

## REMEMBRANCE OF PEACEKEEPING AND COMPASSION

Empathy, humanism, and respect are standard equipment and not opulence for life. In challenging times, all that has been required is a just a gesture of kindness, a bit of support, and a shoulder to depend upon. Willing to dedicate your entire existence to the development of those who need requires guts and genuine compassion, and that is why humanitarians are considered and regarded as great patriots! These people commit their lives at risk to help afflicted men, women, and children all over the world. Each year on August 19th, the United Nations General Assembly recognizes aid groups and social workers for their diligent work and compassionate acts. These professionals are an encouragement and beacon of support for millions of individuals who are struggling as a result of man-made hostilities.



million people require humanitarian assistance and care by 2022. This rate has climbed to 1 in 33 individuals worldwide, up from 1 in 45 at the start of the Global Humanitarian Overview 2020, which seems to have been the greatest in decades. The UN and partner groups hope to aid 160 million populations in need in 56 countries, which will cost a total of \$35 billion.

Catastrophes have proven to set civilizations back several decades in their growth. Because of its sensitivity to several complicated disasters, the Indian subcontinent is at significant risk of losing all of its integration and development to major disasters. Youth would play an important role in reducing risk, as well as in humanitarian resilience. Traditionally, all major calamities have seen an outpouring of youthful volunteers assisting with evacuation and rehabilitation. This is a "spontaneous interaction" with the humanitarian sector, with obstacles due to a lack of skills and knowledge of requirements and procedures. Designed and systematic interaction with youth is required to improve their capacities for participating to all phases of crisis management.

The "Framework for Young People in Humanitarian Assistance," which was launched during the World Humanitarian Summit in 2016, is a pledge by humanitarian organizations around the world to encourage young people

to participate in peacekeeping operations and meet their objectives. This contains five critical activities for young people's involvement in humanitarian response.

Youth can not only find employment in the humanitarian context, but they could also save individuals, alleviate distress, avoid disasters, increase the resilience, and make the world a better place. Scientists and engineers, geologists, scientists, counselors, administrators, clinicians, and learners from a variety of fields have immense potential to co-create information and given an input for disasters reducing risk and management. Humanitarian workers are pioneers who frequently make snap choices, particularly when actually faced with the sheer magnitude of the inhabitants versus limited available resources, focusing on improving the impoverished, most vulnerable, and marginalized (e.g. pregnant women, lactating mothers, women and girls from traditionally marginalized Lower castes and Tribal areas societies, individuals with disabilities, and the seniors) over the other displaced persons. Humanitarian assistance professionals are well-known for always having their suitcases packed and ready to travel to disaster zones.

They are accompanied by scenes of destruction and the voices of individuals sobbing for financial, physiological, and personal misfortunes. These involves a great deal of anxiety and a lot of restless nights, but the reward of helping to alleviate human suffering far trumps the effort and aggravation.

Numerous societies and groups attempt to raise the profile of humanitarians by disseminating awareness and knowledge. Furthermore, several attempt to speak to the media in order to assist and spread the essential messages of World Humanitarian Day, whereas other groups plan prominent events in the world that highlight humanitarian efforts.

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# JANMASHTAMI – A CULTURAL EVENT OF FESTIVITIES!

India is a diverse country of cultural events, and Janmashtami is one of the most well-known and vivid of them all. It is an annual Hindu festival held during the rainy season. Krishna Janmashtami, also known as Krishnashtami, Sri Krishna Jayanti, Gokulashtami, or certainly Janmashtami, memorializes the birth of Lord Krishna, Lord Vishnu's eighth avatar or incarnation. This tends to make the day significant for Hindus of the Vaishnavism tradition. The day is applauded with religious fervor, and everyone, from children to the elderly, is filled with happiness. The Janmashtami festivities include animated ceremonies, extravagant decorations, and devotional offerings and Dahi Handi competitions.

