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## GANDHI'S ETHICS & IDEOLOGY IN MODERN TIMES

**G**andhi is not just a name but an emotion, whose legacy will continue to live for the years to come, not only in books but in practical world as he had a pragmatic approach towards everything. He was not just an ardent politician but a visionary who went far beyond politics to encompass human rights, sustainable development, education, etc. and was always ahead of his time. He further liberated India from the fetters of colonial rule using unorthodox weapons of peace, love, and brotherhood and wanted Bharat to stand on these pillars of human values. He tried to disentrall the Naaris of India from all the abortive customs making them Sabala from Abala.

Mahatma Gandhi underlined the basic need of sustainability and common future by interrogating advanced civilization based on increase of needs and wants, decades before when it was sketched out within Brundtland Commission Report in 1987. Through his book "The Hind Swaraj" he sketched out the risk to common future of humankind caused by relentless quest for more material goods and services. He portrayed the civilization driven by endless duplication of needs as Evil, and characterized civilization in terms of execution of duties, adherence to ethical quality and exercise of restraint. Any approach which puts confinements on passion and greed, and aims at satisfying the basic needs, stay central to the concept and practice of sustainable development. Mahatma Gandhi believed that "Sanitation is more important than independence". He made sanitation and hygiene a fundamental aspect of the Gandhian lifestyle and dreamt of a Bharat where everyone has access to complete cleanliness and water availability, which was the root of the world's biggest cleanliness campaign Swachh Bharat Abhiyaan and Jal Shakti Mission- Har Ghar Jal.

He believed that India should have an inclusive and comprehensive economic policy of its own. The same could be seen in contemporary India. The Indian government has launched Aatma Nirbhar Bharat Abhiyaan which aims to make India a manufacturing hub. Gandhi also promulgated the idea of the swadeshi movement which is directly adapted in today's India as Make in India the project, under which India is aimed to manufacture a huge variety of products on its own, PLI(Production

Linked incentive) scheme of contemporary India is also a brainchild of Gandhi himself. He once said, "That economics is untrue which ignores or disregards moral values." He always wanted India to inculcate its culture in its economy, as per him India's diverse culture is one of its key resources and the same should be tapped for better



growth.

Gandhi promulgated a comprehensive approach to education that is not restricted to academics only. He said, "By education, I mean an all-around drawing out of the best in child and man-body mind and spirit. Literacy is not the end of education not even the beginning. It is one of the means whereby men and women can be educated. Literacy in itself is no education."<sup>2</sup> Not only present-day India but also the whole world now incorporates the concept of comprehensive learning. Gandhi rooted for the idea of accessible and omnipresent education at least till the age of 14; the same concept is adapted in modern-day India in the

form of the Right to Education Act, 2009. He promoted skill-based learning such as learning a vocational skill along with academic education, the same is an essential element of the New Education Policy 2020, This enhances the competency of a student and enhances his/her contribution to the welfare of the country.

One of the key principles of Gandhian legacy, his vision was not just restricted to India but rather the world itself. The concept of Vasudhaiva Kutumbakam was re-iterated by the current Indian Prime minister. Gandhi believed that development would always be incomplete if it does not take every section of the society into consideration. As per him upliftment of the poor and marginalized section of the society is necessary and India is incomplete without it. He was always against the caste system of India and rooted for an equal and inclusive society.

Government is promoting, Sabka-Sath, Sabka-Vikas, Sabka Vishwas which was promulgated by Gandhi decades ago. For Gandhi the concept of an inclusive society was not just restricted to Human beings, he emphasized on the need of sustainable development while considering Flora and Fauna. This concept is now promoted widely not only by India but the whole World itself, it can be seen in the SDG (Sustainable development Goals) of the United Nations. Conservation of biodiversity is one of the biggest challenges India is facing right now. Gandhian aspect of inclusivity is now being implemented by not only India but the whole world.

Disseminating contempt for the past and bestowing with arrogance of the present, looking without the prejudice into the composition of the Gandhian Management, the World is yet to learn utmost important lessons to avoid pitfalls and averting holocaust in the future.

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# AN ESSENTIAL THREAD THAT CONNECTS THE WELLBEING!

Every year, World Environmental Health Day, an action plan of the International Federation of Environmental Health, is observed not only to raise public awareness of the career path and the health hazards that must be discussed, but also to provide a chance for organizations all over the world to collaborate and host events that promote environmental health literacy. Children are particularly susceptible to environmental threats to health because they have lower immunity to infection, are more susceptible to the harmful effects of air pollution and chemical contaminants, and are more likely to be injured at home or at school.

Global warming has been identified as the greatest worldwide health hazard of the twenty-first century, with a particular intensity of weather patterns potential dangers and loss of life caused by malnutrition, as well as increased transmission of vector-borne diseases such as malaria, Dengue fever and excessive heat. If we continue to not take emissions reductions, the amount of migrants moving due to the adverse impacts of global warming and ecological pollution on their livelihood strategies and wellbeing is predicted to rise, especially in Sub-Saharan Africa, East Asia and South Asia.



In the conference in Indonesia in 2011, the IFEH Council proclaimed that "the 26th September 2011 be presumed the foundational World Environmental Health Day." And since, the 26th of September has been designated as World Environmental Health Day, with a specific theme concentrating on an environmental health concern around

the globe. The International Organization for Migration (IOM) supports the UN system's attempts to focus worldwide attention on pressing behaviour required to maintain people and the biosphere nourished on World Health Day 2022, under the theme "Our planet, our health."

WHO has proclaimed COVID-19 a pandemic that has affected a million families. This type of health risk should indeed be brought under control. This is conceivable by empowering people all over the world to preserve ecological integrity and assist one another in rejuvenation. This day is dedicated to the possibility of reinvention in the medical field. The environmental and health workforce was extremely helpful in dealing with global health issues, particularly during the pandemic.

