprentices

Total Vacancies	Stipend
133 Posts	Up to ₹15,000 / Month
Last Date	
22 March 2026	

- Notification Release: 11 March 2026
- Last Date to Apply: 22 March 2026

How to Apply

- Visit NATS Portal / Apprenticeship India Portal → Register → Search "Airports Authority of India – RHQ NR, New Delhi" → Fill application form → Submit online

Important Note

- Candidates must keep original documents ready for verification. Shortlisted candidates will be informed through registered email only.

For more details, candidates can refer to the official notification.

Deepika Singh

QUIZ TIME

1. Which space agency recently tested a reusable rocket landing system successfully?
2. A new study linked excessive use of which habit to increased risk of early memory decline?
3. Which country won the recently concluded ICC Women's T20 series?
4. Scientists recently discovered a new Earth-like exoplanet in which zone?
5. WHO recently raised concern about rising cases of which disease globally?
6. Who recently became the fastest player to score 10,000 runs in T20 cricket?
7. Which country recently launched a new AI-based climate prediction system?
8. A new vaccine trial showed promising results against which disease?
9. Which Indian athlete recently won gold in an international shooting event?
10. Researchers recently developed a battery that charges fully in under how many minutes?

RIDDLES

1. I am worshipped on the first day, symbol of strength and calm, riding a bull. Who am I?
2. I hold a jap mala and bless devotees with peace and devotion. Who am I?
3. I ride a tiger and represent courage and bravery. Who am I?
4. I created the universe with my divine smile and power. Who am I?
5. I am the mother of Lord Kartikeya and symbolize motherhood. Who am I?
6. I am fierce and remove fear and negativity from life. Who am I?
7. I am dark and powerful, destroying evil forces. Who am I?
8. I bring purity, peace, and calmness to devotees. Who am I?

- ANSWERS
1. SpaceX
 2. Smartphone usage
 3. Australia
 4. Habitable zone
 5. Measles
 6. Virat Kohli
 7. USA
 8. Tuberculosis
 9. Mannu Bhaker
 10. 10 minutes
- (II) RIDDLES
1. Shaliputri
 2. Brahmacharini
 3. Chandraghanta
 4. Kushmanda
 5. Skandamata
 6. Katyayani
 7. Kalarati
 8. Mahagauri



NUTRITIOUS RAJGIRA PANCAKES

This Week, We're Relishing Healthy Rajgira Pancakes!

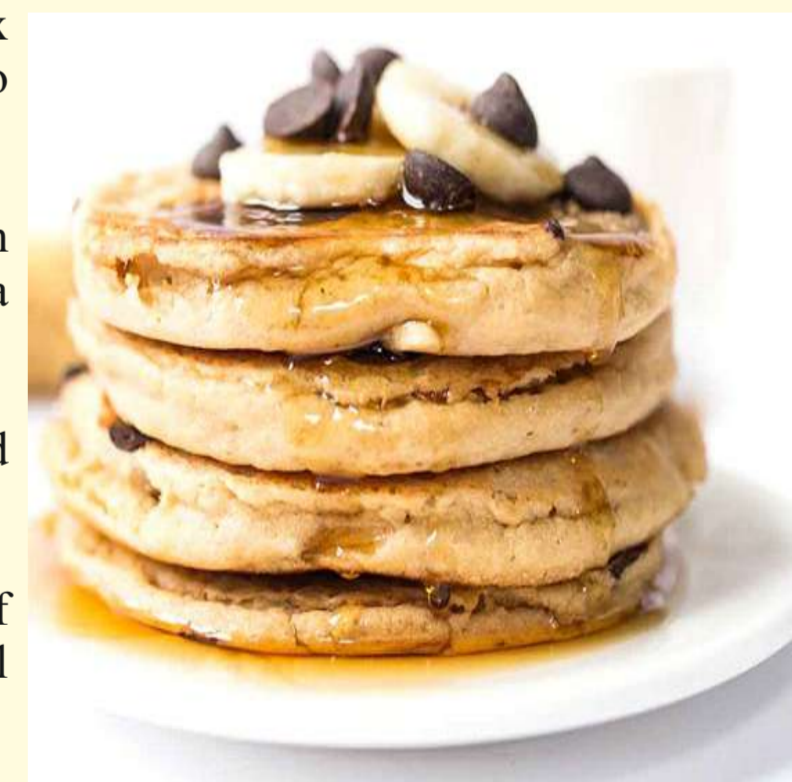
Rajgira Pancakes are a delicious and nutritious fasting recipe, perfect for Navratri. Made using rajgira (amaranth flour), these pancakes are light, gluten-free, and packed with energy. Naturally sweetened with banana and flavored with cardamom, they make a wholesome breakfast or snack during vrat. Soft, fluffy, and easy to prepare, they are loved by both kids and adults.

Ingredients:

1 cup rajgira (amaranth) flour, 1 ripe banana (mashed), ½ cup milk (or coconut milk), 1–2 tablespoons sugar or honey (optional), ½ teaspoon cardamom powder, a pinch of sendha namak, ghee for cooking.

Preparation

1. **Prepare Batter:** In a bowl, mix rajgira flour, mashed banana, and milk to form a smooth, lump-free batter.
2. **Add Flavour:** Add cardamom powder, sugar or honey (if using), and a pinch of sendha namak. Mix well.
3. **Heat Pan:** Heat a non-stick pan and lightly grease it with ghee.
4. **Cook Pancakes:** Pour a ladleful of batter and gently spread into a small pancake.



5. **Flip & Cook:** Cook on medium flame until golden brown, then flip and cook the other side.
6. **Repeat:** Prepare remaining pancakes in the same way.
7. **Serve:** Serve hot with your favorite toppings.

Serving Tip:

Serve Rajgira Pancakes warm with honey, fresh fruits, or a drizzle of ghee. They pair perfectly with a glass of milk or a vrat-friendly drink, making them a satisfying and energy-boosting meal during fasting.

Introducing Our New Column

ARTWORK OF THE WEEK

We invite all young artists to showcase their talent in our weekly e-newspaper, The HULAHUL Times. Submit your hand-drawn artwork to be featured!

CRITERIA

- Age Limit: Up to 24 years
- Artwork Size: A4
- Format: Hand-drawn only

SUBMISSION DETAILS

- Email your artwork to: thehulahultimes@gmail.com
- Subject Line: ARTWORK
- Include: Your Name, Age, School/College Name, and Phone Number

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