According to the Hindu calendar, Lord Krishna was born on Ashtami (the eighth day of the month) of Krishna Paksha (the disappearing moon duration) in the Hindu month of Shrawana. He was the 8th son of Vasudeva and Devaki, Mathura's cruel king Kansa's sister. When Kansa discovered of the revelation that Devaki's 8th son would be the cause of his death, he imprisoned both Vasudeva and Devaki. Each one of their children faced the same demise at the hands of Kansa. This lasted until the birth of their 8th child. Devaki carried Krishna on his head and went all the way from Mathura to Vrindavan, which was to be a safe



space for the newborn, as instructed by a spiritual sound. During Krishna's childhood in Vrindavan, Yashoda and Nand looked after him. Krishna's mischief and bravery, encounters with Kansa and other demons, renown as Makhanchor, and other achievements are well-known throughout the country.

Janmashtami is celebrated throughout the country and even around it. Numerous cities in Malaysia, Canada, and even Paris embrace Lord Krishna's birth with exactly equivalent zeal. Marketplaces would be experiencing a boom with shop owners and consumers bargaining over tons and tons of tinsels, lights, peacock feathers, and other decorative objects days before the official Muharat. The main rituals and ceremonies are accomplished at Nishita Kal, or at midnight. The Shodashopachara Puja Vidhi is comprised of 16 steps. All through the night, Bhajans devoted to the God are sung. People come to the Lord Krishna temple to worship. If you want to see the festivities in their most spectacular aspects, here are the places you should go during Janmashtami in India. It is a huge societal event that brings pure joy, brings people together, and allows you to delve deeper into India's primary Hindu culture.

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# THE EVERLASTING SYMBOL OF COMPASSION!

Every year on August 15th, India celebrates Independence Day. This year's Independence Day commemorates India's 75th year of independence from British rule. The occasion is also known as Azadi Ka Amrit Mahotsav, and the government of India has made a decision to organize a range of events and programmes to honor freedom fighters. These programmes will also honor India's heritage, traditions, and people's accomplishments. It is common knowledge that the British ruled India for nearly two centuries. Around the 1600s, British traders arrived in India and established their trading firm, the East India Company, in Surat, Gujarat. They steadily became selfish and harsh, and those who desired to govern India ruthlessly. Countless wars and revolts were fought and won against the British over the course of 200 years.

Countless freedom fighters, including Bhagat Singh, Netaji Subhash Chandra Bose, Khudiram Bose, Chandrasekhar Azad, Sardar Vallabhbhai Patel, Gandhiji, and others, had a massive effect on the Britishers' strategy to monopolize India. During the 1940s, the Indian rebellion became really violent and aggressive towards the British, and they were forced to leave India by 1947. Lord Mountbatten had issued a notice stating that British rule in



India would wrap up on June 30, 1948. Even so, if India had decided to wait until 1948, authority would not have been transmitted in accordance with the Rajagopalachari Formula.

As a result, Mountbatten changed the date of transferring power to August 1947. Mountbatten believed that postponing the date would lead to fewer riots and death and destruction. He was, however, mistaken in his assertion. On July 6, 1947, the Indian Independence Bill was proposed in the British House of Commons and was managed to pass up over night. The bill stipulated that British rule in India would end on August 15, 1947, leading to the formation of two treaties, India and Pakistan.

Azadi Ka Amrit Mahotsav is a nationwide celebration memorializing India's 75th birthday. This year's Independence Day will be entirely dedicated to Corona fighters or warriors. The Azadi Ka Amrit Mahotsav was intended to encourage people to bring India's national flag home and hoist it to mark the anniversary 75 years of independence. One such effort fosters a sense of community and togetherness, and it reinforces people's dedication to nation-building. It also increases sense of nationalism among the individuals and brings awareness of the national flag.

