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Evolving Today For A Better Tomorrow



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VOICES OF TOMORROW: CELEBRATING INTERNATIONAL YOUTH DAY



Every year on 12th August, the world comes together to mark International Youth Day, a day not just of celebration, but also of reflection. While youth are often described as the leaders of tomorrow, it's becoming increasingly clear that they are also the change makers of today. Whether it's raising their voices on climate change, advocating for gender equality, building start-ups, or volunteering for community work, young people are stepping up like never before.

Declared by the United Nations in 1999, International Youth Day serves as a platform to bring attention to the challenges and issues facing the world's youth. It also aims to promote ways to engage them more meaningfully in political, economic, and social life. Each year, the day is marked with a specific theme that highlights an area where youth can make a difference. The 2025 theme for International Youth Day is “Local Youth Actions for the SDGs and Beyond” This theme emphasizes the vital role young people play in achieving the Sustainable Development Goals (SDGs) at the local level and their broader contributions to society, development, and peace. Over the past few years the themes have revolved

around areas such as sustainability, mental health, digital transformation, and civic engagement.

With over 1.8 billion people aged between 10 and 24, the world is witnessing the largest youth population in history. In countries like India, where over 50% of the population is below the age of 25, the potential of the youth is not just a matter of national pride, but of global importance. However, this demographic advantage only translates into progress when young people are given the tools, platforms, and opportunities to thrive.

Despite their energy and ambition, young people today face a host of challenges. Unemployment remains a pressing concern, especially in developing countries. Mental health issues are on the rise, driven by academic pressures, social media expectations, and socio-economic instability. In some regions, youth are still deprived of basic rights like education, safety, and freedom of expression.

But perhaps what stands out the most is the resilience of this generation. Young people are not waiting for change but

they are leading it. From Malala Yousafzai's fight for girls' education to Greta Thunberg's climate activism, youth voices have become impossible to ignore.

Empowering youth doesn't require grand gestures, sometimes, all it takes is listening. Encouraging their ideas, mentoring them, providing skill-building opportunities, and creating inclusive spaces for dialogue are small steps that can lead to big transformations. Governments, educational institutions, civil society, and even families play a role in this.

International Youth Day isn't a random date on the calendar. It's a reminder that the world needs its young people not just for the future, but for today. It's a call to support, uplift, and trust them. Because when we invest in youth, we're not just investing in a better tomorrow, we're investing in a better now.

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ACHARYA ATRE - THE FEARLESS PEN OF MAHARASHTRA

The sun was just beginning to rise over the quiet town of Saswad in Maharashtra in the late 19th century. In a humble household, a young boy named Pralhad Keshav Atre, who would one day be known to the world as “Acharya Atre” or fondly as “Nana,” was already wide awake, his eyes sparkling with curiosity. Even as a child, he questioned everything — the rules, the traditions, the way society worked. Not out of arrogance, but because he sought truth, fairness, and justice.

Born on August 13, 1898, Atre's childhood was not one of privilege. He grew up in modest surroundings, surrounded by the struggles of common people. His father, a schoolteacher, instilled in him the value of knowledge, while his mother taught him the compassion that would become the foundation of his life's work. From an early age, Atre's brilliance was evident. He excelled in academics, but more importantly, he developed a fearless voice. Once, when he saw an older boy bullying a younger one in the schoolyard, he stepped in. “Strength is not for crushing the weak,” he told the boy, “it is for protecting them.” This sense of justice never left him.

The Making of a Scholar and Leader

Atre's thirst for knowledge led him to study at the prestigious Fergusson College in Pune, where he was drawn to literature, philosophy, and politics. He later pursued studies in England, and his exposure to Western education broadened his understanding of democracy, human rights, and social reform. Yet, his heart remained deeply rooted in Indian culture and values. On returning to India, he took up teaching, earning the respectful title “Acharya.” But his classroom extended far beyond four walls — he believed education was a weapon to fight ignorance and oppression. He would often tell his students: “A mind that is free is stronger than an army. Free your mind first, then free the world.”

The Pen as a Sword

Atre's genius was not confined to teaching. He was a gifted writer, playwright, poet, and journalist. He used satire and wit to expose hypocrisy and injustice. In his plays and newspaper columns, he fearlessly criticized political corruption and societal evils. His famous newspaper Maratha became a platform for truth, where no powerful figure was beyond scrutiny. One evening, a friend asked him, “Nana, aren't you afraid that your bold words will bring trouble?” Atre smiled and replied, “If the truth makes the wrongdoer uncomfortable, then my pen has done its duty.” This courage inspired thousands. Ordinary citizens saw in him a leader who could speak for them, while the powerful feared the sharpness of his intellect.

The Freedom Fighter

During India's struggle for independence, Atre threw himself into political activism. He was a close associate of leaders like Bal Gangadhar Tilak and later aligned himself with Mahatma Gandhi's ideals of non-violence. Yet, he was unafraid to express his own opinions, even when they differed from popular leaders. He participated in protests, wrote revolutionary literature, and was imprisoned multiple times for his activities. In jail, instead of despairing, he would write poems and motivate fellow prisoners.



His belief was simple: “Chains can bind the body, but never the mind that dreams of freedom.”

The Servant of the People

After independence, Atre's public life expanded further. He served as a member of the Legislative Assembly, a leader in the Samyukta Maharashtra Movement, and a tireless advocate for the common man. One incident stands out. During the Samyukta Maharashtra Movement, which demanded a separate state for Marathi-speaking people, police lathis rained down on protestors. Atre, in his sixties, stood at the front, his voice steady despite the chaos: “Marathi is not just a language, it is the heartbeat of our culture. You may break our bones, but you cannot break our spirit.” The movement succeeded, and Maharashtra was born in 1960 a victory to which Atre's determination contributed greatly.

Philosophy of Humanity

While Atre was a fierce political warrior, his deeper philosophy was firmly rooted in the principles of humanity. He believed that the ultimate purpose of politics, literature, and

education was to uplift human dignity and ensure that every individual lived with self-respect. For him, caste divisions, communal hatred, and exploitation were like cancers eroding the very soul of India. Atre's philosophy was simple yet profound — education must be accessible to all, for true freedom could only come from an enlightened mind; truth must be upheld as the highest duty, guiding one's words, writings, and actions; humor, particularly satire, should serve a purpose, awakening society rather than merely entertaining; and leadership should be defined by service above self, with the leader's primary role being to serve rather than to rule. In his speeches, he often reminded people, “Humanity is not a theory to be discussed in classrooms it is a practice to be lived every day in our actions.”

The Final Years

Even in his later years, Acharya Atre remained active, writing, speaking, and inspiring. His home was open to students, activists, and artists seeking guidance. He treated all with equal respect, whether they were ministers or street vendors. Once, a young writer asked him, “Acharya, what is the secret to your strength?” He replied with a gentle smile, “My strength comes from knowing that I have lived without fear and without bending the truth. That is enough.” He passed away in 1969, but his legacy continues to shape Maharashtra's political thought, literature, and public life.

Conclusion:

Acharya Atre's life was a rare blend of intellect, courage, and compassion. He was a teacher who taught beyond textbooks, a writer whose words stirred revolutions, and a leader who stood unshaken in the face of power. His life reminds us that the true measure of a person lies not in the titles they hold but in the truth they live by. In today's world, where compromise often overshadows conscience, Atre's philosophy offers a guiding light: speak the truth fearlessly, educate to empower, and work for the dignity of every human being. His journey shows that one determined individual, armed with knowledge and compassion, can indeed move the wheels of history. Acharya Atre lived by the belief that humanity is the highest religion, and service is the truest worship. His life was not just a chapter in history it was, and continues to be, a lesson in how to live with courage, integrity, and unwavering faith in the human spirit.

RUKMINI RAO: GIVING RURAL WOMEN THE POWER TO RISE



In the remote, hilly terrains of Telangana and Andhra Pradesh, where patriarchal traditions run deep and women's voices often go unheard, Rukmini Rao has spent decades carving out spaces for dignity, equality, and justice. A name that may not flash across media headlines, but in the lives of thousands of rural women and children, Rukmini Rao is a quiet revolution.

Born in Hyderabad, Rukmini Rao's early exposure to gender discrimination made her deeply aware of the inequalities around her. With a background in English Literature and a Master's degree in Education, she could have taken a more comfortable path. But her inner calling pushed her into the heart of rural India where the real battles for equality were being fought. Her journey began in the 1980s, shaped heavily by the feminist movements of the time, including her association with Saheli, one of Delhi's early women's rights organizations.

But it was in the deep rural pockets of Telangana and Andhra Pradesh that her activism took root and began to bloom. In 1993, she co-founded the Gramya Resource Centre for Women, a grassroots organization focused on combating gender-based violence, promoting girl-child education, and ensuring rights and entitlements for tribal women.

“Gramya” in Telugu means “rural”, and true to its name, the Gramya Resource Centre is firmly embedded in rural realities. What began as a modest intervention has grown into a

comprehensive movement for social change. Working primarily in the tribal regions of Bhadrachalam, Mahabubnagar, and nearby districts, Gramya focuses on some of the most pressing yet overlooked issues of child marriage, trafficking, bonded labour, and domestic violence.

One of Gramya's core strengths is its understanding that social change doesn't come from top-down policies alone, but through community ownership. The organization identifies and trains grassroots women leaders, supports the creation of village-level collectives, and empowers them to challenge regressive practices. This bottom-up approach ensures that interventions are not only effective but sustainable.

Among Gramya's standout achievements is its long-standing campaign against child marriage. In many tribal communities, girls are married off as early as 13 or 14 and are denied education, burdened with domestic responsibilities, and often subjected to violence. Gramya began systematically working with village councils, anganwadi workers, and adolescent groups to raise awareness and intervene directly in cases of early marriage.

Through consistent advocacy and



community engagement, hundreds of girls have been kept in school, some going on to complete higher education. The organization also runs residential bridge schools for girls who had dropped out or were rescued from child marriages aimed at giving them a second chance to reclaim their childhood and agency.

Rukmini often says, “When a girl studies beyond Class 10, she begins to dream for herself. That's when transformation begins not just for her, but for her family and community.