On May 26, 2020, the WHO released the Manifesto for a Healthy Recovery from COVID-19. The WHO has approved a proclamation based on the six core concepts, all of which refer to the same goal. The manifesto's main primary goals are to capture the opportunity to address wellbeing challenges.

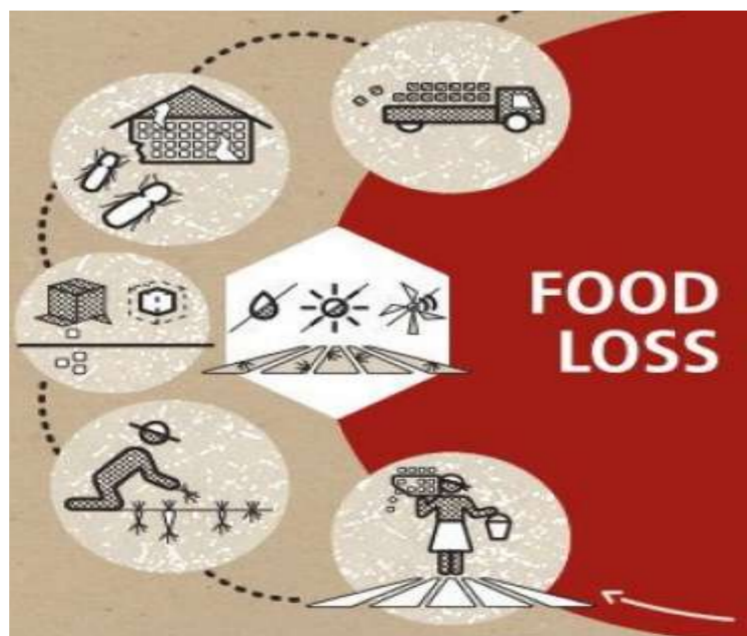
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# INTERNATIONAL DAY OF AWARENESS OF FOOD LOSS AND WASTE

*Respect for food is a respect for life, for who we are and what we do- - Thomas Keller*

On September 29, 2022, the International Day of Awareness of Food Loss and Waste (IDAFLW) will be witnessed for the 3rd time. The IDAFLW will issue a distinct call to action for public and private sectors spanning the food supply chain, as well as customers, to collaborate in order to reduce food waste (FLW) and endorse food and nutrition security.

In many nations, the supply chain for food is on track to surpass agriculture and land use as the biggest donor to emissions of greenhouse gases (GHGs). Food preparation and packaging, as well as transportation and food waste, are pressing the food system to the top of the ranking of global GHG emitters. GHGs are generated at each and every stage of the supply chain, irrespective whether the food is consumed.



Food waste decaying in dumpsites, in specific, produces methane, a powerful greenhouse gas with 84 times the increasing temperatures strength of carbon dioxide over a 20-year period.

An approximated 14% of the world's food is ended up losing between cultivation and wholesaling, with an additional 17% discarded in department stores and at the consumer level. This happens at a time when



811 million people are vulnerable to food insecurity. Food waste and lost opportunity account for 8-10% of global GHG emissions, making a contribution to an unsteady environment and extreme weather conditions such as flooding or droughts. These adjustments have a deleterious impact on agricultural yields, lessen crop nutritive value, destabilize supply chains, and endanger food security. All of this implies that steps to reduce FLW must be taken as

soon as possible.

The sustainable Development goal, particularly SDG 12, target 12.3, calls for significantly reducing poverty and food insecurity per capita at retail and consumer levels, as well as limiting food wastage along the production and supply chains.

With only 8 years to achieve the goal the need for increased action to decrease FLW cannot be overstated. Limiting FLW provides instant climate benefits while also enhancing the overall sustainable development of our food production systems - a necessary transformation to guarantee better planetary and health and nutrition results for both current and future generations.

Covid-19 has revealed flaws in our food production systems and increased the urgency of addressing food loss and waste (FLW), both locally and globally.

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## BROKEN POT



broken pot that friend, you are not sad, today when I return with water, you should see the beautiful flowers blooming on the way.

Saying this, the farmer put the stick on his shoulder and went to get water in the pots. The pitcher did the same, he saw that colorful flowers were blooming all over the way, but due to bursting, his water was continuously coming out. As soon as I came back home, the pot again started apologizing to the farmer – friend, I once again ruined your hard work and only half the pot could bring water.

The farmer laughed after listening to the pitcher and said – friend, maybe you did not carefully look at those flowers. Every flower blooming on the way was smiling seeing you. Everyone's faces were shining on your side. Do you know why? Because you have given life to those flowers. Those flowers have grown up smiling from your spilled water. I knew that your water spills, so I sowed the seeds of flowers all along the way.

Today, because of you, the whole path looks like heaven. People pluck these flowers and offer them to God, all the flowers smile with joy on seeing you. There is no reason for you to be sad, you have given happiness to so many people even though you are broken, this is not your weakness but your strength. The broken pot was very happy to hear the words of the farmer.

There are shortcomings in every human being, and there is always room for improvement. No one is perfect in this world; everyone has some or the other shortcomings. But don't let your shortcomings become your weakness. These shortcomings make a person unique, make the shortcomings inside you your strength.

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It is about those days when there was no water facility in the world like today. People had to go far and fetch water from the river. There lived a poor farmer in a village who used to work hard to earn his livelihood. The farmer used to bring water daily from a distant river. The farmer would wake up every morning before sunrise and tie his two pitchers to a pole and keep the stick on his shoulder and walk towards the river to get water.