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# A LOVE STORY OF DUSHYANT AND SHAKUNTALA



**S**hakuntala was a beautiful girl. Shakuntala was the child of Apsara Menaka and Vishwamitra. Which Maneka had left behind in the ashram of Kanva Rishi. Shakuntala was brought up by Kanva Rishi as his daughter. She was adopted by Kanva Rishi. She lived in the sage's hermitage in the forest with her pet deer. One day, King Dushyanta of Hastinapur came for hunting in the forest. His gaze beautiful deer. On seeing the deer, the king shot an arrow at it. The deer started groaning in pain. Shakuntala was very kind hearted by nature. She felt that pain and started taking care of that injured deer.

Shakuntala was very much in love with the animals of the forest. Her nature touched Dushyant's mind. He apologized to Shakuntala for his cruelty. Shakuntala forgave him, but asked him to stay in the forest for a few days to take care of the injured deer. Staying together few days they realized that they are affectionate for

each other. Shakuntala and Dushyant fell in love with each other. Dushyant married Shakuntala in forest and presented her with a ring written in his name.

After a few days the king returned to his kingdom, but promised Shakuntala that he would return soon and take Shakuntala with him.

After Dushyant's departure, Shakuntala remains someone in Dushyant's imagination every moment. She does not care about anything, rather she loses her mind in the love of Dushyant and remains lost in her imagination.

One day Rishi Durvasa came to the hermitage of sage Shakuntala. He repeatedly asked for water from the door itself, but Shakuntala, engrossed in thinking about her husband, did not pay attention to him. Rishi Durvasa felt very humiliated. He got very angry. He immediately cursed Shakuntala that the one she was thinking

about would forget him.

When Shakuntala heard this curse, she was horrified. She started apologizing to Rishi Durvasa. The sage said that he cannot take back his curse, but he can definitely make some changes in it. Saying this, he said that when she will show him any gift given by him, he will remember everything.

Due to the effect of the curse, Dushyant forgot Shakuntala. Shakuntala kept waiting for him in the forest. After a few days, when Kanva Rishi comes back to the ashram, he comes to know about everything. And there is also news of Shakuntala being pregnant. On this the Kanva Rishi sends Shakuntala along with his disciple to Dushyanta's home town. On the way, Shakuntala had to cross a river. The ring given by Dushyant fell in the river. A fish swallowed the ring. When Shakuntala reached the palace, the king did not recognize her.

Dushyant asks Shakuntala to prove his identity. Shakuntala had lost her ring.

Weeping, she tried to remind the king of the days he had spent with her in the forest, but the king could not remember anything.

Disappointed, Shakuntala came out of the palace. She did not return to her father's ashram because of guilt. She started living at some other place in the forest itself. There she gave birth to a child. She named to her child as Bharat. Bharat was a very brave child. He grew up playing with animals and birds in the forest.

One day a fisherman came to the palace with a ring. He told the king that he had found the ring in the stomach of a fish. Seeing the king's name written on the ring, he brought it to the king. When the king saw that ring, Durvasa Rishi's curse was freed. The king remembered Shakuntala. He immediately went towards the forest to pick up Shakuntala, but he could not find him in the forest. Disappointed, he returned to the palace.

A few more years passed. The king once again went hunting in the same forest. This time he found a beautiful boy in the forest whose face is full of light who was playing with the lion cub. And that boy sitting on top of a lion is trying to count his teeth by opening his hands to its mouth of the cub and saying, "Oh, Vanraj! Open your mouth a little more. I want to count your teeth." The king went to the boy and inquired about his parents. The boy told him that he is the son of King Dushyanta and Shakuntala.

The boy took Dushyant to Shakuntala. Dushyanta was very happy to meet Shakuntala. He brought both of them to Hastinapur. All of them started living there happily and Bharat grew up and became a great king. And after this the name of our country is named Bharatvarsh.