Furthermore, the fight against domestic and sexual violence is another cornerstone of Gramya's work. In areas where police systems are either inaccessible or unresponsive, Gramya created Mahila Adalats which are informal women's courts where survivors can speak, be heard, and seek justice in a supportive environment. These platforms, run by trained rural women, not only provide mediation and emotional support but also push cases to legal

and police systems when required.

Besides, Rukmini Rao also recognized early on that gender justice cannot be separated from land and livelihood rights. In tribal regions, women are often the primary farmers and forest gatherers, yet land titles and decisions remain with men. Gramya has worked with women farmers to assert their claims over forest rights under the Forest Rights Act and advocated for recognition of their contribution to agriculture and food systems.

In recent years, Gramya has also been involved in promoting agro-ecological farming, which combines environmental sustainability with gender justice.

Rukmini Rao is not one to chase awards or media visibility. Her leadership is grounded in listening, learning, and walking alongside the communities she serves. She has represented Indian women's issues on global platforms such as at the United Nations and international human rights conferences, but her heart remains firmly in the dusty lanes of the



villages she works in.

Over three decades, Rukmini Rao and Gramya have touched the lives of thousands of women and girls. But perhaps more importantly, they have helped create a trickle down effect where change agents emerge from within communities, and where women begin to see themselves as decision-makers and leaders.



SHIVRAJ SINGH CHAUHAN MARKS NATIONAL HANDLOOM DAY, HAILS SHG WOMEN

On August 7, 2025, Agriculture Minister Shivraj Singh Chauhan noticeable National Handloom Day by charismatic in a virtual conversation with millions of women from Self-aid Groups (SHGs) across India.

He commended these women for their efforts in preserve classical Indian crafts and for promoting self-acceptability. He also noted that handloom represents a significant part of India's freedom movement.

Chauhan recognized the difficulties faced in marketing handloom products and assured the government's continued support for weavers. He said the administration would offer training in contemporary designs and creation to help their products meet current market needs. The minister highlight that preserve high quality is essential for their success.

He also recalled everyone of Prime



Minister Narendra Modi's dedication to supporting farmers, artisans, and small business owners. Chauhan urged people to support the 'Vocal for Local' movement, especially during festive times, to increase the demand for Indian-made goods. The minister highlighted the success of the 'Lakhpati Didi' initiative, which has enabled over 1.5 crore women to earn more than ₹1 lakh each year. He also publish plans to develop this number to 3 crore. The circumstance ended with Chauhan visiting and admiring the stalls that show a wide pasture of handloom items.

INDIA BOOSTS NANO FERTILIZER PRODUCTION: 3 NEW PLANTS TO MEET GROWING DEMAND

Nano Fertilizer : Govt Says 3 More Plants to Be Set Up by PSUs, Fertilizer Companies. Union Minister of State for Chemicals and Fertilizers, Anupriya Patel, in a written reply to the Rajya Sabha on July 29, 2025, informed that seven Nano Urea plants have been established by fertilizer companies across the country. These plants have a combined annual production capacity of 27.22 crore bottles, each containing 500 ml of Nano Urea.



Additionally, three Nano DAP plants are now operational, with a total annual production capacity of 7.64 crore bottles. Since their inception, fertilizer companies have sold over 10.68 crore bottles of Nano Urea and 2.75 crore bottles of Nano DAP nationwide, including in tribal-dominated areas. To meet the growing

demand, three more nano fertilizer plants are proposed to be set up, with a combined estimated production capacity of 17 crore bottles per annum.

Anupriya Patel, Union Minister of State for Chemicals and Fertilizers, informed the Rajya Sabha about the current status and expansion plans of Nano Urea and Nano DAP production in India.

ISMA LAUNCHES NATIONAL AI-ML NETWORK TO BOOST SUGARCANE PRODUCTIVITY AND FARMER'S INCOME



The Indian Sugar and Bio-energy Manufacturers Association (ISMA) has launched a national AI and Machine Learning (AI-ML) network programme in partnership with the Agriculture Development Trust (ADT) based in Baramati, Maharashtra. The initiative seeks to use unnatural sense and machine learning technologies to enhance sugarcane productivity, improve the quality of sugarcane, promote justifiable, and increase farmers' income.

ISMA has entered into Memorandums of Understanding (MoUs) with both ADT and a Pune-based agri-tech company, Map My Crop (MMC), to carry out this project.

ADT had previously collaborated with the University of Oxford and Microsoft in 2024 on an AI-driven sugarcane project, which helped over 1,000 farmers. That initiative led to a 40% increase in yields, a 35% reduction in labour costs, a 30% degrade in water use, a 35% improvement in harvesting efficiency, and lower input costs and greenhouse gas emissions.

Building on these achievements, ISMA is now aiming to heave average sugarcane productivity to over 100 tonnes per hectare and increase sugar recovery to 11% or more, with assistance from ICAR's Sugarcane Research Institutes.

According to ISMA's Director General, Deepak Ballani, this technology-driven approach will enable farmers to make informed decisions, use resources more efficiently, and achieve better financial returns. The organisation plans to conduct field demonstrations and training sessions to encourage the adoption of these new practices.

HONORING DR. SWAMINATHAN'S VISION FOR INDIA'S FARMERS



The scientist's interest in Gujarat's agricultural improvements and his insightful recommendations concerning the Environmental Health Card initiative, PM Narendra Modi recalled his longtime friendship with Professor. M.S. Swaminathan was with fondness. He recounted visiting the MSSRF Institute in Tamil Nadu almost twenty years ago, presenting his book entitled The Search for a Nations Without Poverty in 2017, and meeting Dr. Swaminathan's at the IRRI Regional Centre's inauguration in Varanasi in 2018.

PM Modi praised Dr. Swaminathan's belief that “science is not just about discovery but delivery,” highlighting his early support for

community seed banks, bio-villages, and millets, which continue to shape India's agriculture and global sustainability efforts.

India ranks second in the world for the production of wheat, rice, the crop, fruits, vegetables, and fish, and first for milk, pulses, and jute, according to the Prime Minister's summary of the nation's agricultural accomplishments. India produced a record amount of foodgrains and oilseeds, including peanuts, mustard, and soybeans, last year.

Looking ahead, he called for a shift from food security to nutritional security, promoting natural farming, reduced chemical use, and nutrient-rich crops. He stressed climate-resilient farming, soil-specific crop planning, and the use of AI, machine learning, and satellite data to create real-time agricultural solutions alongside modern irrigation technologies.

TEA OUTPUT IN INDIA DECLINES 9% YEAR-ON-YEAR IN JUNE



India produced 133.5 million kg of tea, a 9% decrease from the same month the year before, according to government figures. According to data issued by the Tea Board, the nation cultivated 146.72,000,000 kg of tea in June 2024. According to the Indian Tea Association, unfavorable weather and pest infestations were the main causes of the production drop.

In June, the production of North India, which includes the states of West Bengal and Assam, which fell to 112.51 million kg. Last June, the amount was

121.52 million kg. Compared to 25.20,000,000 kg in that same month of 2024, manufacturing in South India fell to 20.99 million kg in June. June production from large, well-organized planters was 55.21 million kg, lower than 68.38 million kg in

2024.

Small growers' monthly production was 68.28 million kg, down from 78.34 million kilogram in the month of June of the previous year. Green tea produced 1.84 million kg, orthodox produced 13.82,000,000 kg, and the CTC type produced 117.84 million kg.

FROM LITHIUM TO RARE EARTHS: IITS TO DRIVE INDIA'S CRITICAL MINERAL MISSION



India is making strategic moves to secure its future in clean energy by focusing on critical minerals like lithium, cobalt, and rare earth elements. To support this effort, the Indian Institutes of Technology (IITs) are playing a major role in research, exploration, and development.

Under the guidance of the Ministry of Mines, the IITs will work closely with the newly formed government body, Khanij Bidesh India Limited (KABIL). This collaboration aims to boost India's capacity to explore, mine, and refine minerals that are vital for batteries, electronics, renewable energy systems, and electric vehicles.

IITs such as IIT Bombay, IIT

Kharagpur, and IIT Hyderabad are leading the charge in developing advanced technologies to process and recycle these minerals efficiently. Their research will help reduce dependency on imports and ensure a stable domestic supply chain for critical sectors.

The government is also encouraging public-private partnerships and promoting innovation in mineral exploration and sustainability. Students and researchers from IITs will be deeply involved in projects related to mineral mapping, waste recycling, and green mining practices.

This mission aligns with India's larger goals of becoming self-reliant in energy and achieving its climate targets. With global demand for critical minerals rising, India's decision to tap into its academic and technological strengths signals a powerful step toward building a secure and sustainable future.

Through the active involvement of IITs, India hopes to lead the way in critical mineral research and set an example for other developing nations’.

UGC UNVEILS KHELO BHARAT NITI 2025, BOOSTS SPORTS OPPORTUNITIES



The University Grants Commission (UGC) has officially introduced the “Khelo Bharat Niti 2025,” the newly announced National Sports Policy, urging all institutions of higher education to implement it faithfully. The government unveiled this transformative initiative on July 1, 2025, aiming to weave sports into the educational framework at both school and college levels through physical literacy, accessible infrastructure, and inclusive governance.

Centered on the principle of “Sports for Nation Building,” the policy is structured around five strategic pillars: achieving global sporting excellence, boosting economic growth, fostering social inclusion and wellness, promoting mass participation, and integrating sports with education. It also recognizes sports as a valid career path,

supporting opportunities in sports education, tourism, and volunteering.

To stimulate economic advancement, Khelo Bharat Niti encourages development of sports tourism, equipment production, and entrepreneurship, leveraging private investments, public-private partnerships, and corporate social responsibility initiatives. Social goals are equally prominent: the policy prioritizes inclusion of women, persons with disabilities, economically disadvantaged groups, and marginalized communities, promoting grassroots participation and talent scouting.

Additionally, the policy envisions international goodwill through sports diplomacy, with volunteering programs earning academic credits, event access, and athlete engagement. By integrating sports into India's educational and developmental vision, Khelo Bharat Niti 2025 aims to nurture holistic growth and position sports as a dynamic national asset.

IITS TO TRAIN DELHI GOVERNMENT TEACHERS IN INDIAN KNOWLEDGE SYSTEMS FROM SEPTEMBER

Starting in September, teachers from Delhi government schools will be trained in Indian Knowledge Systems (IKS) by the Indian Institutes of Technology (IITs). This initiative is part of a broader effort to integrate traditional Indian knowledge into the modern education framework.



