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Initiative by HULAHUL Foundation

MEASURES TO PROTECT BIODIVERSITY ACROSS THE WORLD!

FULABUL Times

ur Earth is a great place, but it requires our assistance to survive! This is why, on April 22, over a billion people worldwide commemorate Earth Day to safeguard the globe from threats like erosion and degradation.

It may be difficult to believe that prior to 1970, a firm could blow black clouds of harmful smoke into the air or pour tonnes of toxic trash into a nearby creek and do it legally. They could never go to court to halt it. As there was no Environment Protection Agency and no Environmental Quality Act. There have been no regulatory and compliance safeguards in place to protect our surroundings.

The first Earth Day was observed in 1970, when a Wisconsin senator coordinated a public rally to raise knowledge about environmental challenges. Rallies were held around the country, and by the end of the year, the United States government had established the Environmental Protection Agency. By 1990, Earth Day was observed in more than 140 nations around the world.

The concept of environmental preservation was not novel. Researchers, journalists, and nature enthusiasts had advocated for the preservation of the wilderness. Their activities resulted in the creation of the national park system as well as organizations such as the Sierra Club and the Wilderness Society. But it was Rachel Carson's 1962 book, Silent Spring that brought the environmental message home to Americans. It forewarned people about the terrible consequences of chemical contamination and resulted in the enactment of and high school colleges and universities.

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April 22 is also ARBOR DAY, with its attention on forest conservation, has mostly been replaced by Earth Day. Even though the celebration of Earth Day has lacked



several of its initial enthusiasm, it has grown significantly in popularity over the last thirty years. Over 300,000 people gathered at the Capitol in Washington in 1990, while 200,000 assembled in Boston, 500,000 in New York City, 100,000 in Chicago, and 50,000 in San Francisco. The 20th century commemoration of the occasion that existence at stake. Researchers are calling on everyday people to stand strong and band together just to inform the community, educate the population about climate and act to create constructive and long-term improvements to protect the planet on which we all live. Earth Day is a concept, not a particular day.

Various programmes help us to reach our goal of teaching environmental literacy to 10 million adolescents by 2026. A youth conclave of five nations hosted by the Earth Day Network Organization featured new solutions for greening campuses and neighborhoods. The finest methods are documented in an eBook called Dialogue to Action.

EARTHDAY.ORG, in partnering with community sponsors, hosts roundtable talks all across the country to investigate why environmental protection does not translate to ecological sustainability. These take place in major cities, rural communities, and remote regions. Educational researchers, administrators, NGO members, government leaders, and pupils are among those who will take part.

Over 91,000 animal species and 45,000 plant species survive in India's mountain ranges, jungles, oceans, streams, and other water bodies, and in its deserts. There is indeed a threat to humanity, and immediate action is required to safeguard them. Almost 1,000 species from India are listed on the International Union for Conservation of Nature's Red List, including primates, birds, reptiles, amphibians, animals, fishes, insects, corals, plants, and vegetation. Most of these are unique to the area and, if not preserved, will perish off the face of the world. EARTHDAY.ORG raises knowledge regarding the importance of conserving the country's biodiversity and funds conservation projects on the grassroots. The theme for the celebration of Earth Day this year is "Invest in our planet".

federal regulations prohibiting the use of DDT and other dangerous industrial chemicals.

During the first year, towns reduced bus tickets to urge people to leave their automobiles at rest, whereas 200 protesters brought graves into Boston's Logan Airport to oppose the airport's noise-pollutions. In other cases, distressed residents gathered trash and placed it on the gates of their court house or statehouse. New York Mayor John Lindsay organized protests that shut down a portion of the city's 5th Avenue, one of the biggest business streets in the world. Over than 20 million people participated in ENVIRONMENTAL ACTIVITIES across 2,000 community members and 12,000 college

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helped fuel contemporary environmental advancement was celebrated by an approximate 200 million people in 136 countries.

The EARTHDAY.ORG India Trust was established in 2010 to carry out initiatives that reach out to diverse demographic features throughout India, from grass root level to authorities. Earthday.org administrators include every nation, direct method programmes throughout the country's length and width in all of its many geographical areas.

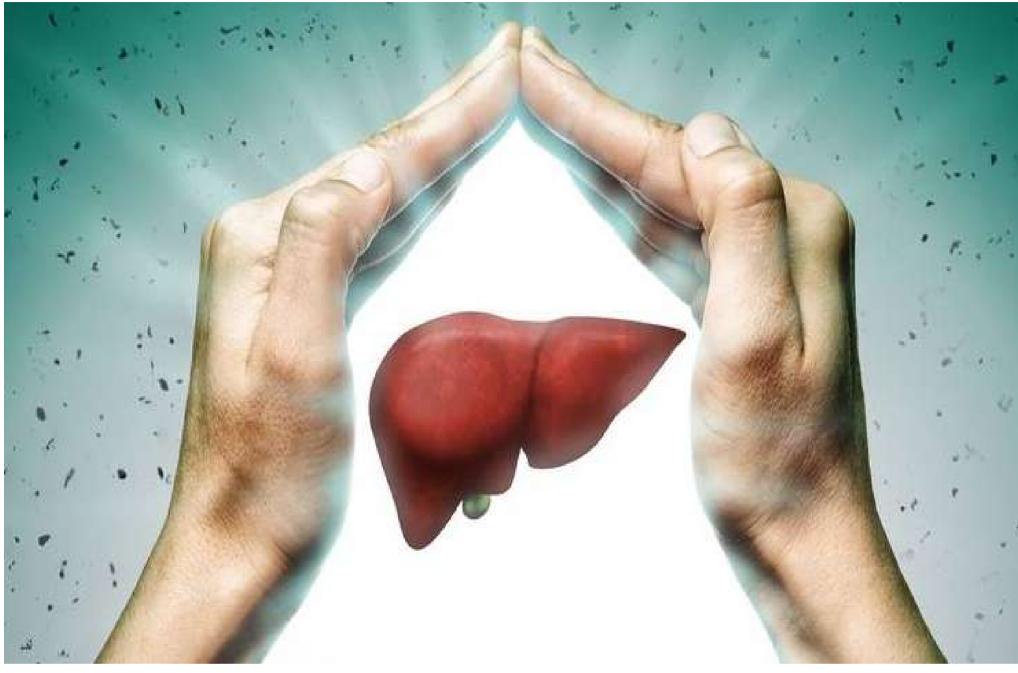
This is what has put people, creatures', and environments'

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THE LIVER WORKS TIRELESSLY, CONDUCTING HUNDREDS OF COMPLEXITIES!