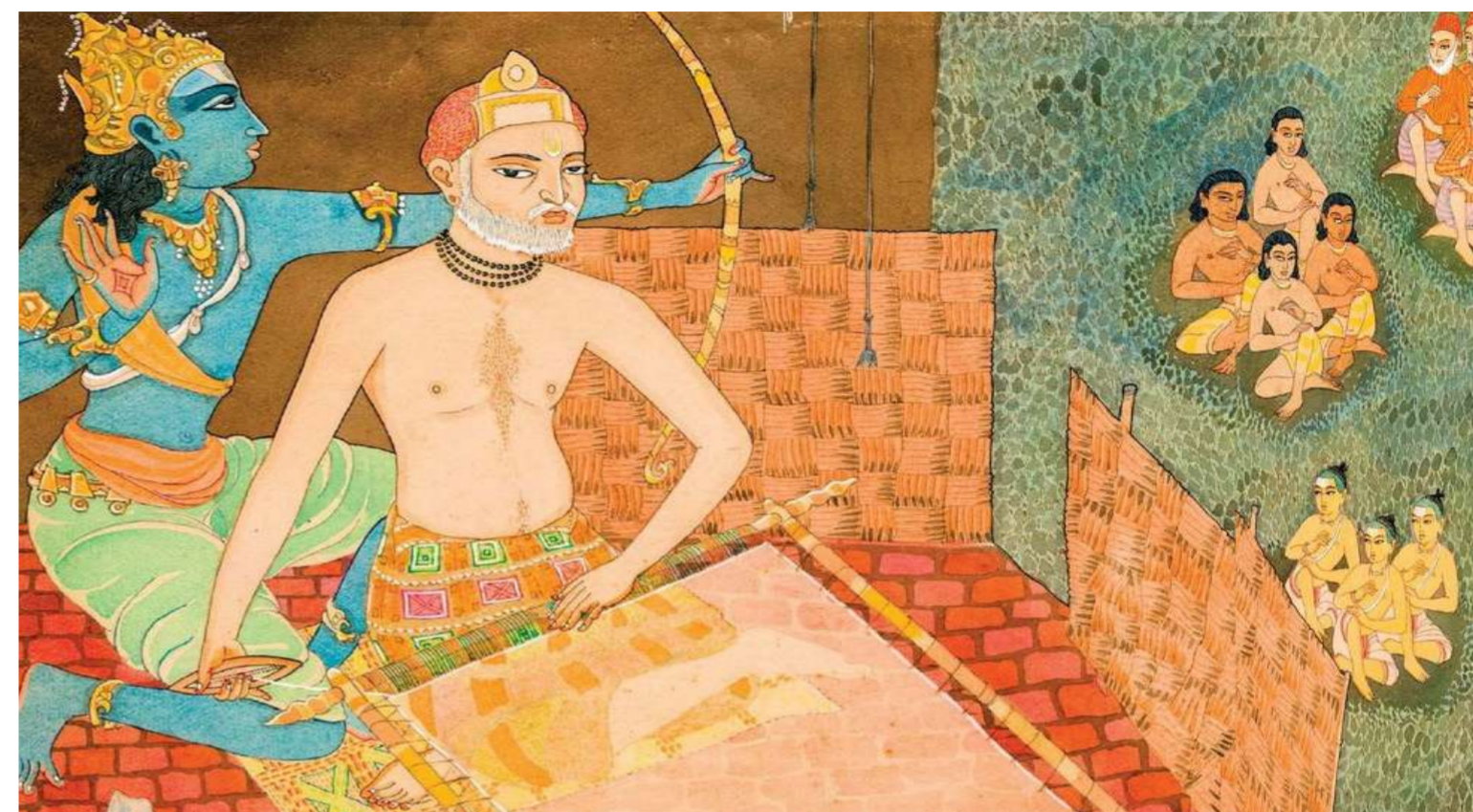
This was the routine of the farmer for the last several years. One of the two pots of the farmer was broken. The farmer would bring both the pots from the river, but on the way home, half the water from the broken pot used to fall on the way. By the time he came home, only one and a half pitchers of water was left with the farmer. But the farmer was never worried about this.

The broken pitcher used to feel very ashamed that the poor farmer wakes up in the morning and walks far and what do I give him in return? I waste half his hard work. On the other hand, the second pitcher used to feel proud of himself that I bring full water and do not let the hard work of my master go to waste.

As usual, one morning as soon as the farmer started carrying both the pots, the broken pot said in a very compassionate voice - O friend! I am very ashamed of myself. How hard you work every day and I spill water half way, I'm sorry.

The farmer was also very sad seeing the condition of the pot, he said to the

## SIN BY CHARITY



There is an incident in the life of Kabir Das ji. Saint Kabir used to weave clothes to earn his livelihood. Once in the afternoon, when Kabir Das ji was engaged in weaving clothes, a beggar came to his door. The beggar seemed very hungry and thirsty.

Kabir Das ji felt great pity on seeing the beggar and he made him drink cold water. The beggar was hungry for many days, so he asked Kabir to eat something. At that time Kabir Das ji did not have any food material.

After thinking something, Kabir Das ji said that my friend, I do not have food to feed you, you take this ball of my wool and sell it and arrange food for yourself.

The beggar went away with a ball of wool. On the way he saw a pond, the beggar took out a ball of wool and made a net out of it and started trying to catch fish from the pond. Incidentally, there were a lot of fish in that pond, so many fish got trapped in its net. Now that beggar kept on fishing till the evening.

After collecting enough fish, they were sold in the market. Now that beggar used to go to the pond daily and catch a lot of fish with the wool net. Slowly he made fishing his business. Now he also bought many good quality nets. While doing this, one day he became a very rich person.

One day that beggar thought that why not go to meet Saint Kabir and thank him because today I have become rich because of him.

When that beggar went to Kabir Das ji, he brought gold, silver and gems with him. He brought all the gold, silver and gems at the feet of Kabir ji but Saint Kabir could not recognize that beggar. Then that beggar reminded the whole old thing that because of your wool balls, I have become so rich today.

On hearing his whole story, Saint Kabir was very sad and said that you have committed a sin by snatching their lives from so many fish and because all this has happened because of me, I have also become a participant in half your sin.

He returned the gold, silver and gems given by that beggar to Sant Kabir and exhorted that beggar to repent after doing virtuous deeds.

We should help the helpless people. Donating is the biggest virtue, but this virtue is valid only when your donation is used in good works. Charity given for bad deeds is also like a sin and the giver also becomes a participant in that sin. Donate but thoughtfully so that your donation is not misused.