The training program, designed by experts at IITs, aims to equip teachers with insights into India's ancient scientific, philosophical, and cultural heritage. The move comes under the directives of the National Education Policy (NEP) 2020, which emphasizes the inclusion of Indian traditions and values in school curricula.

Teachers will be exposed to various disciplines such as mathematics, astronomy, architecture, metallurgy, medicine, and philosophy, as practiced in ancient India. The program will also include modules on Sanskrit texts, Vedic literature, and traditional teaching methods. The objective is to help educators blend this knowledge with modern teaching

practices, making learning more meaningful and rooted in Indian identity.

This collaboration between the Delhi government and IITs is seen as a step towards academic enrichment and national pride. The training will be conducted in phases, and thousands of teachers are expected to benefit from it.

Officials believe that when teachers are well-versed in India's intellectual traditions, they can inspire students to appreciate their cultural legacy. Ultimately, the initiative seeks to create a more balanced and holistic education system that honors India's past while preparing students for the future.

IIT MADRAS RESEARCHERS DEVELOP AGRI-WASTE-BASED PACKAGING SOLUTION TO ELIMINATE PLASTIC USAGE



Researchers at the Indian Institute of Technology (IIT) Madras have created a sustainable packaging solution using agricultural waste, aiming to reduce plastic usage in the packaging industry. This eco-friendly innovation transforms agri-waste into biodegradable and compostable packaging materials, presenting a viable alternative to traditional plastic packaging. The research team, led by Professor Mukesh Doble from the Department of Biotechnology, collaborated with industry partners to develop the material. It is made by processing farm waste, such as straw and husk, into a durable and safe packaging solution. These materials not only decompose naturally without

harming the environment but also provide the required strength for packing a wide range of products.

This breakthrough addresses the growing global concern over plastic pollution, especially in the food and retail sectors. The IIT Madras team emphasized that this agri-waste packaging is cost-effective and scalable, making it suitable for mass production and widespread adoption. The researchers are also working on enhancing the material's resistance to water and temperature changes, ensuring it can replace plastic in more demanding conditions. They believe this innovation can revolutionize packaging practices in India and beyond, significantly contributing to environmental sustainability. The initiative aligns with the Government of India's goals to minimize single-use plastics and promote green alternatives. With further support and industrial collaboration, this innovation has the potential to drastically cut down plastic waste and usher in a new era of sustainable packaging.

INDIA'S FIRST AI-POWERED ANGANWADI INTRODUCES DIGITAL LEARNING TO RURAL KIDS



India has taken a big step towards transforming early childhood education by launching its first AI-powered anganwadi centre in Mandla, Madhya Pradesh. This innovative initiative aims to bring high-quality digital learning to children in rural and tribal regions, where access to modern education tools is often limited.

The AI-integrated anganwadi uses advanced technologies like facial recognition and interactive learning systems to monitor children's engagement and progress. This helps caregivers and teachers track each child's development in real time, making education more effective and personalized.

Launched under the Women and Child Development Ministry in collaboration with the Wadhvani Institute for Artificial Intelligence, the project is part of a broader vision to improve foundational education in India. It aligns with the goals of the National Education Policy (NEP) 2020, which emphasizes early childhood care and education (ECCE) as a critical stage of learning.

Alongside AI tools, the centre is equipped with tablets, smart TVs, and digital content tailored to local languages and cultural contexts. This ensures young learners not only gain access to quality content but also stay connected with their roots.

Local community members, especially women, are being trained to operate and manage the centre, empowering them and promoting grassroots participation. If successful, this model may be expanded to thousands of anganwadis across the country, marking a major shift in India's rural education landscape.

This AI-powered centre is not just a classroom—it's a glimpse into the future of inclusive and tech-driven education in India.

MODI'S FIRM RESPONSE TO TRUMP'S 50% TARIFFS DEEPENS U.S. - INDIA TRADE RIFT



Prime Minister Narendra Modi has taken a resolute stand against Washington's latest trade action, declaring that India is “ready for it” in the face of steep new U.S. tariffs. The move comes after President Donald Trump announced a sharp increase in duties on Indian exports—raising them to 50%—in what the White House described as a penalty for New Delhi's continued purchase of Russian oil.

Speaking at the MS Swaminathan Centenary International Conference in New Delhi on Thursday, Modi said India would “never compromise on the interests of farmers, fishermen, and dairy farmers,”

stressing that protecting these communities was a matter of principle. Acknowledging the potential personal and political cost, he added, “I know I will have to pay a heavy price, but I am prepared for it.”

The tariff escalation is the latest chapter in a dispute that began earlier in 2025 with the first round of U.S. duties and the breakdown of trade negotiations. American officials have justified the increase as retaliation for India's energy ties with Moscow during the ongoing Ukraine war. New Delhi, however, has rejected the measures as “unfair, unjustified, and unreasonable,” accusing Washington of weaponising trade policy.

Economic analysts warn the impact could be severe, hitting key export industries such as textiles, apparel, pharmaceuticals, and electronics. In some categories, export volumes could drop by 50–70%. The electronics sector is expected to bear the heaviest losses—estimated between \$20 billion and \$30 billion—though multinational companies like Apple and Samsung may secure exemptions.

In anticipation of economic fallout, the Indian government has introduced a three-pronged plan to counter the blow. First, it will provide direct support to affected exporters. Second, it will redirect goods to alternative overseas markets. Third, it will promote domestic consumption to absorb surplus production. Alongside these measures, India has temporarily slowed certain defense purchases from U.S. suppliers, creating uncertainty over high-value acquisitions such as Boeing's P-8I

maritime patrol aircraft, Stryker armored vehicles, and Javelin missile systems. Officials later clarified that the pause should not be interpreted as a complete procurement freeze.

On the diplomatic front, Modi is strengthening ties outside the U.S. orbit. In a recent call with Russian President Vladimir Putin—described by both sides as “very good”—the two leaders reaffirmed strategic cooperation, with Putin inviting Modi for a state visit to Moscow. This move signals India's intent to maintain an independent foreign policy despite U.S. pressure to curb relations with Russia.

Domestically, Modi's stance is likely to appeal to rural and nationalist voters, reinforcing his image as a leader unwilling to bow to foreign pressure. His emphasis on self-reliance and the protection of vulnerable economic sectors taps into a broader narrative of economic sovereignty.

However, experts caution that the standoff could have lasting repercussions for U.S.–India relations. With formal trade talks suspended until the tariff dispute is resolved, trust between the two countries is eroding. If no compromise emerges, the dispute could solidify into a long-term strain on one of the world's most important strategic partnerships.

For now, Modi appears prepared to absorb the economic hit, betting that political resolve at home will outweigh the turbulence abroad. But as losses mount and global markets react, both sides may face increasing pressure to find a path back to the negotiating table.

PM MODI TO ATTEND SCO SUMMIT IN CHINA ON AUGUST 31 AMID STRAINED BILATERAL TIES

Prime Minister Narendra Modi is set to travel to Tianjin, China, from August 31 to September 1 to participate in the 25th Shanghai Cooperation Organisation (SCO) Leaders' Summit. This will be his first visit to China since 2019 and comes in the shadow of strained relations following the deadly 2020 Galwan Valley clash, which marked one of the lowest points in India–China ties. Observers are closely watching the trip for signs that it could revive dialogue on sensitive security, economic, and regional matters.

The summit will bring together heads of state from over 20 countries along with representatives of international organisations. Key discussions are expected to focus on regional security, counter-terrorism initiatives, economic partnerships, energy cooperation, and emerging geopolitical challenges. For India, the forum provides a stage to reinforce its position on cross-border terrorism and explore opportunities to enhance both economic and security collaboration within the SCO framework.

Ahead of his China trip, Modi will make a one-day stop in Japan on August 30 to meet Prime Minister Fumio Kishida. That meeting is likely to cover deepening economic ties, boosting strategic and security cooperation, and advancing regional connectivity projects laying the groundwork for the more complex diplomatic engagement in China.

In Tianjin, Modi is expected to hold bilateral meetings with Chinese President Xi Jinping and Russian President Vladimir Putin on the sidelines of the summit. These talks could address the ongoing border dispute with China, expand economic cooperation, and strengthen joint efforts on global security. Such meetings are seen as vital for India as it

seeks to manage relationships with major world powers in an era of shifting geopolitical alignments.

Preparatory efforts are already underway. On August 18, National Security Advisor Ajit Doval will meet Chinese Foreign Minister Wang Yi in New Delhi under the Special Representative framework for boundary discussions. The talks aim to ease current tensions and create a more constructive atmosphere before Modi's arrival in Tianjin. Any progress here could serve as a positive prelude to higher-level diplomatic engagement.

In recent months, India and China have shown tentative signs of re-engagement. The two nations have resumed boundary dialogue at the Special Representative level, reopened the Kailash-Mansarovar pilgrimage route, and discussed restoring direct flight services and easing visa restrictions. While these measures are modest, they indicate both sides' willingness to maintain communication channels despite deep-seated differences. China has welcomed Modi's attendance at the SCO meeting, calling it a “gathering of friendship” and expressing interest in stabilising ties.

The visit's timing is significant given India's broader diplomatic balancing act. New Delhi is currently managing trade frictions with the United States, particularly over tariffs and its oil trade with Russia. By actively engaging with China and other SCO members, India aims to reinforce its strategic autonomy and avoid overdependence on any single



global power.

Though expectations for a dramatic breakthrough are low, Modi's presence at the SCO Summit offers an important opportunity to address contentious issues, explore areas of cooperation, and reaffirm India's commitment to multilateral diplomacy and regional peace. For New Delhi, it represents both a strategic necessity and a chance to shape the regional agenda in a rapidly evolving global order.

Dr. (Mrs) Chandra Hariharan Iyer

EXPERT



Dr. (Mrs) Chandra Hariharan Iyer

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Q. Why to say No?

Ans. In our increasingly busy lives, learning how and when to say “no” is an essential skill. Saying “no” is not just about rejecting a request; it's about respecting your boundaries, prioritizing your well-being, and maintaining your focus on what truly matters. This skill is vital in both professional and personal settings. It's not about being rude or dismissive, but about being clear, respectful, and assertive. In fact, ancient wisdom, especially the timeless teachings from Sanskrit slokas, offers deep insights into how we can learn to say "no" thoughtfully and gracefully.