The liver is the main human organ located in the abdominal area, underneath the diaphragm. Although most chemicals taken by the intestines go through the liver, it acts as a control unit that combines numerous metabolic functions, managing the circulation of fuel molecules utilized in metabolic activities. Hepatocytes constitute over 60% of liver tissue and perform a variety of physiological and hormonal functions.

The liver is the biggest organ in the vertebrate body (i.e., a cell, tissue, or organ that excretes a chemical substance). The secretion of bile, an acidic substance that promotes the absorption of lipids, is indeed one of the main secretory functions. Other functions include the creation of blood-clotting factors (such as blood proteins found in plasma), the eliminating waste and other hazardous materials, and the disposal of damaged red blood cells.

bloodstream when levels are lower. Interestingly, considering the large glycogen accumulation in liver cells, the liver does not use sugar obtained from glycogen to supply the majority of its own energy requirements; rather, it uses keto acids generated from amino acid decomposition. As a result, the liver cells predominantly store and emit glucose for the function of many other parts. The liver is also involved in lipid metabolism, such as triglyceride production. The liver is the body's largest organ: A healthy adult human liver weighs between 1.7 and 3.0 kilos (3.5-6.5 pounds). The liver is the second largest organ (after the skin) and the biggest tissue.

through the common bile duct or be momentarily held in the gallbladder through the cystic duct. The middle layer is the core area where the common hepatic duct, portal vein, and hepatic artery enter the liver. The duct, vein, and artery separate into left and right branches, and the regions of the liver fed by these branch forms the functioning right and left lobes.

The liver may interconvert fuel molecules; for instance, it can transform several amino acids, as well as other molecules such as pyruvate and lactate, into glucose. Whereas the nutritional molecule glycogen is plentiful in the circulatory system, the liver can deposit it as glycogen; when the accessible quantity of glucose in the bloodstream decreases, the liver releases glucose to the blood. As a result, the liver is critical in the maintenance of blood glucose levels

The liver also plays various functions in lipid metabolism, notably cholesterol synthesis and triglycerides generation (fats). Bile is a greenish liquid produced and excreted by the liver that serves as a cleanser, assisting to dissolve lipids (raising surface area to promote enzyme action) and so facilitating in their intestinal absorption. Bile also promotes the absorption of fat-soluble vitamins, particularly vitamins A, D, E, and K.

Many liver infections are associated with jaundice, a yellowing of the eyes and skin produced by elevated bilirubin levels in the system. Bilirubin accumulates as a result of the breakdown of hemoglobin in dead red blood cells; during daily behavior the liver eliminates bilirubin from the blood and secretes it via bile.

Hepatitis, or liver inflammation, is caused primarily by viruses, but it can also be provoked by some toxins, autoimmune, or inherited diseases.

Cirrhosis is the progressive loss of liver function caused by the production of fibrous granulation tissue in the liver, which replaces damaged liver cells.

The liver is an idealistic organ, with its metabolic activities necessary for delivering energy to the mind, muscles, and other external organs, frequently at the cost of all its metabolic needs. Many of its metabolic roles are connected to carbohydrate consumption. The liver helps to regulate blood sugar levels by absorbing excess glucose as glycogen and delivering it into the

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The liver is situated in the right side of the upper abdomen, below the diaphragm, to the right of the stomach, and serves as a bed for the appendix. The liver is fed by two separate blood streams. The hepatic artery, which accounts for approximately 25% of blood flow to the liver, transports oxygenated blood to the organ.

The remaining 60-80% originates from the portal vein, which delivers nutrient-rich plasma from the gastrointestinal tract. Anywhere at any given time, the liver stores around one pint of blood or 13% of the overall blood circulation of the system. Bile generated in the liver is gathered in bile canaliculi, which join together to form bile ducts. Bile can either drain directly into the duodenum

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A liver transplant is a procedure in which a piece of a living person's liver is taken and used to transplant the recipient's complete liver. This procedure was first used for pediatric liver transplantation in 1989. The liver is one of the few internal human organs capable of spontaneous tissue regeneration; as little as 25% of the remaining liver can regenerate into a full liver again.

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The HULAHUL Times



A DAY TO REMEMBER ART AND CULTURE!



Tunisia on April 18, 1982, it was proposed that an "International Day for Monuments and Sites" be held on the same day around the world. The Executive Committee endorsed this idea and made practical suggestions to the National Committees on how to execute this day. The concept was also supported by the UNESCO General Conference, which passed a resolution in November 1983

at its 22nd session

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In India, there are officially 38 World Heritage Sites. Thirty of these are 'cultural,' such as the Ajanta Caves, Fatehpur Sikri, Hampi monuments, and India's Mountain Railways, and seven are 'natural,' such as the Kaziranga, Manas and Nanda Devi National Parks. The Khangchendzonga National Park is categorized as 'Mixed'. The 'Jaipur City' was added to the India list under Culture for the 38th time in 2019.

Every country has its own culture and civilization which is passed down to each country and state. Culture and civilization set it apart from other countries. Language, living habits, life philosophy, literature, fine arts tradition, and other factors distinguish one country from the other.

India has spirituality, religion, poetry, creative arts, history, dialect, and so on. India has a centuries-old heritage and has various penetrations over the world, and millions of international tourists travel each year to witness and comprehend it. Indian philosophy, spirituality, religious tolerance, unity in diversity, and historical heritage are examples of such historical character in our country, of which every Indian is pleased.

India's human civilization has verified records going back more than five thousand years. Hundreds of foreign invader castes assaulted and remained here for such a longer length of time. With the exception of India's timeless heritage, no other ideology exists, and even if it does, it is equivalent.

The ancient Indian Hindu civilization was tolerant, and its effect may still be evident in the Indian population today. Some people in India currently follow Hinduism, Islam, Sikhism, Christianity, Buddhism, and Jainism.