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## LADY MEHAR BAI TATA – THE PILLAR OF MODERN INDIA!

For over 150 years, the Tata's have been involved in nation-building. Many of them motivate and enflame us, to take serious measures in our personal lives. Among these stories is the story of Lady Mehar Bai Tata, who played an important part in the survival of Tata Steel. Lady Mehar Bai's contributions to the prohibition of childhood marriage and promoting women's gestures in India and around the world provide us with much encouragement.

Lady Meherbai Tata was born in 1879 and rose to prominence as a fiery campaigner for women's rights in India. She was a powerful, knowledgeable and accomplished lady who was also an avid sportswoman and a talented piano player. She was discussed on the landmark legislation that made child marriage unfair in India. It was known as the Sarda Act, and it was enacted in 1929. Lady Tata preached this progressive and radical change throughout India and abroad, as well as against caste discrimination and the parda system. She was a strong supporter of women's education in the country and one of the founders of the National Council of Women.

The Child Marriage Restriction Act, also known as the Sarda Act, was passed in 1929, in large part due to pioneers of the Indian women's movement such as Lady Meherbai Tata. Lady Tata not only advised on the Sarda Act, but also actively promoted it in both India and abroad. She presented a case for the Hindu Marriage Bill at a university in Michigan on November 29, 1927, as a member of the nascent women's organizations of the moment, such as the National Women's Council and the All India Women's Conference — two days after she and her husband Sir Dorabji Tata met then-US President Calvin Coolidge at the White House.

The bill, regrettably, could not manage to pass until September 28, 1929, and it would not have been conceivable without the potential of female leaders like

Lady Tata to persuade Indians as well as build diplomatic pressure. Due to the lack of female members in Legislative assembly, it was challenging to pass the Sarda Bill in 1930. Lady Tata's valuable work for the Sarda Act was just one component of her vast contribution to Indian female empowerment.



Amidst marrying into a wealthy family, she maintained active contact with all facets of society. One particular incident is particularly intriguing. When she learned that women in a poor area of Mumbai's Byculla were struggling to find food due to riots, she provided to serve as a food and vegetable vendor herself, together with some of her female colleagues. The mayor declined her request, stating that his team and he did not think it was appropriate for renowned ladies to sell food. Lady Tata replied quietly and dignifiedly, 'We ladies did not come here to be elegant; we came here to be beneficial.'

Her actions and opinions were strong willed. Her name is a powerful tribute to this: Meherbai. H.J. Bhabha, her father was a professor and prominent educationist based in Bangalore and then Mysore, was key in exposing her to liberal Western values. But when he wanted to modify her name in a Western way, she drew the line.

He wanted her to spell her name in its anglicized form, 'Mary,' when she was in school in Bangalore. She avoided, walked up to her father, and demanded that he keep her name in its classic Persian form, 'Mehri,' which was later shortened to Meherbai.

This profound pride manifested itself in various ways as well. Meherbai enjoyed playing tennis and became quite skilled at it. In fact, she won over 60 tennis tournament awards. She was the first Indian woman to be selected to compete in the mixed doubles event at the 1924 Olympics

in Paris. What is most remarkable and unusual about her is that she wore the Parsee saree to all of her tennis matches, perhaps out of honor in her country and possibly to convey a message to the British, who ruled India at the period.

One of the most interesting stories about this inspiring woman involves a beautiful diamond she once owned and later gave away. The Jubilee diamond, at 245 carats, was double the size of the famous Kohinoor and was purchased for her by her devoted husband. However, in the 1920s, Tata Steel (then known as TISCO) faced a major economic meltdown and was on the verge of bankruptcy. To deal with the crisis, Dorabji Tata and Meherbai pledged the Jubilee diamond, which was part of their personal treasure, to Imperial Bank in order to raise capital. This resolved the issue and Tata Steel continued to thrive. The proceeds from the sale of this diamond were utilized to establish the Sir Dorabji Tata Trust, which has been at the leading edge of many humanitarian initiatives in India.

Meherbai Tata was an influential member of the Indian Red Cross Society all through World War I and played a cheerful part in raising donations. In 1919, she was appointed a Commander of the British Empire by King George V in acknowledgement of her contributions to women's advancement and military efforts.

Meherbai Tata died of leukemia in 1931, after a valiant battle with the devastating disease. Sir Dorabji Tata established a Trust in her remembrance to promote cancer research. This cancer-fighting mission resulted in the establishment of the Tata Memorial Hospital in Mumbai in 1941.

'She died as she had survived, operating bravely for the purpose of the women and the nation, which she adored and delivered very well,' her gravestone interprets.

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## IS AN INEFFECTIVE EDUCATIONAL SYSTEM CAUSING PROBLEMS FOR YOUNG CHILDREN?

It's never too early for youngsters to begin learning, especially with parents so focused on preparing their children for success. To achieve the best results, however, early learners require extra attention. Unfortunately, our educational system is not yet designed to meet the requirements of our youngest pupils. The mind of a youngster is 90% formed by the time they turn five.

When teaching children to read, write, and perform math, there is frequently a rush to return to more formal modalities of learning. This frequently results in a one-way flow of knowledge and a focus on memorization, which denies young kids the opportunity to think creatively.

The National Education Policy (NEP) of 2020 established criteria to improve the appropriateness of early learning activities. For the first time, young children older than three were included in early childhood education.

Augmented reality (AR) might be the answer, assisting young children in better understanding abstract and spatial ideas. AR technology might make learning in two dimensions into a fully immersive 3D experience. The student might be shown how to construct a machine in a more complicated module. Additionally, AR technology gives the youngster real-world experience, which helps the lessons stick.

Moving forward, it is imperative to put teacher development on a regular schedule, vernacular language translation of the curriculum, and the creation of portable digital modules with online and offline accessibility at the top of the list. Making sure that no child is left behind should be the main priority as the curriculum changes.