In this guide, we'll explore the importance of saying no, while offering practical tips, rooted in both modern psychological principles and ancient Sanskrit teachings, to help you navigate this vital skill in a balanced and harmonious way.

- 1) Assess the Request:** Understanding the Situation. Before saying "no," it's crucial to take a moment to assess the request being made. Is it aligned with your values and priorities? Does it fall within your capacity and energy level at this moment? "न हि देहभृता शक्यं त्यक्तुं सर्वा सदा सुखम्। त्यागी धर्मं समाश्रित्य सुखं प्राप्तं भविष्यति॥" "A person who is attached to their body cannot always remain in pleasure. One who relinquishes desires, depending on righteousness, will find true happiness." Bhagavad Gita 6.5. The verse suggests that relinquishing certain things or desires (such as overcommitments) brings true peace. By assessing the request carefully, we understand whether it aligns with our deeper values. If it doesn't, it's okay to say "no" in order to maintain your peace of mind. Pause before responding, reflect on your priorities, and assess whether the request aligns with your current goals.
- 2) Be Honest:** Acknowledging Your Truth. Honesty is essential when saying "no." You don't have to make excuses or fabricate reasons. Simply be truthful about your limitations or current commitments. "सत्यं ब्रूयात् प्रियं ब्रूयात् न ब्रूयात् सत्यमप्रियम्। प्रियं च नानृतं ब्रूयात् एष धर्मः सनातनः॥" "Speak the truth in a pleasant manner; do not speak harsh truths, and do not speak lies even if they are pleasant. This is eternal dharma." Mahabharata This Subhashita emphasizes the importance of speaking the truth in a way that is respectful and non-harmful. When saying "no," being honest allows you to communicate clearly and maintain integrity without feeling guilty. State your truth directly. For example, “I'm currently unable to take on this project due to existing commitments.”
- 3) Be Direct:** Clear and Concise Communication. While being honest is important, clarity is equally crucial. Avoid beating around the bush or using vague language. If you need to say no, be clear and direct in your response. "न हि देहभृता शक्यं त्यक्तुं सर्वा सदा सुखम्। त्यागी धर्मं समाश्रित्य सुखं प्राप्तं भविष्यति॥" "Just as a well-aimed arrow reaches its target, clear words lead to understanding." Bhagavad Gita 3.13. This verse underscores that clarity leads to positive outcomes. By being direct, you avoid any misunderstandings and prevent unnecessary complications. Use clear language, such as “I am unable to commit to this right now” or “I don't have the bandwidth to take on this task at the moment.”
- 4) Offer an Alternative:** Be Solution-Oriented. If possible, instead of leaving the person empty-handed, offer a feasible alternative. This shows that you are willing to help, even if you cannot fulfill their request directly. "यदा न हि धनं प्राप्त्यं पुनः प्राप्तुमिह आत्मनो प्रत्यर्पयत्यात्मनं कामं धर्मेणैव तेन हि॥" "When you cannot give something, offer what is possible. The desire to help is more important than the act itself." Rigveda. This verse emphasizes the importance of giving what you can. Offering an alternative shows that you are compassionate, even when you cannot fulfill the original request. Suggest another person, a different timeline, or offer another way to support.
- 5) Set Boundaries:** Protecting Your Time and Energy/ Setting boundaries is essential for maintaining balance and well-being. When you say “no,” you're essentially protecting your time, energy, and mental health. By setting clear boundaries, you avoid burnout and remain focused on what matters most. "अतिवर्धमानो दुःखं आत्मनं नित्यं अवस्थिता। स्वधर्मे च स्थितं यश्च सुखं धारयेदपि॥" "Excessive attachment to unnecessary things leads to distress, but when focused on one's own duty, one finds happiness." Bhagavad Gita 6.26. By sticking to your boundaries, you safeguard your time and energy, thus fostering a happier and more productive life. Clearly communicate your limits, like “ need to focus on my existing priorities” or “I have a set schedule and cannot take on more work.”
- 6) Prioritize Your Time:** Focus on What Matters Most. Learning to say "no" helps you prioritize what truly matters. Time is one of the most valuable resources we have, and by saying no to distractions or non-essential tasks, you ensure that you have time for what truly aligns with your values. "योगस्त्रयीतमात्मनं कामविषयजं प्रियतमा। धर्मज्ञानेन धर्मं तु सुखदं संतोषं पुनः॥" "By focusing on the things that align with your values and purpose, you create space for happiness and fulfillment." Bhagavad Gita 6.5. This verse reminds us that when we focus on our higher

values and duties, we cultivate happiness. Saying “no” allows us to dedicate more time to our most important priorities. Reflect on your priorities regularly and be deliberate in saying no to tasks or commitments that don't align with them.

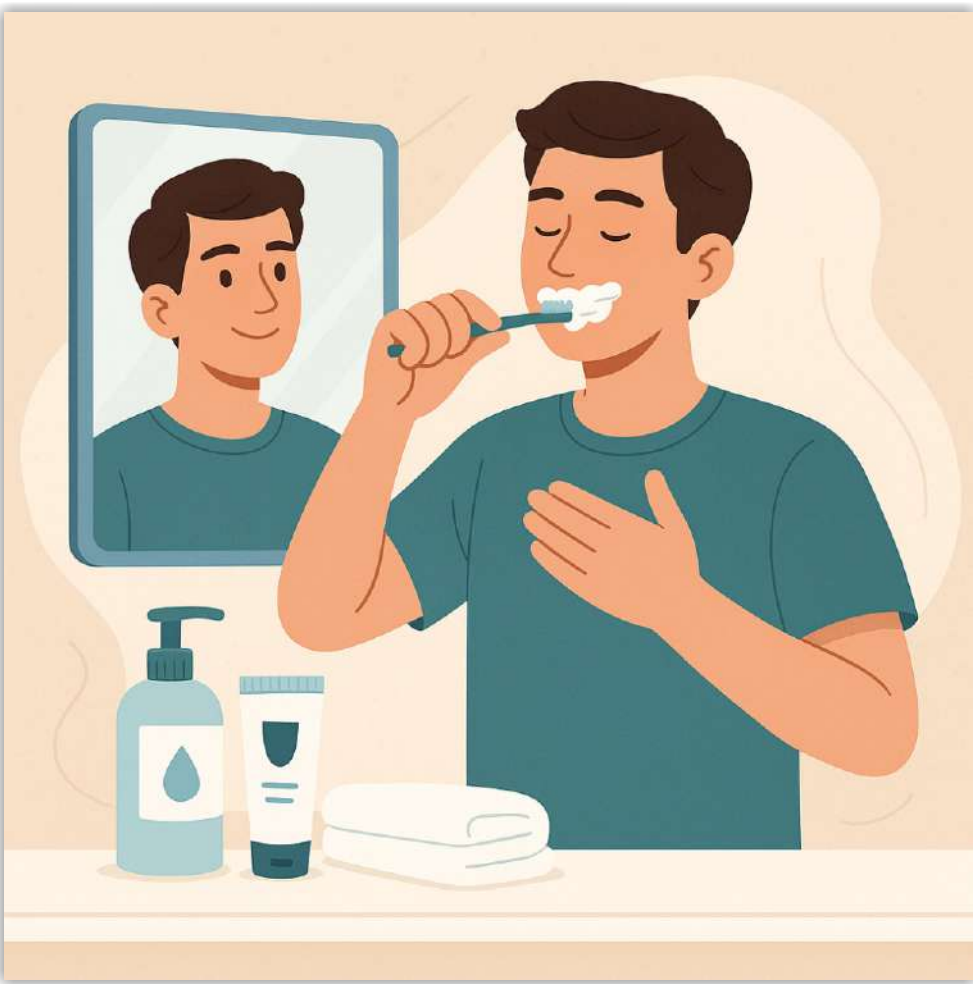
7) Practice Empathy: Understanding Others' Needs. When saying "no," it's important to consider the feelings and needs of the person making the request. Practice empathy by acknowledging their position and expressing understanding, even while rejecting their request. "मितव्ययी सदा धर्मेण स्थिता क्रोधसमन्विता। यतस्तस्य नयनेन प्रसीदति यथा गुणैः॥" "One who is always moderate and empathetic in words and actions will be loved and respected by others." — Bhagavad Gita 4.7. This verse suggests that understanding the feelings of others and responding with empathy makes you more respected and connected. Use empathetic language like “I understand this is important, but I'm unable to commit at this moment.”

8) Stay Professional: Maintain Respect and Dignity. Saying no doesn't need to be harsh or confrontational. Stay professional, respectful, and calm in your responses. This will ensure that your decision is taken seriously, without affecting your reputation or relationships. "मुक्तिः कार्येण नान्यं पश्यन्ति व्याप्यं प्रियतमा। सन्तोषस्त्रायते धर्मं साध्वं जीवनममलम्॥" "A truly free individual is one who maintains their integrity and dignity, regardless of the challenges they face." Bhagavad Gita 7.19. This verse underscores the value of integrity. Maintaining professionalism when saying no ensures you stay true to your values while honoring others. Keep your tone neutral and polite, and avoid unnecessary justifications.

Mastering the art of saying no is not just about rejecting requests it's about affirming your boundaries, values, and priorities. By being honest, clear, and compassionate, and by using wisdom from ancient Sanskrit slokas, you can learn to say no in a way that serves both yourself and others. Through practice, self-awareness, and consistency, you can cultivate a life that honors your needs, respects your time, and maintains your well-being while still fostering positive relationships. Wish you much and more, stay blessed!

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HYGIENE BEYOND CLEANLINESS: A RITUAL FOR SELF-RESPECT



Hygiene is just seen as a means for physical cleanliness, but in reality it is beyond that.

Have you ever thought that you would be respected and liked by people the same way if you could be the dirtiest person ever around them? The immediate answer that might have popped up in your mind is 'NO' right? Why always we need to think from the other's

perspective when we ourselves can evaluate and change ourselves for good?

Being hygienic is not that tedious task that you cannot take out sometime for it in your life's hustle and bustle.

Hygiene is not just physical well-being, but it is interlinked to mental well-being, spiritual well-being, self-esteem, and self-respect.