Festivals are observed in India for a full year, earning them the moniker "nation of festivals." The three national festivals of India are August 15, January 26, and Gandhi Jayanti. Aside from this, major festivals such as Holi, Diwali, Eid, Christmas, Lohri, Rakshabandhan and others

Sites of historical and cultural significance should be conserved in diverse countries around the world for subsequent generations. These would be retained on the heritage list. UNESCO has designated such natural, cultural, and religious monuments as historic monuments.

Every year on April 18, the world celebrates World Heritage Day and to make it worth it is designated by some theme. The goal of commemorating this day is to raise awareness of the conservation and relevance of such sites, as well as to attract individuals by providing information about such sites in various nations across the world. urging that Member States investigate the potential of declaring 18 April each year "International Monuments and Sites Day." This has traditionally been referred to as World Heritage Day.

UNESCO has identified 1031 destinations around the world as World Heritage Sites as of 2015. The World Heritage Fund is established by UNESCO for these places. There are 802 cultural classifications, 197 nature preserves, and 32 combined sites among such sites. World Heritage Day is observed to raise public awareness about the world's heritage places.

The topic for 2021 year was "Complex Pasts: Diverse

This vital day, observed on April 18 each year, is an endeavor to conserve the world's history. Our India is also a place rich in historical, religious, natural, and cultural objects, memories, and landmarks. This world heritage site has drawn visitors from all over the world. Every Indian citizen should be proud of his country's heritage sites and work to conserve them.

On April 18, 1982, Tunisia became the first country in the world to observe World Heritage Day. Following this, UNESCO decided in 1983 to commemorate it on April 18 every year.

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Futures," according to the UNESCO website. A location's heritage can be viewed from a variety of perspectives. Culture and heritage preservation necessitates a comprehensive assessment of the past, as well as planning for the future. In current history, arguments regarding specific themes and specific storylines have risen to the fore. Resolving challenging and frequently disputed histories necessitates complex interactions with various stakeholders while avoiding biased perspectives and assessments of the past. Recognizing worldwide calls for more inclusion and diversity, this day urges us all to reflect on, analyze, and evaluate current mythologies.

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are performed by people of all religions to send a message of togetherness.

The rebirth of India's sacred city of Kashi is a significant step in preserving India's heritage. Indian classical music occupies a unique position in the globe.

SELF- FORGETFULNESS TO SELF- AWARENESS: STORY OF TRITA RISHI

During Vedic era in ancient times cows were considered as the biggest asset in our country. The more cows the person had, the more he used to be considered as prosperous. Trita Rishi had a strong desire to get the cow and be prosperous. One day Indra gave him as many cows as he wanted. He used to roam in the forests and groves with those beautiful and milky cows, he would be happy to see them with emotional eyes.

Trit Rishi felt that he had got all the wealth of the world. No one else was as happy as him. Gradually, in this pleasure, he went on forgetting the rest of the world. Trita Rishi had forgotten why Indra respected him so much? Why was Marut ready to cooperate with him? Why was Surya pleased with him? and why did he have a close friendship with Varuna? In front of the beauty and prosperity of the cows, Trita had forgotten his mightiness, Yagya-gram, and ashram.

He had even forgotten his mother's pampering and inspirational words. Due to this the system of the ashram was shaken, Daily work like studies etc. came to a standstill. Many students of the ashram, ascetics, guardians left the ashram and the ashram became desolate.

Having reached the state of self-forgetfulness, the power of the Trita was deteriorated. The power of the body was there in the Trita, but the power of the body is controlled by the power of the mind, so the strength of the body of the Trita was wasted without the power of the mind. The power of the mind was there in the Trita, but the power of the mind is controlled by the power of the soul. Therefore, the strength of Trita's mind was wasted without the strength of the soul. Without self-strength, morale and body-force cannot survive. Trita Rishi had forgotten this self-power.

Result of Self-forgetfulness

One day when Trita was walking with his cows in a remote forest, he was surrounded by the robber sons of a demon named Salavruki who tried to snatch all cows. Trita was not prepared for such an incident. He humbly said "Don't say that. These cows are mine, they are dear to my life. Don't take them away from me. My life will be gone." Hearing these helpless words Salavruki laughed. He did not expect that Trita would start pleading helplessly in this way, he would not have the ability to resist.

Due to affection and attachment, when Trita looked devoid of self-strength and very weak, one of them tried to make him sadder. Started beating the cows mercilessly. The cows started running crying. Later the robbers also caught Trita and pushed him into a nearby well. Trita's cow had been snatched away. He was lying in a well which did not have water, darkness all around in it. Due to the growing of grasses, creepers and plants on the wall of that well, sunlight could not reach it. The well was very deep with a foul smell in it.

worshiping the sun. How did he get the knowledge of worshiping the sun? Because of the mother's inspirational words and guidance.

Trita started missing his mother a lot and became anxious. His self-forgetfulness started going away, he remembered -I am Trita, a mantra seer, sage. The light of knowledge spread all around through my intellect. By my Yagya and eulogy, peace was born in the ten directions. How full was my ashram? How many heroes used to be engaged in the security and arrangement of my ashram. Where has that my self-power, my tenacity, my virility and valor gone?

Self-Awareness

Oh God! I fell in affection and attachment and lost everything. But, no it will not happen now. I can't be helpless. I can't be weak. I can't be poor. I am the same invincible Trit who killed Trishira with his might and power.

Trita praised Brihaspati, the master of the gods. His self-confidence woke up. He took support of strong plants and vines growing on the wall of the well. He slowly came out of the well with effort.

After coming out of the well, the Trita had completely changed. There was no darkness left in them. He had remembered his forgotten brilliance and might.

First, he went to his mother and then to ashram residents and relatives. He did not see any difference in the pampering of his mother and in the affection of the ashram residents and relatives. He strengthened the system of the ashram anew. The ashram residents who had left the ashram came back. The ashram started looking green and prosperous.

A few days later he organized a Yagya. All the gods were present in that Yagya. Not only did his dear friends Marut and Varuna come, Indra also came. He worshiped the Sun again. Surya was also pleased with Trita. Trit's mother saw his perfect sacrifice and embraced him.