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## A SCHOOL IN VRINDAVAN UTILISES BULLOCK CARTS RATHER THAN SCHOOL BUSES IN AN EFFORT TO SAVE BULLS AND INSTILL SANATAN VALUES

Sanatan or spiritual knowledge is taught to students at the Sandipani Muni School in Vrindavan alongside modern schooling. Despite the changing times, this location continues to advance its resources for every service. Students in this location ride bullock carts to school. Every day, these bullock carts transport female students from their homes to the school and back again. This method has been available for free for the past 15 years.

According to Deepika Sharma, principal of Sandipani Muni School, the main motivation for this initiative is to safeguard bulls because they were neglected while most people used cow milk. She describes the Hindu philosophy, which upholds the right to life for all creatures.



to the girls at this place without charge. The school makes preparations for meals in the afternoon, as well as for school clothes and kid transportation, all of which are free. In these vehicles, youngsters continue to chant Hari Naam both on the way home from school and on the way to school.

According to the school, these kids have preserved their culture by following Sanatan's path while receiving great joy from chanting Hari Naam.

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She claimed that all amenities are offered

## HP WILL EQUIP 2000 DIGITAL CLASSROOMS IN INDIA'S PUBLIC SCHOOLS



HP India today stated that it would enable up to 2000 digital classrooms as part of the HP ALFA (Accessible Learning for All) project, continuing the company's commitment to improving options for online learning. For pupils in Classes 9 through 12, these digital classrooms will be set up in government and government-aided institutions across 17 states.

The project is in line with the objectives of the Government of India's New Education Policy (NEP) – 2020 vision. The classroom learning programme will use the DIKSHA course content and curriculum from the National

Council for Educational Research and Training (NCERT).

Additionally, the project will provide training for teachers in every school, giving them the tools they need to employ technology-led instruction to better incorporate it into the classroom and engage kids in their learning. Additionally, the project will consider collaborating with certain state boards and private content suppliers to use their designated course materials content in local languages in a few key spots.

In addition to academics, the initiative will make available to students other government of India recognised programmes and courses on EDP (Entrepreneurship Development Program) to support their learning in accordance with the criteria.

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## REGIONAL RURAL BANKS IN THE CENTRE MAY BE COVERED BY GUARANTEES TO ENCOURAGE STUDENT LOAN BORROWING

In an effort to encourage banks to disburse more education loans, the Centre is seriously contemplating including regional rural banks (RRBs) under the Credit Guarantee Fund Scheme for Education Loans (CGFSEL).

Without any collateral security and third-party guarantee, the CGFSEL covers default in education loans up to Rs. 7.5 lakh. The fund currently offers guarantee coverage against default for education loans approved by governmental, private, and international banks. The Center assessed the growth and disbursement status of education loans by public sector banks on August 25.

of their FY23 education loan target of Rs 20,450 crore. As per the most recent information available, the sanction amount under the guarantee cover was Rs 19,175 crore for FY21. Due to an increase in subprime loans in the category, banks have drawn attention to the poor growth in student loans.

Up until July of this year, 7.82% of all outstanding student loan balances were categorized as hazardous loans. Nirmala Sitharaman, the minister of finance, stated last week that sponsoring banks should pay more attention to RRBs and that they require a lot more assistance with digitalization.

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Up till June of this year, state-controlled banks had reached about 9%

## LOST FORTUNE OF MARK ZUCKERBERG!




**M**r. Mark Zuckerberg who was the third richest man in the world who has now slipped down to the twelfth position. He was the one who gave a new dimension to the social media industry and is now the face of tyranny. How did this big turn come his way and what are the possible reasons for his current constraints?

### Zuck Run Out of Luck!

In July 2021, Zuckerberg was touted to become the world's richest man with a net worth of \$142 billion which was just third in the line to the top, but the fortune wheel turned against him and he lost more than 50% of his wealth in just nine months. In 2010 a biopic made him a sensation, an outlier Harvard dropout with a stolen intellectual property and compensated for it giving the world a platform to connect with their friends, relatives and also find them their love, opportunity it was a medium that even helped small businesses. Facebook was an instant hit as the youth moved from Orkut and High five idolizing him, and was also a generous donor who along with his wife had made several donations.

### Was Facebook the Reason?

Facebook was a platform to connect people across the globe, soon it started to develop a dark side. It began sharing user data illegally fighting with consumers over privacy. It began acquiring apps like

WhatsApp and Instagram silencing free speech and spreading hate. Facebook depended more than 90% on its advertising revenue but lately more than 500 advertising agencies had boycotted Facebook Claiming that it spreads hate and racism.

### Wad Facebook Unable to Face Competition?

In 2021 meta reported a decline in profit the shareholders were panic selling it lost \$300 dollar investors in a day. This was on the third day of February 2022. The platform closed in 2021 with less than \$2 billion users as against 9.3 billion earlier. People have switched their use from Facebook to Instagram which may not be a matter of concern to it but what actually concerns it is Tik Tok. Tik Tok registered it billionth user in 2021 which was just 4 years after its launch when compared to WhatsApp who registered its billionth user after 7 years. Currently Facebook market cap is under \$475 billion and Zuckerberg's wealth which was more than a \$200 billion in a decade has now fallen to \$76 billion he has lost more than \$50 billion in the first four months of this year. Reports also say that changing the name from Facebook to meta they must have changed the privacy policy instead because that's what the youth and the time demanded.

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## HOW A PEN DESTROYED MORE THAN 5 BANKS

**V**ikram Kothari is now a new entry in the list of absconders which include Vijay Mallya, Nirav Modi, Mehul Choksi. Mr. Vikram is the owner of a pen manufacturing company named Rotomac.

He is been alleged to have taken a loan of more than 5000 crore rupees from more than five banks and has absconded now. Vikram is also related to a Pan Masala making company named Pan Parag which was started by his father late Mansukh Bhai Kothari in 1978. After his death his entire business was distributed among his two sons Deepak Kothari (Pan Parag) and Vikram Kothari (Rotomac).