How Hygiene Actually Contributes to Boosting Self-Respect or Self-Confidence:

Self-respect, in simple terms, is nothing but how we value ourselves, and that can be evaluated from the actions that we do to take care of ourselves.

Being healthy, being hygienic, and being grateful are the actions that reflect how well we value ourselves.

Our body and soul are a precious gift to us from God. It is our sheer responsibility to take utmost care of this precious gift.

People who just do not care about their hygiene are the ones who are more prone to infections, illnesses, low self-esteem, and low self-confidence, and they are emotionally deprived individuals too.

Let us be honest, no one wants to be hated among people just because of the way they carry themselves. We want to be remembered and loved by people, and that totally depends on the aura that we carry. The point here is not to be a better person for someone else but for ourselves.

No one wants to be around a stinky person, and that in turn lowers your self-esteem. Contrarily, if you keep yourself how you actually should be, it is totally a win-win situation for you and for others as well.

If someone distances themselves from you just because of your unhygienic habits, it is you who is giving them the chance to do so by disrespecting yourself. This further diminishes your self-confidence, and you tend to avoid social gatherings as much as you can.

After a long, hectic day at work or school, just taking a 5-minute bath after coming home can totally switch our mood and not only relax us but also contribute to our mental well-being by the feeling of freshness and purification. So, indirectly, by maintaining hygiene and taking care of the body, we are nurturing our mental health too.

Why as children were we always told to brush twice a day and wash hands more frequently? Just to keep

ourselves away from any illness or infections that we may acquire and to instill that habit of being hygienic and respecting ourselves.

When we shift our focus to the scientific end of being hygienic, it might make sense to people. Skin being the largest organ in our body, acts as a self-defense and protects us from various infections. Skin is exposed to various allergens and infectious agents on a day-to-day basis, so if we want to be protected from those and avoid ending up in the long queues of the hospitals, cleanliness comes into the picture.

Hygiene acts as an armor that protects us from being affected by low self-esteem and low self-confidence. It also helps us in approaching social situations with more confidence; we feel comfortable being around people rather than feeling left out. Once we are more confident, our social interactions increase, and we feel that we are being heard, just because we valued and respected ourselves.

Hygiene not only enhances our physical being but also our mental and spiritual being.

THE MYTH OF MULTITASKING: DOING LESS TO ACCOMPLISH MORE

In today's fast-paced world, in order to be ahead of time and others, we fall into the trap of multitasking and make it our standard approach to succeed. Does multitasking really work in accomplishing more? Let's find out.

Work smart rather than working hard. Sounds good? Right. When we tend to multitask, thinking that we are accomplishing more in less time, we are actually creating chaos in our minds and making it difficult for our minds to focus on one thing. Our brain keeps on juggling between different tasks, and as a result, it decreases our productivity and increases errors.

People multitask and project it to be a superpower and flex it like it's an honor. But the one thing that they overlook is productivity in their tasks. The quality of their work deteriorates while running behind multitasking, as it leads to errors.

It is also not scientifically proven that our brain can do multitasking; it can work on two different tasks, but concentration capacity is very low. The brain can concentrate on one task at a time. Shifting focus between tasks signals the brain that both are priority tasks; in order to delve into both the tasks, the focusing power of the brain usually diminishes.

What would you prefer, focused and quality work or disturbed and low-quality work?

Can we run on a treadmill and do squats at the same time in order to multitask? Not possible, right? Focusing on one set of exercises gives us better results.

Rather than multitasking, we need to focus on monotasking, focusing on one task at a time. It contributes to increased productivity, better focus, and good-quality outcomes.

You can opt for indulging in multiple tasks in a day but not together, rather by dividing your time and attention to each task.

How to actually accomplish more:

- No Multitasking** - Say no to multitasking, and get adaptive to monotasking.
- Prioritize tasks** - Rather than juggling between different tasks, prioritize what is more important and give your complete focus to it. Prioritizing tasks also helps in the reduction of errors, as we have trained our brain to effectively focus on only one particular task.
- Block calendar** - Blocking our time really helps; it makes us more efficient in doing one task, thus reducing the hustle in our minds. It also enhances our effective time management skills.
- Create deadlines** - Having deadlines for your tasks disciplines you and your brain. When we are

disciplined, we tend to work better when compared to when we are not.

- Have small breaks** - Doing certain things for hours and hours doesn't yield good results; rather, it makes us lethargic and uninterested in that particular task. But when we give smaller breaks in between tasks, it helps in relaxing our mind and preparing ourselves for the upcoming task.
- Cross-checking-** Before immediately shifting to the next task, have a look at the completed task once; look out for any errors that might have occurred. This ensures a proper hold on the quality of the work and saves time for later corrections.

Well, we have debunked the myth that multitasking helps us in accomplishing more.

Multitasking and productivity don't go hand in hand; when we try to take over one thing, we



automatically lose the other. We keep ourselves distracted by juggling between the two, whereas having deep concentration in one thing leads to better results.

"There are only as many days in the year as you make use of. One man gets only a week's value out of a year, while another man gets a full year's value out of a week." - Charles Richard

INDIA REJECTS TRUMP'S DEMANDS, STANDS FIRM ON FARMERS' AND NATIONAL INTERESTS; TALKS RESUME 25 AUGUST



measures to safeguard its national interest and economic security”. India has made it clear that the trade deal will not include agriculture, dairy, or genetically modified crops. India has clearly stated that these are the areas in which the foreign trade deal will not involve, and will be sealed for other countries as well. Further, the next negotiation will be held on 25 Aug.

“SAFETY OVERVIEW” FROM WHATSAPP IN ORDER TO PROTECT GROUP SCAMS FOR INDIAN USERS

WhatsApp has added a new safety feature and cracked down on scams in group chats, banning millions of accounts in 2025. The "Safety Overview" from WhatsApp explains the safety measures to avoid any kind of scams and misleading information. The feature appears when someone unknown, who is not in a user's contact list, adds them to an unfamiliar group, Then WhatsApp will display the details of the group, the safety measures to stay safe, and allow the user to exit the group without opening the chat. The notifications are also off until the user has selected to be notified. The Meta-owned messaging platform pauses and alerts the users before engaging with any unknown group or contacts. The alert warning will give prior context about the person who invited the user, in order to prevent them from any sort of potential scam. WhatsApp said, We encourage people to stop and think before responding to a suspicious message, especially if it's from a number they don't know and promising fast money. We ensure offering safety tips such as enabling two-step verification, blocking and reporting suspicious accounts, silencing unknown callers, and ensuring the use of the official app.



SPACE TECH DHRUVA TO LAUNCH ITS FIRST COMMERCIAL MISSION LEAP-1 SATELLITE WITH AUSSIE PARTNERS

Dhruva Space, an Indian spacetech startup, is moving forward to launch its first commercial mission, LEAP-1 satellite, using the SpaceX Falcon-9 rocket. In collaboration with its Aussie partners, the satellite is set to launch in the third quarter of 2025. The payloads will ride Dhruva's indigenously developed P-30 satellite platform, which was successfully space-qualified in January 2024 during the LEAD-TD mission aboard ISRO's PSLV-C58. With the collaboration of two Australian firms, Akula Tech and Esper, Dhruva Space Tech will host advanced AI and hyperspectral imaging payloads. Akula Tech provides its advanced AI-driven module, NEXUS-1, for processing on-orbit data, retraining, and enabling applications such as fire detection, spectral analysis, and anomaly detection. Esper, plays an important role in the hyperspectral imager, delivering high-resolution Earth observation data in satellites by supplying OTR-2. For Sanjay Nekkanti, founder of Dhruva Space Satellite, it has been a lifelong passion. He stated that he was determined to make India the satellite-making capital of the world. Dhruva Space is well-positioned to 'make in India' for the world. In fact, over the past three years, we successfully secured export orders for satellite platforms and space-grade solar panels to Austria, France, Australia, and the Middle Eastern markets.



RAJINIKANTH BREAKS HIS OWN RECORD WITH ADVANCE BOOKING OF HIS FILM COOLIE BEFORE ITS RELEASE

Coolie, a film directed by Lokesh Kanagaraj has already earned Rs. 20 crores (around USD 969k) through advance booking in the USA, even though it has not been released yet. With this Rajinikanth breaks his own record set by Jailer, which collected USD 948k from its premiere shows when it was released in 2023. Coolie is one of the biggest Indian premieres in the North American region ever, and one of the few Tamil films to achieve this level of publicity. The total advance booking for Coolie is USD 1.12 million in North America so far. Coolie is set to be released on 14th August 2025. In the film, Rajinikanth and Aamir Khan will be seen together on screen. The collaboration of these two mind-blowing actors is on screen for the first time. Coolie has taken over the whole of Kerala. Fans have gone crazy for the movie, with advance booking for the film, and are eagerly waiting for its release. The movie has earned 3 crores l, as of August 08th, from Kerala in just 5 hours of booking and is looking forward to ruling throughout the country and the whole world.



INDIA URGES STRATEGIC CONSENSUS IN GLOBAL PLASTIC TREATY TALKS AT GENEVA



The annual plastic production kept increasing; it reached nearly half a million tonnes in 2022. Many nations confront an agreement that it is a issue that needs global effort to tackle. Fifth round of UN-led talks held in South Korea last year, 2024. Now all the nations are gathered in Geneva for another shot at the 5th meeting of INC to confront the world's most serious problem about plastic pollution. The meeting aimed at ending plastic pollution issues that affect biodiversity and the ecosystem of the planet. India in the global plastic treaty negotiations to promote consensus-based decision-making, where all countries must agree before any rule is finalized or any amendment is made.India is focused on the mitigation of plastic, reuse and recycling of plastic, while minimizing the harm.Union Environment Minister Bhupender Yadav said in an interview that the meeting and discussion are only based on plastic pollution and problems related to plastic pollution, while other aspects which are not related to plastic are not taken up. The main idea is to strike a critical balance between preventing plastic pollution and ensuring sustainable development.