Seeing the stunning nature of Trit's head was high. His chest widened, his arms quivering, he became conscious of his duties. His self-forgetfulness was gone. He became aware of his lost property. The robber sons of Salavruki got frightened as soon as they realized their efforts. He came to return the cows of Trita and apologized to Trita. Trita forgave him and said, "When I had lost myself – completely forgotten myself, could I have anything with me? It is good that you people erased my self-forgetfulness and I was able to recognize my self-power, brilliance and duties.

Self-forgetfulness is a deep sleep with open eyes. What is the wonder if the property of a person sleeping in deep sleep is looted? Self-awareness is very important to be wealthy and prosperous in all respects.

Trita Rishi, who lived in a world full of light, was drowned in the thick darkness of affection and attachment to wealth and prosperity. In this darkness he had forgotten his relatives and friends – his brilliance, valor and self-power. In this condition only the fear of death stood before him.

Self - Introspection

Trita thought, how did he reach this state? Because of the desire for wealth and prosperity. How did they get the cow? Because of the cooperation given by him to Indra in the war. How did he get the ability to cooperate with Indra? Because of the friendship between Marut and Varuna. How did Marut and Varun become his friends? Because of

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DR. SMITA RAVIKUMAR KUNTAY- AN INSPIRATION FOR NUMEROUS INDIVIDUALS!

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The road to success is created with education and learning. Education results in the sharing of knowledge that is beneficial to an individual, whereas learning is an ongoing process of accepting and sharing knowledge which never ends. It is evident there is no age restriction for achieving one's degree or dreams. There are numerous individuals that did not have opportunities to advance their desired degree at a young, but it has never been too late to obtain a degree and pursue the possibility.

Here is the incredible story of Dr. Smita Kuntay, who is 56 years old and had a desire to earn her PhD. It was a dream she cherished with her late father, who've always wanted Dr. Kuntay to pursue a doctorate degree. Dr. Kuntay had been through a lot in her path to achieve this landmark in her career.

She belongs to a Maharashtrian family in Nagpur, and being the eldest sibling, she was burdened with duties. She is always ready to learn new things. Her initial accomplishments in life were her M.com and Masters in Philosophy from Nagpur University. She started working in college in Nagpur, but due to the lower strength of students in commerce, the college's administration requested her to leave. Because Nagpur has fewer industries, individuals prefer science courses over commerce.

Her father constantly encouraged her to progress and advised her to look for employment in Mumbai or Pune. Dr. Kuntay moved to Pune and began looking for work, but she was unable to find a suitable position based on her qualifications, and eventually ended up working for a coaching class. She was unsatisfied with her work for not having classes the majority of the time, which was impacting her education. lecture undergraduates, she was then transferred to Sydenham College of Commerce and Economics in 2007 and she continues to teach till this day. During this time, she thought about starting a PhD but it was not as simple as it seemed, however, she had completed her studies in Nagpur, deployed in Mumbai, and was Pune 2014. Her other colleague, Dr. Chouguly, who is 10 years younger to Dr. Kuntay, motivated her throughout her PhD path by encouraging her to make a schedule for research, since only then she could complete it in the allotted time period.

health concerns, Dr. Kuntay travelled to

Pune every Saturday to care for her and

returned to Mumbai on Sunday. It was a

roller coaster ride for her at this age to

travel this often, but she did it. She has

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Dr. Kuntay considers teaching to be one of the most rewarding aspects of her life, and enjoys engaging with her pupils. When the Covid -19 became a global concern in 2020, the whole education system abruptly switched from offline to online. Dr. Kuntay utilized the opportunity to learn about new technology and managed to learn and execute it successfully. However, her friends and colleagues always encouraged her to use this time

faced numerous challenges, but always had one specific goal: to get her PhD. From 2014 to 2019, she was completely engrossed in her professional responsibilities. It is customary to complete a PhD within five years of enrolling, but in Dr. Kuntay life she tirelessly worked to complete it in within the time span. This was a difficult period in her life because her mother became unwell and her trips to Pune had become a regular thing. She also suffered from Covid-19, and completing her PhD became somewhat impossible for her.

In addition to college, she joined The HULAHUL Foundation, a Mumbai-based Charitable Trust Foundation, in 2017. Mr. Ravi Singh, the Editor in Chief, had a vision in 2019 to launch The HULAHUL Times, an E-newspaper. Dr. Kuntay was the first to take the initiative. Dr. Kuntay is one of the pillars of The HULAHUL Times and the HULAHUL FOUNDATION. The HULAHUL Times has evolved into better form, thanks to her expert leadership and understanding.

Dr. Kuntay was in a difficult position as a result of her mother's frequent hospitalizations and untimely death, and with this she suffered from major health concerns. However, she was able to attend the Pre-PhD viva. Ravi Singh was always a strong support for her during that tough situation. She ultimately completed her thesis on January 18th, 2022, and gave her final PhD viva on March 8th, 2022, and years of hard work and dedication resulted in the most meaningful result of her desire.

Finally, in 2001, she saw the rewards of her devotion when appointed in a government college in Mumbai. Initially appointed at Elphinstone College to

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residing in Pune. But after looking into numerous institutions, she was unable to find one that would accept her registration. Dr. Shete who was a colleague in Sydenham College of Commerce & Economics, who was later promoted as Joint director of Pune of Division supported her in registering for PhD from

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t o b e g i n working toward her desire of earning a PhD, b u t d u e t o parental concerns she was unable to do so. Her mother lived in Pune, and due her

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The HULAHUL Times ArthaGyan



INDIAN FARMERS READY TO FEED THE WORLD



present, a n unprecedented scenario of wheat exports is visible in the country. As the war between Russia and Ukraine progresses, orders for export of wheat to India are increasing from all over the world and India is seen continuously supplying orders for export of wheat. After Russia's attack on Ukraine, food supplies have been affected all over the world.

Especially after the First World War, the supply of wheat has been affected the most at this time. Wheat prices have risen by more than 30 per cent after Russia's attack on Ukraine on February 24. In such a situation, India can take more advantage of the opportunity to meet the increased demand for food grain exports, including wheat, as wheat exports from Ukraine, known as the world's bread basket, have stopped. At the same time farmers of India can move faster to produce more food grains including wheat by changing the nature of their farming.