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# TANVI CHOUDHARY – INTRODUCED GLOBAL EXPERIMENT IN ICE CREAM

INTERVIEW BY  
PREETI SHARMA



Tanvi Choudhary

**T**anvi Choudhary, a Mechanical engineering graduate from Carnegie Mellon University who worked as an investment banker with Wall Street is always passionate and crazy for food experiments and interested in food related businesses. Tanvi grew up in an entrepreneurial family and innovations are in her DNA. She believes that food is an important part of culture and conversation in Kolkata, but never considered it as a career option. Tanvi Choudhary was in New York when she began exploring the kitchens of world-renowned award-winning Michelin chefs. She was in complete mindset to change her profession and identify potential. Tanvi wanted her brand to be distinct, approachable and affordable with a sense of comfort that people can connect easily; it's not intimidating, and makes everyone happy-As Tanvi Choudhary told to The HULAHUL Times.

Tanvi feels more inclined towards food after spending time in the chef's

kitchen. "Usually people wait for weekends to soothe," she says, "but for me, it was the absolute time to discover about my passion, it was very intriguing and participating". Tanvi wanted ice cream as a meal experience for consumers, so according to the ROI strategy and Business Model, it appears to be the most lucrative idea at that moment, and that's how the research towards the Papa Cream Ice cream was undertaken. The inspiration for the name Papa cream originated from the fact that the label should have a comforting and strong level of reliability of linking a connection with family.

Tanvi Choudhary, at the age of 26 years, decided to return to India in 2015 to add value to start something in the food industry, and that's how Papa Cream Ice Cream was born with the idea of bringing world class experimental ice creams in India. The first appearance is at Church Gate in Mumbai. They began well with retail business and later expanded into FMCG to make it more accessible. In early 2019, Papa Cream exited store operations to focus on distribution and manufacturing. The goal was to be approachable to everyone, but with a different taste and presentation than the existing competitors.



She has always wished to try new things with her product line, and she is still exploring with the flavors a n d presentation of Papa cream ice cream, and with each ice cream they end up s e r v i n g a placard that tells smile.

The mission of Papa Cream Ice Cream is to provide gourmet ice cream to the masses. At the time, the plant-based movement had just begun in India, as it had in the West, and a number of initiatives and breakthroughs were taking place, with

people noticing they were lactose intolerant and health care professionals recommending vegan diets for patients, also people's love for animals urging them to be vegan, and some people being curious and wanting to try this new form of consciousness. Papa Cream has developed their brand in the Vegan space as well, receiving awards from PETA for the best vegan ice cream and the Times of India Women Entrepreneur award in the food category. Tanvi believes that the true rewards come from customer retention.



Papa cream ice cream has leaped into what they actually originated into extravagant ice cream in which the perception is much evident that we would want to accomplish everything under the realm of ice cream and with vegan they have provided many options to the consumer. Papa Cream has maintained its market demand and formed itself as a viable name in the world of ice cream. Furthermore, with the shifts in supply demographics in the country where individuals were constantly striving and wanted to experience new things, Papa cream has created their space with its varieties and experiments.

"Rome was not built in a day," and Tanvi is no exception. Tanvi, having worked and studied in the United States, which was significantly different from Indian working environment, and faced numerous obstacles, whether it was employing staff or handling with legal authorities and retention in the industry, attempting to make everybody comprehend the idea of Papa Cream Ice Cream, the entire dynamic has evolved. She began with a rented one-room flat and two

employees. Tanvi, on the other hand, saw all of the difficulties as part of the learning. She never enjoyed adulation because there was so much pressure going on behind the scenes for the first 3-4 years. "She feels that now Papa cream has grown in as a big family and stands with some experience that she was leveraging, and the ground work is recouping its rewards, although there is a considerable distance to go and she has thoroughly enjoyed this over the last couple of years. Tanvi Choudhary is an academy for those who wants to follow their devotion She achieved the landmark, laid the foundation from a rented flat to a larger manufacturing unit, glancing to make a significant leap, it all occurred by way of squeezing in and financial responsibilities by the expansion that has occurred on a larger scale. Tanvi Choudhary thinks that having scarce resources forces you to be creative in order to reach your goals and overcome obstacles. In 2022, Papa Cream Ice Cream has existence in 30 cities throughout India, as well as established the export markets to the UAE and Dubai.