INDIA'S FIRST AI TO DETECT HEART FAILURE HAS BEEN ESTABLISHED AT NARAYANA HEALTH

India's first AI model to detect heart failure is developed by Narayana Health, using ECG images in real time, the model enables earlier diagnosis and leads to faster treatment. The model will impact positively and beneficial in rural areas and areas with limited resources. The Narayana Health Clinical Research team and Medha AI designed this model to support earlier detection and improve diagnostic access for timely treatment and care. “This innovation is about democratising diagnostics,” said Dr. Deepak Padmanabhan, Senior Consultant at Narayana Health. Around 10 million people across India are affected by heart failure and approximately only 1.2 million cases are recorded in hospital administration annually. It's mainly because echocardiography is not available in all areas. Narayana Health's AI model is a efficient approach to screen patients using an ECG machine and cloud-based analytics. The model is trained with more than 100,000 ECG images with echocardiogram reports so the model can perform strong predictive performance. Responsible AI in healthcare isn't just about innovation,” said Dr. P. M. Uthappa, Group Chief Medical Director. “It's about fairness, transparency, and making sure the most underserved also benefit from what's possible.”



Afreen Mazgaonkar & Roshni Kumari

INDIA WINS RACKETLON WORLD CHAMPIONSHIP CHALLENGERS CUP AFTER 6 YEARS



India has created history with the Racketlon World Championship Challengers Cup 2025. Beat Denmark in a nail-biting finale in the city of Rotterdam in the Netherlands. This wonderful victory is India's first in six years and shows lots of promise for the potential of the country in international multi-sport events. The playing group showed great teamwork and spirited boldness. The journey to win the match includes hard - fought matches against the USA in the quarter - finals before facing Denmark in the finals. To make this victory even more prestigious. More than 15 Nations have completed. The team included Prasant Sen, Nihit Singh, Suhail Kapur, Krishna Kotak, Nidhi Tiwari, and Raghav Jatia. Racketlon is a rare sport; it includes table tennis, badminton, squash and tennis. The total points from these four games decide the winner. India's win is the most inspiring and proud moment for everyone. It shows how Indians athletes are succeeding beyond traditional arenas. The victory sent a strong message about India that India is ready to shine across all corners of the sports world.

VANI AND VISHAL IN STATE TABLE TENNIS TOURNAMENT

The 1st state ranking table tennis tournament 2025 held in Chandigarh by Chandigarh Table Tennis Association, was finalized with remarkable performance by young talents. Vani Sharma and Vishal, made headlines by clinching titles in their respective categories, showing great expertise and fighting spirit. Vani Sharma, who had earlier cleared the U-17 title. Continued her series of victories in the senior categories. She played her final match against Cherrish Chhabra and captivated everyone with her outstanding performance and cool headedness. Her excellent performance and determination helped her secure the title and build up attention from coaches and fans alike. The tournament observed tough competition among the players but Vani and Vishal stood out with their disciplined gameplay and sportsmanship. Both players showed their best technique, flexibility and pay attention throughout their matches. The event was settled at the sports complex in Chandigarh and charmed many young and future table tennis players across every state. Overall, the tournament ended with high regards with Vani and Vishal proving that faithfulness and hardwork can lead to success. Their victory will surely inspire other young players in the region.



INDIA'S VELAMMAL MHS SCHOOL CLINCHES GOLD WITH A PERFECT SCORE AT WORLD SCHOOLS TEAM CHAMPIONSHIP 2025

India's Velammal NHS School appeared as the unquestioned champion of the FIDE World schools team championship 2025, delivering a brilliant performance by winning all eight of their matches in eight - round swiss- formant event held from August 3-6 at episcopal high school. With spotless 16/16 board points, they captured the crown even before the final level at the game with their best efforts, hard work and clear mindset. The school team, boasting an all- titled lineup - WFM Shree Reddy Keerti, IM Aswathy S (2358), and FM K Pranav (2090) - expressed remarkable supremacy, losing only just two individual games across 36 played in the match. Silver and bronze medals were clinched respectively by Kazakhstan's National school of physics and Mathematics and the Harker school (USA). The championship was organised alongside the smart moves Summit. A global chess - in - education conference featuring over 50 speakers including all educators, researchers, and professionals. Velammal NHS Schools latest achievement further secured its reputation and gained respective honors as a powerhouse in Scholastic chess – already renowned for alumni like world champion D. Gukesh and world junior champion Pranav V.



WASHINGTON SUNDAR AND PRASIDH KRISHNA CREATE UNIQUE TEST RECORD FOR INDIA

In an existing moment for Indian cricket. Washington Sundar and Prasidh Krishna made an historic moment during the fifth test match at the Oval in London. On the third day of the match, the duo formed an unusual and memorable partnership. They put on 39 runs for the last wicket, which may not seem like a lot of runs - but this is what makes it special. All 39 runs were occupied by Washington Sundar itself, while Prasidh Krishna finished out without scoring. It shows Washington Sundar scored every single run in their partnership. This rare achievement has become the highest - ever last- wicket partnership in test cricket for an Indian where one player had not scored a single run. Their achievements not only brought proud and cheerful moments for fans but also highlighted their courage and patience level of both the players. It took Washington Sundar's calmness under pressure, and Prasidh Krishna's perseverance to stay at the wicket to achieve this record. The two represented what cricket is about, that it is not just about runs but brilliant gamesmanship and a team effort.



INDIA DUO RAMKUMAR AND ANIRUDH TRIUMPH AT LEXINGTON OPEN 2025



In an excellent performance at the Lexington open 2025 part of ATP Challenger tour India's Ramkumar and Anirudh Chandrasekar secured the men's doubles title, defeating the Chinese Taipei pair of Yu Hsiou Hsu and Ray Ho Huang 6-4, 6-4. All Indians duo, who succeeded second, commanded the final held in Lexington, Kentucky, manipulating powerful serves and strong court coverage to conclude the match in just over an hour. The Triumph marks Ramkumar's 11th ATP Challenger while Anirudh celebrates his 8th challenger crown. Adding to the achievement, this win deliberate their strength and chemistry in the whole match. After facing off in the Bengaluru Open doubles earlier in the semi- final tournament. Ramkumar, who had also boasted a men's doubles Silver at the 2023 Asian Games and two ATP 250 titles alongside Rohan Bapana, further cements his position as a doubles stalwart. This title not only represents India's growing presence on the ATP Challenger circuit but also supports the duo's promise on the international stage which makes it a proud moment for him.

INDIA'S LACKY SHINES WINNING THE SILVER MEDAL IN 110 KG AT U-17 WORLD WRESTLING CHAMPIONSHIP

India's youngest wrestling champion Lacky's stellar performance to reach the men's freestyle championship held in Athens, Greece. His journey through the tournament began by determination, strength, and skill, earning him praise from coaches and wrestling enthusiasts alike. In a grand finale, Lacky went down 4-6 to Magomedrasul Omarov, who competed under the United World Wrestling neutral flag, achieving a well- deserved Silver medal. The championship featured some of the best young wrestlers from across the globe, making Lacky's silver a significant achievement. In the semi - final earlier, he showcased his prime by defeating Iran's Amirhossein Naghdalipour via a fall. Despite the loss, his fighting spirit and sportsmanship won the hearts of spectators. Lacky's achievement made India a proud and impressive tally at the championship and highlights the wisdom of talent rising through the youth ranks. His success adds to India's impressive tally in the tournament and serves as an inspiration for aspiring wrestlers back home. The superior performance not only made him proud but also signaled a bright future for India.



SBI CLERK RECRUITMENT 2025
– 6,589 JUNIOR ASSOCIATE
VACANCIES!



The State Bank of India (SBI), India's largest public sector bank, has announced the Clerk (Junior Associate – Customer Support & Sales) Recruitment 2025. A total of 6,589 vacancies (5,180 regular + 1,409 backlog) are open for talented and enthusiastic graduates looking to join a prestigious banking career. This is your golden chance to work in India's most trusted bank with excellent pay, allowances, and growth opportunities.

Organization: State Bank of India (SBI)
Post Name: Junior Associate (Customer Support & Sales)
Total Vacancies: 6,589
Job Location: Across India
Pay Scale: ₹24,050 – ₹64,480/- (Starting Basic Pay: ₹26,730/-)
Application Mode: Online at sbi.co.in

Eligibility Criteria:

- Age Limit: 20–28 years as on 01/04/2025 (Born between 02/04/1997 & 01/04/2005) Relaxation: SC/ST – 5 yrs, OBC – 3 yrs, PwBD – 10 yrs
- Educational Qualification: Graduation in any discipline by 31/12/2025 (Final-year students may apply provisionally)

Selection Process:

1. Preliminary Exam (100 Marks, 1 Hour)
2. Main Exam (200 Marks, 2 Hours)
3. Local Language Test (Mandatory for final selection)
4. Document Verification

Application Fee:

- General/OBC/EWS: ₹750/-
- SC/ST/PwBD/ESM/DESM: No Fee
- Mode: Online payment

Important Dates:

- Apply Online: 06/08/2025 to 26/08/2025
- Last Date for Fee Payment: 26/08/2025
- Last Date to Print Application: 10/09/2025

State-Wise Vacancies:

- Opportunities across all states including Gujarat (220), Andhra Pradesh (310), Tamil Nadu (380), Maharashtra (476), Uttar Pradesh (514), and many more.

How to Apply:

- Visit ibpsonline.ibps.in/sbijajul25/ → Register → Fill details → Upload documents (photo, signature, thumb impression, declaration) → Pay fee → Submit form → Print for records.

For more details, candidates can refer to the official notification.

IBPS RECRUITMENT 2025



The Institute of Banking Personnel Selection (IBPS) has released a notification for the recruitment of 10,277 Customer Service Associates (formerly Clerks) under the CRP-CSA XV for the commercial banks across the country.

Vacancy & Structure

- Posts Available: 10,277 Customer Service Associate positions across 11 participating public sector banks.
- Selection Process: Two-tiered — Preliminary Exam followed by Mains Exam.

Eligibility Criteria

- Educational Qualification: Graduation in any discipline from a recognized university
- Age Limit (as of 1 August 2025): Minimum 20 years and Maximum 28 years (with relaxation for reserved categories)

Exam Pattern & Syllabus

Preliminary Exam:

- 100 marks, duration 60 minutes
- Subjects include General/Financial Awareness, English, Reasoning, Quantitative Aptitude, and Numerical Ability

Main Exam:

- 155 questions, 200 marks, 120 minutes
- Negative marking: 0.25 marks deducted per

incorrect answer.