### Pre - Depression Performance

Vikram Kothari had endeavored to his best in order to grow his business he also made film stars like Salman Khan the brand ambassador of Rotomac pens for which he had taken a huge amount of credit, but unfortunately his efforts failed and he fell into a debt trap.

### Gross Loan

Numerous figures and amounts have been shown up in recent times few reports claim that Mr. Kothari had initially taken a loan of rupees 3000 crore which currently amounts to 4000 crore rupees inclusive of all the interest, contrary to these few reports say that he took the first loan from Allahabad Bank and including the other banks an aggregate of 5000 crore. At present Mr. Kothari owes 1400 crore to Indian Overseas Bank, 139 crores to Bank of India, 600 crores to Bank of Baroda, 485 crores to Union Bank and 352 crores to Allahabad Bank.

### How did he get so many Loans?

Despite bad business performance, how did he get so many loans? Good amount of assets and goodwill made by his late father helped him fetch such a huge amount of loans from more than 2 banks.

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### One Man Show

Reports show that the 26,143-crore business which has four companies was run by one employee having same address for all four companies and the entire business was run in a 1500 square feet hall. According to a report the group of companies who were doing business with Rotomac was owned by the CEO Rajeev Kamdar's brother Praful Kamdar Rotomac produced and sold goods to these companies on paper, which ultimately means companies which were making the pen only purchases it.

### Bank Affirmation

The Branch manager of Union Bank Mr. P.K Avasthi has said that Vikram Kothari has taken a loan of 485 crore which he didn't return for which NCLT (National Company Law Tribunal) has ordered proceedings against him and also claimed that his property may also be seized if needed. The Branch manager of Allahabad Bank Mr. Rajesh Gupta proclaimed that if Mr. Vikram Kothari does not repay the loan, then the money will be recovered by selling off his property in Kanpur. Reports also highlighted that the statistics that have come out are of only five banks; there may be many more banks who may have not disclosed the fraud yet.

## FACEMASK: AN INSTANT VIRUS DETECTOR



Scientists have discovered facemasks which can detect common respiratory viruses within 10 minutes. The masks are extremely sensitive and hence can detect specific viruses present in the ambient air via their mobile devices within 10 minutes. Yin Fang, the study's corresponding author and material scientist at Shanghai Tongji University states that they at the university wanted to create a mask that could detect the presence of virus in the air and alert the wearer which led to the discovery of this mask. The masks work well in spaces with

poor ventilation, such as elevators or enclosed rooms where there is a high risk of getting infected. In future, if a new respiratory virus emerges, the sensors can be easily updated for detecting the novel pathogen. Fangs says that the doctors currently have been extensively relying on their experiences in diagnosing and treating disease. But the diagnosis of the infection will become easy with the help of the newly discovered mask. He also further said that their team hopes to shorten the time of detection and even further increase the sensitivity of the sensors by optimizing the design of the polymers and transistors. They are also venturing on wearable devices for a variety of health conditions including cancers and cardiovascular diseases.

## BANKING AT THE RURAL DOORSTEP



Institute for Development and Research in Banking Technology (IDRBT) an arm of the Reserve Bank of India (RBI) has achieved a milestone by developing a low-cost financial network to take banking to the rural areas. Now even people from remote hilly and forest areas without satellite signals will be able to access banking services. D. Janakiram, Director of IDRBT stated that they are the first in the world to develop this network based on (Long Range Radio technology (LoRa). This is a wireless modulation technique that allows long range communication using chirp spread spectrum. It also limits interference from other devices as the dedicated radios are not usually present in the end-user devices. This new technology ensures better safety from cybercrimes. At a minimum cost of only

30,000 rupees, a 30 mile connectivity of banking transaction can be achieved with the setting up of three nodes. It is estimated that the Lora financial network is 20 % cheaper than alternative network technologies. It involves almost no maintenance and portability of devices. As per the information by Mr. Janakiram, they are looking for banking partners to introduce the system to some villages and it will probably come into effect formally by the end of this year.

## GOVERNMENT, PAVING WAY FOR POLLUTION FREE WINTERS



As a measure to curb air pollution during winters due to stubble burning, the Central government had asked various states to chalk out a comprehensive micro-level plan and promote use of bio-decomposers. As a solution to it a bio-decomposer spray is being manufactured at the Indian Agricultural Research Institute (Pusa) This bio-decomposer spray will turn paddy stubble into manure. 21 teams constituted by the Delhi government will be spraying this bio

decomposer across the paddy fields in national capital from October 1st. The government will be spraying it free of cost in all basmati and non-basmati paddy farms in Delhi. The stubble burning in the capital contributes less than 1 % of the overall pollution in the city. It will also be sprayed in the fields of Punjab. The Delhi and Punjab governments have joined their hands to use this decomposer. This is a microbial solution that can decompose paddy straw in 15 to 20 days. The farmers however have demanded a cash incentive from the Centre, as it will help them cover the cost of fuel used in operating the machinery for the in-situ management of paddy straw. As per the officials of the Punjab government, the Centre rejected the proposal saying that it has been providing subsidized machinery to farmers, for the in-situ management of paddy and that it didn't have money to dispense cash incentives.

## PLEDGE STAKE WORTH \$13BN BY ADANI GROUP



The headed by Gautam Adani led group has encumbered its 63.15% stake in Ambuja cements and 56.67 % stake in ACC to the Hong Kong Branch of Deutsche Bank AG. Adani has plans to become the most profitable manufacturer of cement by doubling the cement manufacturing capacity to 140 million tonnes in the coming 5 years. Due to the multifold rise in the demand for cement in India the infrastructure creation push there will be a significant margin expansion in the economic growth. These two firms are acquired by Adani through a Mauritius based Endeavour Trade Investment Ltd (ETIL). Adani group founder and Chairman, in his speech to mark the completion of the

historic acquisition said that their entry into the business is happening at the time when India is on the verge of one of the greatest economic surges seen in the modern world. At present Adani group is the world's largest solar power company with an investment of \$70 billion in clean and green energy. It also is the largest airport operator in the nation with 25% percent of passenger traffic and 40% of air cargo. The company also happens to be the largest ports and logistics company in the country.