It is noteworthy that Russia and

exported. As global wheat prices have reached a ten-year high and India's wheat prices have also risen from around \$320 to \$360 a tonne, this scenario is an opportunity for Indian wheat exporters.

It is also advantageous that the new wheat crop will be available in the country from March 2022 as compared to other global producers of wheat, so India can quickly fill the shortage of wheat in the global market at this time. It is also important to note that at present, India's vast wheat reserves of over 25 million tonnes can be grasped for more export potential. Also, if the global food market conditions remain the same, India's wheat exports may touch a record 10 million tonnes in 2022-23. Undoubtedly, amidst the disasters of Covid-19, India has played an important role in meeting the food security needs of the needy countries of the world at the global level. It is to be known that in view of the record production of food grains including wheat in the country, new possibilities of agricultural export have increased. According to the second advance estimate of food grain production presented by the Ministry of Agriculture, the total food grain production in the country is estimated to reach a record 31.60 million tonnes in the crop year 2021-22, from 310.7 million tonnes in the previous crop year. Wheat production this year is estimated to be a record 111.3 million tonnes. Wheat production stood at 109.5 million tonnes last year.

POISON PILL STRATEGY: TWITTER TO STOP TAKEOUER BY MUSK

n the proposal of the world's richest person Elon Musk, the board has resorted to the Poison Pill. Poison Pill is a distinct tactic under which firms use distinct powers to prevent challenges of enforced takeover by any person or group. Twitter's board today unanimously agreed to use the poison pill strategy. The Prince of Saudi, who is also a big investor in Twitter, has also rejected

Musk's offer. Musk had offered to buy Twitter for \$54.2 per share in cash, Musk is working on a strategy to buy the required stake directly from investors by offering a high price per share. To prevent this, Twitter board has also put forth its strategy today.

What is Twitter Board Strategy?

The Twitter board has agreed a limitedtime shareholder rights strategy. This rights strategy will apply when an individual or group acquires 15% of Twitter's remaining common stock. With the execution of this strategy, a greater number of new shares will be augmented in the market, because of which the share of the total stocks of the individual trying to enforce takeover will tumble and then he will have to acquire more shares, which will make the transaction more expensive than anticipated.

The objective of this strategy is to make it tough and expensive for Musk or any other



A member of the Saudi royal family Talal Al Saud is a big investor in Twitter, and has rejected Musk's offer. In a tweet on April 15, the Saudi prince said that I do not believe that given the future of Twitter, the offer made by Elon Musk (\$54.2) is even close to the actual price of Twitter. As a large and long-term investor in Twitter, KHC and I declined this offer. KHC i.e. Kingdom Holding Company is Talal Al Saud's investment company. Musk has offered \$54.2 per share in cash for the deal and Musk is ready to spend \$ 43 billion to crack this deal. On April 4, Musk acquired a 9% stake in Twitter. After which he offered to increase the stake in Twitter. He stated that it will be essential for Twitter to make changes to accomplish its purpose. On the outset, he has also stated that if his proposal is not acknowledged, then he will evaluate his position as a shareholder; it means that in such a circumstance, he can exit the company.

Ukraine together export about a quarter of the global wheat supply, but due to the Russo-Ukraine war, the global supply of wheat from these countries has stopped. In such a situation, there has been a sharp increase in the export demand of wheat and other agricultural products from other countries including India. India has exported around 6.6 million tonnes of wheat till the end of February 2022, which is the highest ever. It is estimated that by the end of March 2022, a total of 7 million tonnes of wheat can be

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Union Commerce and Industry Minister Piyush Goyal has said on 15th April, that Egypt has approved India as a supplier of wheat. Goyal tweeted that, "Indian farmers are feeding the world. In a huge boost to India's exports prospects which would help enhance farmers' income, Egypt, one of the largest importers of grain, has agreed to source wheat from India."

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investor to take over Twitter. Usually, this type of strategy does not send the correct note to the investors. The organization board can take such steps to save the company from enforced takeover. Rendering to the board, this strategy will be pertinent till 14 April 2023. Though, the board made the statement that even after this strategy, if the board thinks that a contract or a deal is in the benefit of investors and the corporation, then they can proceed with that deal. Musk by now has 9 % shares in Twitter. And he has not joined the board as he had his own plans for Twitter. Being on the board, he could not buy more proportions of shares.

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MOBILE RETAILERS' BODY TO SEEK GOVT INTERVENTION AGAINST E-COMMERCE ONSLAUGHT



leading mobile retailers' body has claimed that "unethical and Monopolistic business practises" of online sales platforms are "endangering" the future of 1.5 lakh brick and mortar smartphone retailers across the country, and it will seek government intervention. Small retailers' survival is at stake in such a situation, according to the All India Mobile Retailers Association (AIMRA), an apex body of smartphone retailers. Mohan Bajoria, president of AIMRA in West Bengal, stated that the organisation will

approach the government with a charter of demands to ensure the protection of over 150,000 mobile phone retailers across the country who are struggling to compete with tech giants and are subjected to unethical business practises by many online sales channels and portals. A leading mobile retailer's body has claimed that "unethical and monopolistic business practises" by online sales platforms are "endangering" the future of 1.5 lakh brick and mortar smartphone retailers across the country, and it will seek government intervention. Small retailers' survival is at stake in such a situation, according to the All India Mobile Retailers Association (AIMRA), an apex body of smartphone retailers. The association will hold a two-day AGM in the city beginning April 16 to devise a counter-strategy and action plan for survival. The GST regime, continues to be a source of concern for small mobile retailers, who find it complicated and inhospitable to doing business. In India, a new discriminatory environment has emerged in which big players flout norms with impunity, endangering small retailers. The government must step in to ensure business operations are transparent.