Important Dates

- Notification Release - 31 July 2025
- Application Start Date - 1 August 2025
- Last Date to Apply - 21 August 2025
- Pre-Exam Training (Tentative) - September 2025
- Prelims Exam dates - 4, 5, 11 October 2025
- Main Exam date - 29 November 2025
- Provisional Allotment - March-April 2026

How to Apply

1. Visit the official IBPS website: www.ibps.in
2. Navigate to the CRP-CSA XV section
3. Register and complete the online form, uploading required documents
4. Pay the application fee online and submit before the deadline

Documents to Prepare:

- Educational certificates
- Valid ID proof
- Recent photograph and signature as per specification (JPEG format 10–50 KB)

For more details, candidates can refer to the official notification.

UNION BANK OF INDIA- WEALTH MANAGER RECRUITMENT-2025

Union Bank of India has announced the recruitment of 250 Specialist Officers (Wealth Managers) under MMGS-II Scale. Below are the key details for aspiring candidates.

Application open from 5 August to 25 August 2025

Age criteria

- General: 25–35 years as on 1 August 2025
- Relaxation: SC/ST +5 years, OBC (NCL) +3 years, PwBD (Gen/EWS) +10 years

Salary & Perks

- Annual Package: Up to ₹21 lakh (approx.)
- Pay Scale (MMGS-II): ₹48,480 – ₹85,920 per month
- Additional Benefits: DA, Special Allowance, Medical Benefits, Lease Rental Compensation, Leave Fare Concession (LFC), etc.

Educational Qualifications & Work Experience:

- Full-time 2-year MBA /MMS /PGDM /PGDBM /PGPM/ PGDBA from a Government-recognized institute
- Minimum 60% marks (General/EWS); 55% (SC/ST/OBC/PwBD) Minimum 3 years post qualification experience in Wealth Management roles

Selection Process

- Online Examination – Total 225 marks (Negative

marking: 25% per wrong answer)

- Part I: Reasoning, Quantitative Aptitude, English (25 questions each)
- Part II: Professional Knowledge (Wealth Management Domain)
- Personal Interview – 50 marks
- Group Discussion (GD) – Qualifying stage (may be conducted depending on number of candidates)

Application Fees

- SC/ST/PwBD: ₹177
- General/OBC/EWS: ₹1,180
- Payment Mode: Online only


Application Procedure

1. Visit Union Bank of India Official Website.
2. Go to Careers → Specialist Officer → Wealth Manager.



3. Complete online application form.
4. Upload necessary documents (Photograph, Signature, Left Thumb Impression, Handwritten Declaration).
5. Pay the application fee.
6. Submit the application.

For more details, candidates can refer to the official notification.



1. Which country recently hosted the 75th International Astronautical Congress (IAC)?

2. What is the name of the invasive plant species, native to Brazil, that has been spreading in the Andaman Islands and Odisha?

3. Which grassland in Karnataka was recently declared a conservation reserve?

4. Paetongtarn Shinawatra, who recently became Thailand's youngest prime minister, is the third member of which family to hold the position?

5. The Shaheen-II missile, recently in the news, is developed by which country?


6. Where has the third ship of the Nilgiri class, INS Himgiri, been handed over to the Indian Navy recently?

7. Which ministry has recently launched an ambitious initiative called 'Apna Ghar'?

8. Ministry of Agriculture and Farmers WelfareWhat was the final result of the Anderson-Tendulkar Trophy Test series 2025?

9. The Madras High Court recently asked which state to explain the delay in empanelling IPS officers for DGP selection?

10. Who was appointed as the first woman Director General (DG) of the Railway Protection Force (RPF) in August 2025?



1. Every night I'm told what to do, and each morning I do what i'm told. But I still don't escape your scold. What am I?

2. What do the letter "t" and an island have in common?

3. Which word in the dictionary is spelled incorrectly?

4. How can you drop a raw egg from a height onto a concrete floor without cracking it?

5. What do you call a bear with no teeth?

6. What gets smaller every time it takes a bath?

7. I'm not a blanket, yet I cover the ground; a crystal from heaven that doesn't make a sound. What am I?

8. I'm sweet and cold with a stick to hold; a treat on a hot day, worth more than gold. What am I?

8. Popsicle

7. Snowflake

6. Soap

5. A gummy bear

4. Concrete floors are very hard to crack

3. Incorrectly

2. They're both in the middle of water

1. An alarm clock

10 RIDDLES

10. Sonali Mishra

9. Tamil Nadu

8. Series drawn 2-2

7. Ministry of Petroleum and Natural Gas

6. Kolkata

5. Pakistan

4. Shinawatra family


3. Hesaraghatta Grassland

2. Ruellia elegans

1. Milan, Italy

10 QUIZ TIME

ANSWERS



SAVORING
JACKFRUIT
GALOUTI – A
ROYAL VEG
TWIST

This Week, We're Savoring Jackfruit Galouti Kebabs – A Nawabi Classic with a Vegetarian Heart

These melt-in-the-mouth kebabs bring the royal flavors of Lucknow straight to your plate without the meat! Tender young jackfruit is slow-cooked, spiced with an aromatic galouti blend, and pan-seared in ghee for that authentic Nawabi richness. Perfect for festive dinners, evening snacks, or impressing guests with a unique vegetarian delicacy.

Ingredients:

- Base:** Raw jackfruit (500 g, peeled and chopped), Raw papaya paste (2 tbsp for tenderizing)
- Spice Blend:** Ginger-garlic paste (1 tbsp), Garam masala (½ tsp), Roasted cumin powder (½ tsp), Cinnamon powder (a pinch), Cardamom powder (¼ tsp), Red chili powder (½ tsp), Salt (to taste)
- Binding & Flavor:** Gram flour (2 tbsp, lightly roasted), Chopped fresh coriander (1 tbsp), Lemon juice (1 tsp), Ghee or oil (for shallow frying)
- Optional Garnish:** Onion rings, Mint chutney, Lemon wedges

Steps:

1. Prep the Jackfruit: Boil chopped jackfruit in salted water until tender. Drain and mash or pulse in a food processor until you get a coarse paste.
2. Tenderize & Season: Mix in raw papaya paste, ginger-garlic paste, and all dry spices. Let it rest for 15–20 minutes for flavors to deepen.
3. Add Binding: Stir in roasted gram flour, coriander, and lemon juice. Adjust salt.
4. Shape & Cook: Shape into small flat patties. Heat ghee in a non-stick pan and shallow fry on low heat until golden brown on both sides.
5. Serve with Royal Flair: Plate hot kebabs with onion rings, lemon wedges, and a generous spoon of mint chutney.

These Jackfruit Galouti Kebabs are a tradition reimagined soft as silk, bursting with flavor, and proof that vegetarian food can carry royal heritage just as gracefully. Best enjoyed fresh off the pan, preferably with warm ulta tawe ka paratha.



Introducing Our New Column

ARTWORK OF THE WEEK

We invite all young artists to showcase their talent in our weekly e-newspaper, The HULAHUL Times. Submit your hand-drawn artwork to be featured!

CRITERIA

- Age Limit: Up to 24 years
- Artwork Size: A4
- Format: Hand-drawn only

SUBMISSION DETAILS

- Email your artwork to: thehulahultimes@gmail.com
- Subject Line: ARTWORK
- Include: Your Name, Age, School/College Name, and Phone Number

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Ravi Singh & Tanishka Verma

WILDLIFE'S TOOTH FAIRY: THE STORY OF EARTH BRIGADE'S FOUNDER

INTERVIEW BY
TANISHKA VERMA

*“When you have the intent,
Universe makes it happen.”*
- Dr. Sarita Subramaniam

Dr. Sarita, a dentist by profession, a wildlife conservationist by passion, and the founder of Earth Brigade Foundation (EBF), in a conversation



with The HULAHUL Times shares about her early life and simplistic upbringing in a middle-class family in Mumbai. She recalls her early days and touches upon her childhood vacations to Kerala that built her love and affection for animals. She shares that her love for animals is a gift given by her father in early childhood who taught her not to treat animals as toys but as companions. She always had a philanthropist soul in her which motivated her to wholeheartedly study biology and pursue medicine to help people in need.

However, she also expresses her disappointment when she couldn't make it to MBBS and had to join Dentistry. But, as she believes, “when you have the intent, Universe makes it happen” and so does her admission in dentistry did. “My admission in dentistry gave me the time I needed for my cause of wildlife conservation”, added Dr. Subramaniam. Also, she gladly shares that she is probably the only Dentist in the country who has been doing root canals for dogs and cats consistently.

She has always been a person who had a keen interest in social work but never had the formal intention to work in the area of wildlife conservation. It was only after her consistent

root canal procedures and famous Kanha Tiger Reserve story that motivated her to start an NGO – “Earth Brigade Foundation”.

She remembers regularly visiting Kanha Tiger Reserve for more than a decade or so and shares how she saw a sub adult Tigress in 2017 who came out in evening to drink water from a small puddle but struggled a lot due to shortage of water and that's when it struck Dr. Sarita's mind to do something about the issue and help these wildlife species. And from thereon the strings of successful solar installation started, one after other and continues till date.

She precisely remembers soliciting a fund of rupees 4.5 lakh after coming back from Kanha Tiger Reserve with the support of her family and friends. Dr. Sarita shares that she got immense support from people who actively supported and showed trust in her. She says it took almost one year for her to formalise everything and to get the paper work done. And, then finally in January 2018 they got the solar installation done in Bandipur National Park which were three at a time. Her wildlife conservation theory is based on two aspects 'compassion' and 'larger benefit', to wildlife and forest.

In an answer to a question about the name of her foundation she says that 'Brigade' in 'Earth Brigade Foundation' means an actionable community which is truly guided by



one cause i.e. wildlife protection and it proactive. She also gives due respect to people with whom she managed do 189 successful installation which otherwise wouldn't have been possible.

Though her cause today has achieved major milestones, yet she faced a lot of challenges initially. She mentions that nobody



would take them seriously because of the lack of formal wildlife background and had some amount of scepticism but somehow, they always managed to get permissions from the senior forest officials because their intent was pure and they delivered what they said they would do. Moreover, she says that there were occasional funding challenges, which sometimes still exist.

Dr. Subramaniam and her active team also helped people especially the forest staff during the COVID 19 pandemic by providing good quality oxygen concentrators at the right time and were able to raise a fund of 18 lakh rupees solely for oxygen concentrator supply.