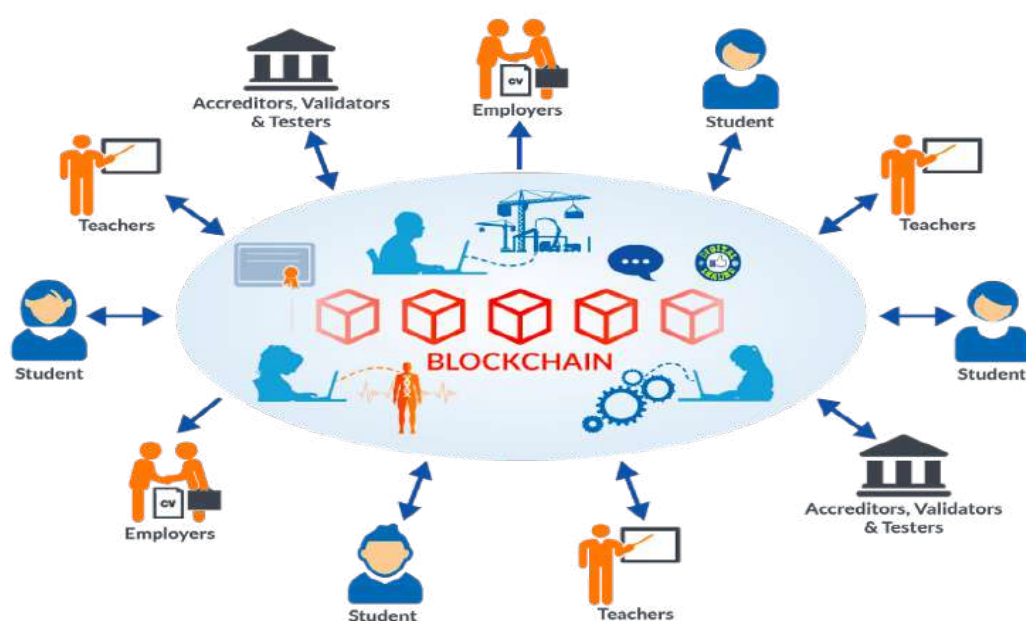


Tanvi never has positioned anyone up as a mentor for her career; instead, s h e t o o k inspiration from her surroundings and gets to know from the roles they perform in their daily life, which is very important for the new generation of entrepreneurs. Entrepreneurs also accomplish their bottom lines by adding values and generating an ethos that they will be grateful of one day.

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## WHAT EXACTLY IS A BLOCKCHAIN-ENABLED HIGHER EDUCATION DEGREE?



certifications might take time to verify. A blockchain-powered degree is easier to authenticate for an employer. Rather than the time-consuming practise of emailing the institution to confirm a degree, blockchain technology sends a One Time Password (OTP) to the student's cellphone number and email address. Once the

OTP is given with the employer, they will have digital access to the original degree. "A technique that used to take three weeks now takes 30 seconds," explains Okade of NIT Rourkela. While these platforms are useful for securely storing digital documents, they are solely intended for personal use. The authentication of degrees for employers would be impossible in such applications.

IIT-Kanpur was the first higher education institution to confer degrees utilising this technology last year. Prime Minister Narendra Modi was the principal guest at the 54th convocation ceremony of IIT-Kanpur in December 2021. This was initiated under the auspices of IIT-National Kanpur's Blockchain Project, which shared the technology with NIT-Rourkela. The degrees are available through the university's "Digital Certificates Portal," which may be accessed with each student's roll number. To access the secure site holding their degrees, applicants will get an OTP on their cellphone number, which will also be provided to their email address. The degrees will also be available for download as PDFs, making them accessible from anywhere in the globe. It can be used to keep land records. The National Blockchain Project in Karnataka is attempting to digitise land and property data. The document would be accessible only to the buyer and seller.