## IN LIV GOLF, ANIRBAN LAHIRI IS CURRENTLY FOURTH



**A**nirban Lahiri of India recorded a second excellent round of 5-under 65 to go along with his opening round 66, moving him up to fourth place at the LIV Golf Invitational Series competition. Joaquin Neumann, another newcomer like Lahiri, finished second with rounds of 64-65. Lahiri was 9-under and three strokes behind leader Talor Gooch (63-65). In third place was Dustin Johnson (67-63). After a first round without a bogey, Lahiri, making his LIV debut, had seven birdies and two bogeys. Gooch shot a 5-under 65 to enter the final round at The International's Oaks Course with a one-stroke lead at 12 under. Following his 7-under

63, Johnson, the captain of the 4 Aces, was in solo third place at 10 under. Joaquin Niemann, the Torque GC captain who matched Gooch's 65 and was at 11 under, was sandwiched between. The 4 Aces GC has won two straight team championships, but in the first three LIV Golf competitions, no individual champion has been crowned. In the team standings, Phil Mickelson's Hy Flyers GC was three strokes behind 4 Aces GC at 22 under, and Iron Heads GC was a further stroke back. Gooch and Johnson both had top 10 finishes in each of the first three competitions, and they were in good enough shape to continue those streaks. Niemann missed several short putts, including two lip outs on consecutive holes, despite having opportunities to go lower. Nevertheless, since joining LIV earlier this week, he's gotten along just fine. Players will be permitted to wear shorts during competition rounds starting right away, LIV Golf announced on Friday night. Many of the 48 players used the new rule to their advantage and wore shorts.

## INDIAN FOOTBALL RETURNS TO ACTION AGAINST SINGAPORE

**T**he Indian football team will return to action on Saturday, taking on Singapore in a three-nation friendly tournament in Ho Chi Minh City, after months of federation politics, allegations and counter-allegations, uncertainty over the future of the chief coach, and the risk of being an international pariah. Given the goings-on within the All India Football Federation, the focus in Indian football has largely been on off-field matters since May. With a new body in place and the technical committee extending coach Igor Stimac's contract until the end of the Asian Cup, India can finally begin preparing for next year's continental championship. However, it begins in a less-than-ideal situation. Despite the fact that the majority of the players have had a proper pre-season with their clubs, India enters the match against Singapore slightly under-prepared, having only had one full training session under Stimac before travelling to Vietnam. To compound matters, defenders Sandesh Jhingan and Chinglensana Singh are unlikely to play against Singapore. Due to travel document issues, the two did not accompany the team and only boarded a 3 a.m. flight on Friday. Stimac is likely to rest Jhingan, a key centre-back, on Saturday and start him against Vietnam on Tuesday, a team which reached the 2019 Asian Cup quarter-finals. India last played Singapore ten years ago, and while Stimac was confident of winning, he was cautious, emphasising the South East Asian side's progress in recent years. This will be India's first match since their successful campaign in the AFC Asian Cup Qualifiers in June, where they played three matches and finished with a perfect record. While India is expected to beat Singapore, their next game against Vietnam will be a test of how far the team has come in the last few years under Stimac.



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## WITH 19 MEDALS, INDIAN ATHLETES SHINE AT THE MARRAKECH PARA ATHLETICS GRAND PRIX



**O**n his way to gold in the Marrakech Para Athletics Grand Prix in Morocco, Paralympic Games silver medalist high jumper Nishad Kumar set a new Asian record, while Neeraj Yadav set a new National Record. On the final day, Neeraj won the gold medal in the discus throw F55/56 category, giving India a total of 19 medals: eight gold, eight silver, and three bronze. Nishad won silver, breaking the previous record. In the javelin throw F46 category, Ajeet Kumar won gold, while compatriot and two-time Paralympic gold medalist Devendra Jhalaria took silver. Ramsinghbhai Govindbhai won gold in the T42 long jump, as did Vinay Kumar Lal in

the 400m men's T20/35/36/44 and Deepthi Jeevanji in the 400m women's T-13/20/37. Shiek Abdul Kadhar won the 100m T46 race, and Neeraj Yadav won the Discus Throw F56. Ajit Kumar Panchal won silver in the Discus F52 category, while Hokato Sema won silver in the shotput F57. Silver medalists included Anil Kumar (100m T54), Shailesh Kumar (Long Jump T42), and Mohd Yasser (Shot put F42/43/44/46). Shailesh Kumar (High Jump T42/47), Fathima Khatoon (Discus F56), and Ranjeet Bhati (Javelin F57). Nearly 120 track and field medal events were held at the Grand Stadium de Marrakech, with many local stars in attendance. Morocco hosted a World Para Athletics Grand Prix for the first time in the sport's history.

## DEEPTI SHARMA RUNS OUT CHARLOTTE DEAN IN HER DELIVERY STRIDE, GIVING INDIA THE THIRD ODI VICTORY



**D**eepthi Sharma ran out a well-set Charlotte Dean in her bowling stride to give India a controversial win in the third One-Day International. India were bowled out for 169 runs in an evenly contested low-scoring match thanks to some excellent bowling from the English bowlers. Kate Cross was the pick of the bunch, taking four wickets for 29 runs in her ten overs and destroying India's top order. Smriti Mandhana and Sharma's fifties helped the visitors steady the ship and reach a respectable total. England had a slow start chasing 170 to win, but Renuka Singh decided to join in and take out the top order batters with a fiery spell of bowling. She was joined by the retiring Jhulan Goswami, who picked up two wickets to compound the

hosts' woes. Dean and Freya Davies were approaching the target with only one wicket remaining. However, during the 43rd over of the match, Sharma decided to run out Dean while she was in her delivery stride. This was met with boos from the crowd, but the third umpire called it. Running out the non-striker is now legal, according to the ICC's new rules. Sharma's actions will be widely discussed in the coming days as India celebrates a clean sweep of England and bids farewell to Goswami.