Despite of all the praise worthy work that EBF continues to do, its founder and the visionary Dr. Sarita doesn't label herself as an altruist and says 'that true altruism doesn't exist' as we all get something in return, even if those are some heart-warming experiences.

Dr. Sarita shares that her organisation runs three main initiatives – Green, Pink, and Street Brigades. Green Brigade is closest to her heart, especially their project at Gehri Ghat in Panna

Tiger Reserve, where they installed a solar pump along the Ken River to supply water for wildlife and a nearby chowki. She also mentions Project Aquarius, which uses solar pumps to transfer water from borewells to other sources. Recalling the Pink Brigade's relief work during the Manipur riots, she was touched by a thank-you video from women they helped. From the Street Brigade, a student's act of adopting a malnourished street dog restored her faith in kindness.

She is the most selfless social worker who focuses only on working right and not thinking about the rewarding aspect of it. However, when finally, their work started being recognised from April 2024 they felt a surreal relief that now more people were able to connect with their cause which grew bigger with EBF's recognition in the Water for All



category at the Sustainability awards which is a most endearing and a cherished memory for them.

Lastly, on being asked what message a Dr. Sarita would like to give to her younger self, she replied with utmost serenity, “be kind to yourself, start forgiving yourself for all those things you blame yourself”.

She is truly an inspiration for the humanity and an entire generation to come. Her words, “charity begins at home” are truly motivating and makes one realise that even small steps can make a larger difference.

Deepika Singh



1. Which Indian state recently launched the 'Mukhyamantri Mahila Samman Yojana'?
2. India recently signed a defense cooperation agreement with which country?
3. Who was recently appointed as the new chairman of the Securities and Exchange Board of India (SEBI)?
4. Which Indian cricketer recently announced his retirement from international cricket?
5. The first AI-driven health center in India was recently inaugurated in which city?
6. Which city hosted the G20 Summit's Sherpa meeting last week?
7. Which Indian airport recently became the first to operate on 100% renewable energy?
8. Who recently won the Best Actor award at the Filmfare Awards 2025?
9. India successfully tested which indigenous missile last week?
10. Which Indian company recently launched the country's first hydrogen-powered bus?



1. I can mimic your voice, I'm smart and bright, I love to talk, both day and night. Who am I?
2. I can't fly high, but I can swim well, In icy lands, I dwell and dwell. Who am I?
3. My feathers are pink, I stand on one leg, In shallow waters, I often beg. Who am I?
4. I stay up late and hoot at night, My big round eyes see without light. Who am I?
5. I build my nest in the mud and clay, My name sounds like a place to stay. Who am I?
6. I'm known for my dance in the rain, With a crown of feathers I proudly reign. Who am I?
7. I'm a small bird with a ruby-red chest, In gardens and parks, I love to rest. Who am I?
8. I'm the fastest bird in the sky, Diving for prey from way up high. Who am I?

- ANSWERS
1. Parrot
2. Penguin
3. Flamingo
4. Owl
5. Swallow
6. Peacock
7. Robin
8. Peregrine Falcon
1. Madhya Pradesh
2. United States
3. Madhavi Puri Buch
4. Shikhar Dhawan
5. Bengaluru
6. Goa
7. Cochin International Airport
8. Ranveer Singh
9. Agni-5
10. Ashok Leyland
1. Quiz Time
2. Riddles



This week, we're creating a fun and simple Paper Pig.

What You'll Need:

A rectangular piece of paper (any color).
Tip: If you prefer, you can use a square sheet by cutting a rectangular sheet into a square.

Step-by-Step Instructions:

Step 1: Take a rectangular piece of paper and fold it along the dotted lines to meet the center.

Step 2: Fold along the dotted line as shown in the image.

Step 3: Fold forward along the dotted line.

Step 4: Open the dotted line like a pocket and flatten it.

Step 5: Repeat Step 4 for the other three sides.

Step 6: Fold backward along the dotted line as shown in the image.

Step 7: Fold forward along the dotted line as shown in the image.

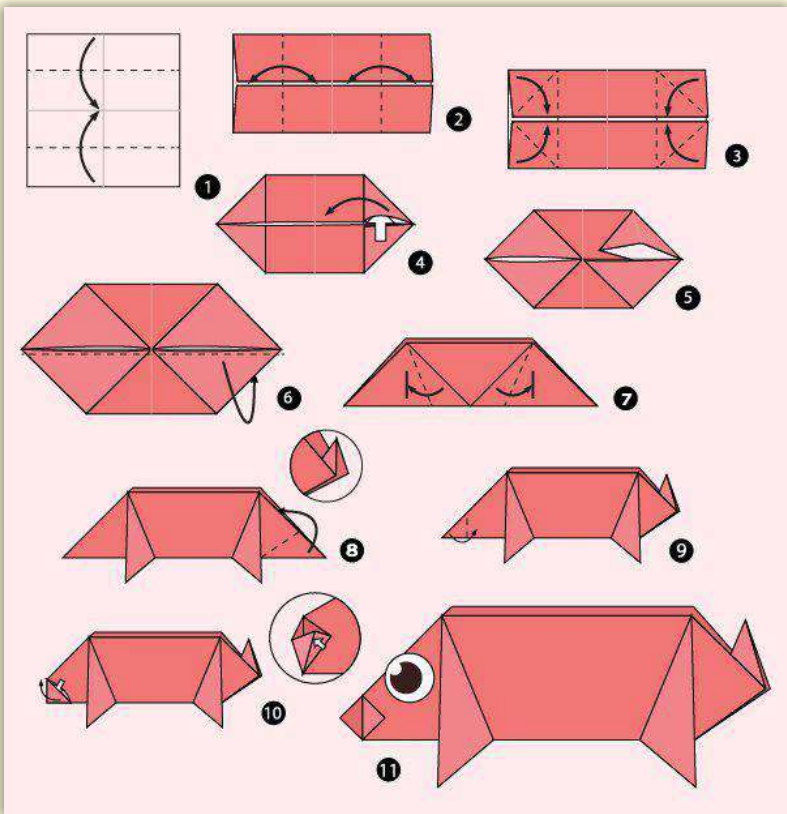
Step 8: Fold the pocket along the dotted line.

Step 9: Fold forward along the dotted line as shown in the image.

Step 10: Open the dotted line like a pocket and flatten it into a square.

Step 11: Draw the eyes and finish your craft!

Enjoy crafting your unique design!



Introducing Our New Column

ARTWORK OF THE WEEK

We invite all young artists to showcase their talent in our weekly e-newspaper, The HULAHUL Times. Submit your hand-drawn artwork to be featured!

CRITERIA

- Age Limit: Up to 24 years
- Artwork Size: A4
- Format: Hand-drawn only

SUBMISSION DETAILS

- Email your artwork to: thehulahultimes@gmail.com
- Subject Line: ARTWORK
- Include: Your Name, Age, School/College Name, and Phone Number

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A Weekly E-newspaper Initiative of the HULAHUL FOUNDATION

THE HULAHUL TIMES

Evolving Today For A Better Tomorrow



TRIBAL STUDENTS EMPOWERED THROUGH SHIKSHA KITS



education since its inception in 2012. The backbone of the Foundation's success lies in its dedicated team and selfless volunteers, who consistently step forward to serve underprivileged communities. Their collective energy, compassion, and action are transforming distant dreams into visible realities one initiative at a time. From logistics to student engagement, the volunteers ensured that every child felt included, cared for, and celebrated.

Educators and Local Leadership United for a Common Cause

Special acknowledgment goes to Teacher Shri Vijay Bilsore from the host school, Z.P. School Katkariwadi Nadgaon (So.), whose commitment ensured seamless execution of the program.

Additional teacher collaborators from the surrounding schools included:

- Shri Mahadu Khodka
- Shri Madhukar Bangar
- Shri Govind Bhala
- Shri Mahendra Khodve
- Smt. Poonam Tarmale

Support from the Gram Panchayat Nadgaon (So.) was also instrumental, with Shri Jaywant Wagh (Pradhan) and Shri Ramesh Wagh (SMC President) offering their guidance and presence throughout the event.

Trustee & Chairman's Words of Inspiration

In a moving address, Mr. Ravi Singh, Trustee and Chairman of HULAHUL Foundation, shared:

"Education is the most powerful gift we can give. With every kit, we are not just providing stationery, we are planting dreams. These children deserve opportunities, and today we take one step forward in that direction."

He emphasized the Foundation's continued mission to reach every corner where hope needs a helping hand.

A Sunday of Service, Smiles, and Shared Hope

As the sun set on this meaningful day, the joy and gratitude of students, teachers, and community members stood as a glowing symbol of the event's success. The children left not only with new school supplies but with renewed hope, pride, and purpose. Through Shiksha Jyoti Abhiyaan, the HULAHUL Foundation once again reminded the world that even the smallest spark can light up many lives, when hearts and hands come together for a common good.

educational kits. Each student was provided with a full set of stationery for the academic year, including : Notebooks, Pens and Pencils, Erasers and Sharpeners, Rulers, Colour Boxes & Drawing Books This thoughtful kit equips the students not only with tools, but with renewed motivation and a sense of belonging in the educational journey.

Leadership That Sparked Change

The success of the event was driven by the tireless efforts of Mr. Durgesh Kumar Dubey, Trustee & Director of HULAHUL Foundation, who personally led and executed the project from concept to completion. The event was graced by the presence of passionate HULAHUL volunteers and social leaders:

- Dr. Kuldeep Sharma, NSS Programme Officer, Hinduja College
- Prof. Dr. Vishal Tomar, M.M.K. College, Bandra
- Dr. Suraj Agrawala, B. K. Birla College

All of them are long-standing supporters of the Foundation, whose regular involvement in ground-level volunteering continues to fuel meaningful change in rural and tribal regions.

The Heart of the Mission: HULAHUL Foundation and its Team

Established with the mission of serving humanity through education, empowerment, and sustainable development, the HULAHUL Foundation has been actively working in the field of rural upliftment, women empowerment, youth development, and value-based

Stationery Kits for a Brighter Academic Year

Despite the event taking place on a Sunday, over 150 students from five different Zilla Parishad schools arrived with excitement and gratitude, ready to receive their

#Notable_Story

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