SCIENTISTS PROPOSE A MORE ACCURATE AND FASTER METHOD OF FORECASTING **PRECIPITATION OVER THE HIMALAYAS**

cientists have proposed a new method for forecasting precipitation over the western Himalayas that uses real-time satellite images and is more accurate and takes less time to prepare. It is known as an Artificial Neural Network model because it extracts the pixel values corresponding to infrared and water vapour images from the Kalpana-I satellite in order to generate precipitation forecasts. The Kalpana-1 satellite, a geostationary satellite, provides images in visible, infrared, and water vapour bands every half hour, providing information about cloud movement and water content in the atmosphere over South Asia. Four scientists from the Defence Geoinformatics Research Establishment in Chandigarh, the Defence Institute of Bio Energy Research in Haldwani, and the National Institute of Technology in Kurukshetra created ANN. Six locations in the western Himalayas were considered for the study: Haddantaj, Gulmarg, Dhundi, Drass Stage-II, and Patsio, and computer software was used to develop an algorithm for extracting pixel values. A threelayer Artificial Neural Net was used to model the relationship between the extracted pixel values and the associated precipitation. A multiple regression model with the same input and output parameters for training and validating data was created for each of the six locations, and the results were compared to the ANN model. A total of 1,012 data points were collected, with 785 used for training and 227 used as an independent data set to validate the developed ANN model. According to the researchers, accurate and timely weather prediction has a significant impact on our daily activities, water resources, agriculture, and the country's economy

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THE SMART CITY CONFERENCE WILL BE **ENVIRONMENTALLY FRIENDLY**



he three-day smart city conference 'Smart Cities - Smart Urbanization' will be an environmentally friendly event attended by delegates from 100 smart cities across the country. Some small initiatives will be used to spread the message of environmental protection. The event, which will begin on April 18 at the Sarsana Exhibition Hall, is being organised in collaboration with the Union Ministry of Housing and Urban Affairs (MoHUA) and the Surat Municipal Corporation

(SMC). Plastic water bottles have become popular over time due to their ease of availability. It has also become more cost effective when compared to other water-serving options. However, concerns have been raised about these bottles because they are the most polluting due to their single-use nature. Every day, millions of plastic water bottles are discarded around the world. Given that the event is a mega conference with over 1,000 delegates, giving participants plastic bottles would have resulted in a lot of plastic waste. As a result, the participants will be provided with steel flasks, said municipal Banchhanidhi Pani. In the steel flasks, warm, cold, and normal temperature water will be available for refill. Glass bottles will be used in a few places as well. Instead of a pen, participants will be given a seed pencil with which they can plant a tree after using it. There will be 49 electric buses, five electric cars, and EV scooters in use. SMC is constructing bike-sharing infrastructure around the venue. The majority of the delegates will travel by electric bus. They will also keep public sharing bicycles on hand for those who want to use them, Pani added.

TO IMPROVE EARTHQUAKE MONITORING SYSTEMS, AI REMOVES CITY NOISE

he sounds of cities can make it difficult to distinguish underground signals that indicate an earthquake is occurring, but deep learning algorithms could filter

this noise out. The sounds of cities from cars, planes, helicopters, and general commotion - add noise, making it difficult to discern the underground signals that indicate an earthquake is occurring. Gregory Baroza of Stanford University in California and his colleagues trained a deep neural network to distinguish between earthquake signals and other noise sources in order to improve the ability to identify and locate earthquakes. To train, validate,



and test the neural network, approximately 80,000 samples of urban noise and 33,751

samples of earthquake signals were combined in various forms. Running audio through the neural network increased the signal to noise ratio – the level of the signal you want to hear compared to the level of background noise – by an average of 15 decibels, which was three times the average of previous denoising techniques. The neural network was trained on data labelled by humans, a method known as supervised learning, and the readings were all from the same area, which is a disadvantage. Because the model was supervised specifically to remove noise from sounds in California, it is less likely to succeed when presented with noise from other locations. Baroza is also unsure how well the model would work outside of California. He stated that noise signatures will most likely differ from those trained on depending on the environment.



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PRANEETH, GEORGE, AAKARSHI, AND MALVIKA **CONTINUE THEIR WINNING STREAK AT BAI'S SELECTION TRIALS**



raneeth, World No. 19, the 2017 Singapore Open champion, defeated national champion Verma 21-14 15-21 21-13 in the stage 2 A men's singles group at BAI's selection trials for the upcoming major international team events at the Indira Gandhi Stadium Complex's K. D. Jadhav Hall. George defeated Ansal Yadav in another stage 2 A match to remain in contention for the top spot. On the second day of the six-day trials,

Sameer Verma and Raghu M both won stage 2 D. In 51 minutes, Sameer defeated Mithun Manjunath, and Raghu defeated Maisnam Meiraba. Kartikey Gulshan Kumar defeated Sai Charan Koya in stage 2 B, while Priyanshu Rajawat defeated Sathish Kumar K. In stage 2 C, Alap Mishra defeated Arjun Rehani, while Ravi defeated Shreyansh Jaiswal. In stage 2 A, Aakarshi Kashyap held off a valiant effort from Tanya Hemanth to win, while Malvika Bansod defeated Nivetha M. Aditi Bhatt defeated Kavipriya S in stage 2 C, while Unnati Hooda defeated Tara Shah. HS Prannoy, world number 23, has also been chosen due to his recent form, which saw him reach the finals of the Swiss Open Super 300. However, twotime Commonwealth Games champion Saina Nehwal, ranked 23, was not considered for direct selection because she hasn't been in the best of form, with a string of first-round exits in recent months. The BAI will also select the core group from the trials, which will include eight men's and women's singles players, six pairs of men's and women's doubles players, and four mixed doubles combinations.

VEDIKA, THE NEW MAHARASHTRA U-10 GIRLS' CHESS CHAMPION, HAS QUALIFIED FOR NATIONALS

edika Pal remained unbeaten to win the Maharashtra title in the U-10 state selection chess tournament, which concluded on Friday in Kolhapur. The top-seeded city prodigy collected 6.5 points to finish first in the sevenround girls' section of the state tournament. Vedika, nine, won six games after being held to a draw in the third round by Yavatmal's Swadha Datir. Kolhapur Chess Association organised the event under the auspices of Maharashtra Chess Association (MCA). Vedika began her campaign with a win over Khwaish Bafna of Mumbai while defending with black pieces. She outclassed Gunjan Oswal of Satara in the second round, capitalising on her opening advantage with the white pieces. She was held to a draw by unseeded Swadha in the third round after failing to defend. Vedika never looked back after that, dominating the tournament by winning all four remaining rounds. After easily defeating Parbhani's Hindawee Yadav in the fourth round, Vedika cruised past Ovi Pawade of Pune and city mate Divyanshi Khandelwal to take a share of the lead with Stuti Surve of Thane. In the final round, Vedika used her black pieces well to defeat Stuti and become the new Maharashtra girls' champion, collecting 6.5 points. Vedika has earned the right to represent Maharashtra in the U-10 nationals as a result of her victory.