## EXPERT



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## FAQs ON STRESS MANAGEMENT

### Q1. Professionalism makes a big difference in career, really?

**Ans.** Professionalism is a powerful quality. It permits you to accomplish your responsibility to the best of your capability. It helps you to make an impact on your career and gives you a deep sense of contentment and self-esteem. Your learning ability and adaptability makes a lot of difference in your profession. Professionalism is not the job you do, it's how you do the job, is a famous verse elucidated well by Shiv Khera, a renowned author and management guru. Professionalism includes a variety of personal qualities and behaviours that reveal dedication to effective performance in a given profession. Let me share characteristics of Professionalism (A to Z!):

- **Appropriateness:** Considerably big part of being professional is about knowing that what's appropriate in different situations and how to present you.

- **Buoyancy:** Well-founded confidence reassures and motivates other people, boosting your ability to influence and lead.
- **Competence:** As a professional, your competence is the key to success. Your abilities match the requirements of your role, and you often produce excellent results.
- **Determination:** Your ability to stick to right decisions will determine your success. Right decision is the basis of success, determine to stick to it!
- **Eagerness:** Use your eagerness to tap experiences to learn, grow and open up opportunities which will help in career path.
- **Faith:** Unconditional faith on your ability is important for professional success. Faith is trusting that the rest of path will reveal itself in time...if you keep moving forward!
- **Goodness:** Professionalism involves practicing unconditional goodness. Basic goodness practices involve free your heart from hatred of people and free your tongue from investigating into their nobility.
- **Humility:** There are two sides to success humility and vanity. Humility in the place of work includes values, benevolence, accountability and the ability to maintain open communication.
- **Integrity:** Professional integrity is the practice of maintaining proper ethical behaviour. It is the practice of showing strong adherence to moral and ethical principles and values such as sincerity, reputation, reliability and dependability.
- **Judicious:** Professional competence is the habitual and judicious use of communication, knowledge, skills, emotions, values etc.
- **Knowledge:** Professionalism involves developing complete, up-to-date knowledge. At every phase of your profession you need to keep on adding up to your knowledge to master your role.
- **Loyalty:** Loyalty is the faithful obedience to an organization and the employer which is a powerful factor influencing professional success.
- **Meticulousness:** Professionalism involves being reliable, setting your own high standards, and showing that you care about every aspect of your job.
- **Neatness:** Another essential aspect of professional behaviour is maintaining a formal appearance with cleanliness and good hygiene.
- **Optimism:** Optimism must become action and strategy and is enriched by a sense of responsibility: The power of a smile and optimism can not only change our life, but it can positively influence those around us both in our professional life and personal life.
- **Productive competency:** The ability to take initiative,

maintain effective work habits to prioritize, to plan well and manage work to produce high quality results and project a professional presence.

- **Quiet-professional:** Quiet professionals push away the rationalization and focus on the hard truths with clear eyes. They recognize the right action and do it, they stick to the path of righteousness.
- **Respect:** Professionalism means being a role model for politeness, good manners and true to their word
- **Skilfulness:** To be successful in profession there is no shortcut. We have to become better, stronger, and more skilful to handle pressure. Learning new skills is essential to advancing your career; focus on re-skilling and up-skilling.
- **Trustworthiness:** A professional can offer higher performance, when trust is equal to commitment. Trustworthiness is a professional competency.
- **Uplifting:** Great leaders know that they won't have a happy and motivated team unless they themselves exhibit a positive attitude to uplift them.
- **Value-driven:** value-driven professionals are obsessed with giving value in their work and in their relationships.
- **Wisdom:** Professional success requires hard work, but also the willingness to listen to good advice is a skill that can make or break a career, which we call professional wisdom.
- **Xenagogue:** Xenagogue, xenogogic From Greek, to lead, leading which is an essential skill to manage team or contribute for team synergy.
- **Yearning for success:** Just yearning for success will not make one successful. So, yearn for doing the right thing in the requisite way, Success will automatically follow.
- **Zeal:** Zeal, in whatever we do in life, is essential to success. At least to be successfully happy.

Everyone has a unique style of these characteristics which becomes their signature move. By finding ways to strengthen each of these A-Z attributes mentioned above, you can become confident to act professionally wherever you are working. Professionalism involves constantly accomplishing high standards, both in the profession and the way you conduct yourself. Yes, the power of professionalism makes a great impact on career! A strong professionalism with enhanced life skills will help you a lot to climb career ladder, all the very best, Stay blessed.

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# QUIZ TIME

1. What is the maximum payment transaction size for "UPI Lite"?
2. Which Union Ministry launched the "Swadesh Darshan" programme?
3. Criminal Procedure (Identification) Bill is related to which Union Ministry?
4. What is the projected growth rate for the Indian economy from 2022 to 2023 according to the most recent edition to the Asian Development Outlook (ADO)?
5. Which animal is the subject of "Maya," which was featured in the news?
6. Which state has a website called "CM Da Haisi" (Inform to CM) launched?
7. Which nation's new capital is named "Astana"?
8. The "Global Fintech Conference" will be held in which Indian city in 2022?
9. Which state has declared plans to create a state-level organisation like to NITI Aayog?
10. The first Indian to take home four medals from the World Wrestling Championships is who?

## GUESS

### The Disney Movies

1. 
2. 
3. 
4. 
5. 
6. 
7. 
8. 
9. 
10. 

- Answers**
1. Rs 200
  2. Ministry of Tourism
  3. Ministry of Home Affairs
  4. 7.0 %
  5. Wild Arctic wolf
  6. Manipur
  7. Kazakhstan
  8. Mumbai
  9. Maharashtra
  10. Bajrang Punia

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1. Aladdin
2. Frozen
3. The Little Mermaid
4. Pinocchio
5. The Princess and the Frog
6. Cinderella
7. Up
8. Mulan
9. Toy Story
10. Dumbo

## ANSWERS