CRISTIANO RONALDO COMPLETES HIS 50TH HAT-TRICK IN CLUB HISTORY WITH A STUNNING **FREE-KICK**



ristiano Ronaldo stole the show once more, scoring a spectacular winner 14 minutes from time to pull United out of the quagmire. Cristiano Ronaldo's 50th club career hattrick helped Manchester United beat Norwich City 3-2 in the Premier League on Saturday, despite scenes of fan protest at Old Trafford. With Tottenham Hotspur losing 1-0 at home to Brighton & Hove Albion earlier in the day, the door was open for United to close in on the Champions League qualification

spots with a win over bottom-placed Norwich, and they almost took advantage. A first-half double from veteran striker Ronaldo appeared to put the hosts on track for a comfortable win in the sun, with Norwich struggling to keep up. However, Kieran Dowell's goal in first-half stoppage time put the visitors back in the game, and Finnish forward Teemu Pukki completed the Norwich comeback seven minutes after the break to stun Old Trafford into silence. Fans who had protested against the club's owners before the game were singing "you're not fit to wear the shirt" in the second half as their team finished second best to a team seven points outside the Premier League safety zone. United's France midfielder Paul Pogba was booed by his own fans as he was substituted before Ronaldo stole the show once more with a sensational winner 14 minutes from time to drag United out of the mud. United's first win in four games in all competitions moved them above Arsenal, who lost 1-0 at Southampton, into fifth place on 54 points from 32 games, with Spurs now just three points ahead. Norwich remains in last place with 21 points.

THE INDIAN MEN'S HOCKEY TEAM PASSES THE **GERMANY TEST WITH A 3-1 VICTORY**

eid's men defeated an inexperienced German side convincingly to end the home leg on a high note. The Indian men's hockey team finished their home season in the FIH Pro League on a high note, defeating an inexperienced Germany 3-1 in the LALIT second match of the double-leg tie here today to consolidate their lead at the top of the standings. Sukhjeet Singh (19th minute), Varun Kumar (41st minute), and Abhishek (54th minute) scored for India, while Anton Boeckel scored for Germany (45th). India is now in first place with 27 points from 12 games, while Germany is second with 17 points from 10 games. The Indians maintained their dominance over a reformed Germany. In the first quarter, they made some good runs into the opposition's circle but failed to convert any of their chances. India was able to move freely around the field as a result of the goal, and their passing was also impressive. The Germans did manage to create a few nervous moments for India in the final few minutes of the second quarter, and they had a shot at goal, but India's custodian Krishan Bahadur Pathak was alert. India had the lion's share of possession in the first half, with three shots on goal to Germany's none. India earned their first penalty corner three minutes after the game began, but Germany goalkeeper Jean Danneberg made a great reflex save to deny Harmanpreet. Shilanand Lakra earned another penalty corner in the 41st minute, and Varun perfectly placed the ball into the bottom left corner.



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EXPERT



Dr. (Mrs) Chandra Hariharan Iyer

Assistant Professor, Department of Management Studies, B.K.Birla College (Autonomous), Kalyan.

PhD(Management-Finance), M.Phil(Management), MBA(Finance), M.com, M.Sc.(Psychology), M.A. (Philosophy and Religion) DBM, PGDBM, PGDFM, PG Diploma in Guidance & Counselling

FAQs ON STRESS MANAGEMENT

Q1. What are the crucial personal skills that most of the employers look for? ?

Ans. There are seven main categories of personal development viz. Personal Skills, Personal Growth, Personal Power, Personal Improvement, Personal Empowerment, Personal Analysis, and Personal Objectives. Personal skills are one of the most important 7Ps of personal development. Personal skills are abilities that assist individuals positively interact with one another. Personal skills can be by nature and by nurtured. They're often referred to as soft skills. That means people obtain them logically or through practise, rather than prescribed study. Let us discuss now the most critical personal skills for your career:

business. Whether you are a factory manager, a marketing head, a Chief finance officer, an engineer, or a lecturer, you need to be talented to recognize problems, think critically, and develop solutions. Skills necessary for critical thinking consist of creativity, problem-solving, and curiosity. Focus on developing creative ability, resourcefulness, Critical inspection, planning aptitude, Desire to be trained, agility, novelty, Logical thinking, Research skills, inventiveness, Thinking outside the box, forbearance, Troubleshooting, Value education, Willingness to learn etc for enhancing your critical thinking skills.

- **Dependability and flexibility:** Dependability and flexibility are cyclic in nature, as flexible employees are always dependable, and vice versa. Employers hire candidates who exhibit consistency, responsibility, and trustworthiness. Flexible employees can acclimatize to change, win on projects outside of their scope, and alter their schedule if essential. A flexible and dependable employee is also keen to assist their colleagues with projects, even when the subject matter is unknown. Please focus on developing Accountability, Adaptability, Capability, Competence, go-ahead nature, Helpfulness, Honesty, Loyalty, Punctuality, trustworthiness, Responsibility, Teachable, reliability etc for enhancing your dependability and flexibility.
- Interpersonal Skills: Interpersonal skills, also known as people skills, are those related to how you converse and act together with your team. Employers want employees who are well-suited with their employers, their colleagues, and clients. Individuals with good collaboration skills are proved more successful in career path. To be a strong communicator, first you should be a good listener. Individuals with team spirit can express their ideas and are open for the team's idea. Listening is a very important skill in almost any career. Please focus on developing traits like being Articulate, Attentiveness, Collaborative, Conscientiousness, Considerate, Empathy, Encouraging, comprehensive, Leadership, Listening, organizing skill, Negotiation, Nonverbal communication, Persuasion, Relationship building, Respectful, Sense of humour, Sincere, Sociable, Teaching, Training, Understanding, Verbal communication, Relationship building, Storytelling, etc to enhance your inter personal skills.
- Intrinsically Motivated: Intrinsic motivation refers to

- **Problem Solving:** How well do you problem solve? Problemsolving is going to come up in almost every occupation. Employers value strong problem solvers, as they efficiently and quickly make decisions without being emotional. They collect as much information as they can and let instinct, logic, and innovative thinking drive the best resolution. A good team player is open for others opinions and ideas. So be sure to emphasize your ability to work in team to find the best solution. Please focus on developing Accuracy, Assertive, Conflict management, Decision making, Diplomatic, Ethical, Humble, Influential, Insightful, Intuitive, Listening, Patience, Perceptive, Practical, Realistic, Reflective, Teamwork etc for enhancing your problem solving skill.
- Other Personal Skills: Focus on developing Assertiveness, Compassion, Effective communication, Ethical Functions well under pressure, Generosity, Good attitude, High Emotional Intelligence, Honest, Independent, Integrity, Interviewing, Knowledge management, Meets deadlines, Memory Skills, Motivating, Personal Development, Outgoing, Performance management, Positive work ethic, Process improvement, Quick-witted, Results-oriented, Self-awareness, Selfsupervising, Stress management, Team player, Time Management, Tolerant, Trainable, Training, Troubleshooting, Willing to accept feedback, Willingness to learn, Works well under pressure etc to improve your team spirit.

Personal skills are abilities that assist people positively interrelate with one another. Often called 'soft' or 'interpersonal' skills, personal skills are exceptionally important if you expect to grow as a professional. The way that we control ourselves is a vital part of being an effective professional. Learning how to recognize and make best use of your personal virtues is an essential part of being able to develop both personally and professionally. All the very best for developing strong personal skills, stay blessed!

Mail your questions on <u>stressmanagementhulahul@gmail.com</u>

• **Critical Thinking:** Employers desire candidates who can resolve problems on their own by means of creative thinking and make knowledgeable decisions using selfless analysis. Critical thinkers are helpful in every

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behavior that is focused by internal rewards. Employers seek employees who are positive and adoring about their jobs and are encouraged by inner forces. These individuals tend to put the most effort into their job and gain knowledge even from their mistakes and failures. When intrinsically motivated, an employee is moved to perform for the enjoyment or challenge entailed rather than because of outside products, pressures, or rewards. Please focus on Ambition, Alertness, Amiability, Confidence, Dedication, Dependability, Determination, Energy, Hardworking, Independent, Life skills, Optimism, Positive, Resilience, Strong Work ethic, Productive, Enterprising, Visionary, Passion etc to stay intrinsically motivated in workplace.

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Please note: Only selected questions will be answered in the next issue of The HULAHUL Times.

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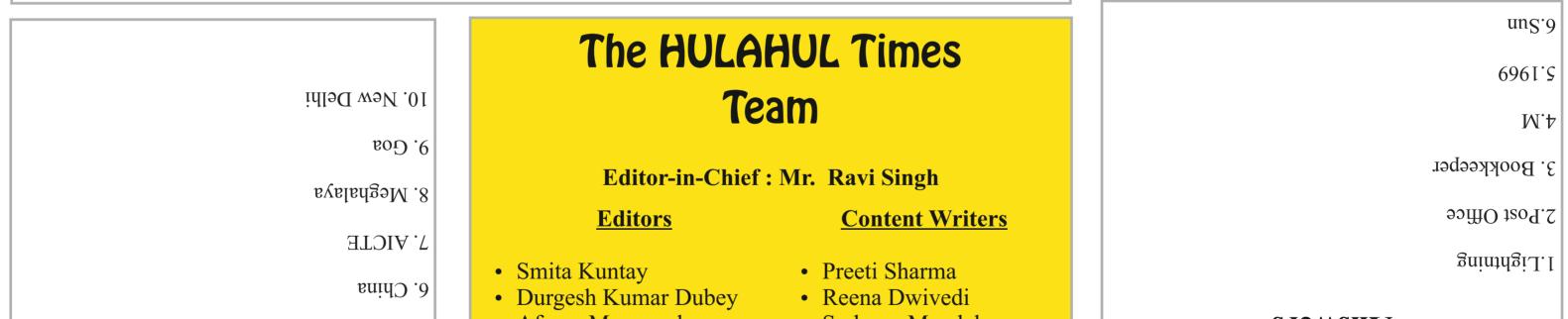


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1. 'Raising and Accelerating MSME Performance' (RAMP) is supported by which global institution?

- 2. Which section of Railways has completed 100 percent electrification across the zone?
- 3. Kaziranga National Park is located along which Indian River?
- 4. Which bank acquired the Indian consumer banking businesses of Citibank?
- 5. The Lok Sabha passed a bill to merge three municipal corporations of which city into a single entity?
- 6. The world's largest electric cruise ship has made its maiden voyage in which country?
- 7. The Education Ministry has launched over one Lakh internship opportunities of which institution?
- 8. Assam recently signed a MoU with which state, to resolve differences in the state border?
- 9. Which is the venue of the Indian Ocean Naval Symposium (IONS) maiden Maritime Exercise 2022 (IMEX-22)?
- 10. 'Business Blasters' is a flagship program of which Indian state/UT?





- 1. I touch the Earth, I touch the Sky But if I touch you once, you'll surely die. What am I?
- 2. What starts with a P, ends with an E and has a thousand letters?
- 3. What English word has three consecutive double letters?
- 4. What occurs once in a minute ,twice in a moment, and never in a thousand years?
- 5. In what year did Neil Armstrong and Buzz Aldrin land on the moon?
- 6. I am hot and I live in the sky, who am I?

STAWERA

Good News!!

Aspiring young writers & artists from 10years & above are invited to share their articles & creative work with **THE HULAHUL TIMES** Mail your article & creative Work on hulahulgrp@gmail.com

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Sudesna Mandal

Afreen MazgaonkarDeepika Singh

Brahmaputra
 A. Axis Bank

5. Delhi

2. Konkan Railway

1. World Bank

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