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## ASSAM RECEIVES APPROVAL FOR ITS NINTH MEDICAL COLLEGE IN DHUBRI

The National Medical Commission (NMC) approved the establishment of Assam's ninth medical college. The MBBS curriculum will commence in the academic year 2022-2023, with an annual intake of 100 students, according to a letter from the NCM's Medical Assessment & Rating Board (MARB), Undergraduate Section. According to a letter issued to the new college's dean/principal, the MARB considered the assessor's evaluation as well as comments from the UG expert group on infrastructure facilities, faculty availability, and other amenities.

provided for the intake of 100 MBBS students yearly beginning in the academic year 2022-23.

Chief Minister Himanta Biswa Sarma shared the NCM letter on Twitter, writing, "Glad to inform that the Medical Assessment and Rating Board under the National Medical Commission has approved the MBBS programme of the new Dhubri Medical College (9th medical college in Assam) under Srimanta Sankardeva University of Health Sciences with 100 seats."

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The Board further assessed clarifications on the shortcomings through virtual hearing, and clearance was

## THREE FROM A GUJARATI EDUCATION CONSULTING COMPANY WERE DETAINED FOR FALSIFYING IELTS MARKSHEETS

According to Gujarat police, three people connected to an organisation that provides overseas education consulting services were detained on Saturday for allegedly fabricating mark sheets to facilitate students in being accepted to foreign institutions. An official reported that the proprietor of the Uniworld Education office in Ahmedabad and two of his associates were detained for altering grades in disciplines like English, where high marks are required to be admitted overseas.

premises of the coaching centre on a tip off," he added.

To make the phoney marksheets look real, the three would first obtain the original marksheets of the students who wanted to study abroad. They would then remove the logo and signature from the actual marksheets and place them on the fake marksheets. He said that sections 406 (criminal breach of trust), 420 (cheating), 465 (forgery), 467, 468 (forgery for the purpose of cheating), and 120 (B) (criminal conspiracy) of the Indian Penal Code (IPC) were utilised to file charges against Manish Zaveri, Jitendra Thakor, and Nirav Wakharia. "The defendants were demanding high prices for this work. In the operation, we recovered cash totaling Rs. 23,75,001, computer equipment, mobile phones, etc., said Rajput.

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The defendants were involved in fabricating phoney transcripts for students preparing to study abroad. According to Inspector Sumit Rajput of the Ellisbridge police station, "They were manipulating marks in subjects like English, scores of which required to be high for getting admission". "We discovered 31 marksheets of Gujarat Secondary and Higher Secondary Education Board and Saurashtra University for BBE course during the operation conducted at the



# 75 YEARS OF INDIAN ECONOMIC PROGRESS

## INDIA IN THE OLDEN DAYS

There was a time when India was called the golden sparrow but then came the Britishers who evacuated our treasure. According to Angus Maddison India's financial condition from first century to fifteenth century was considered as world best as its GDP was 32% of the world's GDP in the first century, 28% in the tenth century and 24% in fifteenth century but by 1947 it was only 3% of the world's GDP. Notwithstanding the empty treasure India tried to revive its economy in 1947 when India got independence and post-independence agriculture sector had the majority role in balancing the economy which is the reason why we are called an agricultural nation, but with industrialization in other nations India was still stuck with agriculture which was pulling its economy downward.

Post-independence the prime minister of India MR Jawaharlal Nehru adopted socialist form of economy (where all the decisions are taken by the government) and shutting the foreign company which proved to be unsatisfactory in 1991 when India was only left with financing three weeks trade. In 1991 India adopted the LPG policy (Liberalization, Privatization, Globalization) which results foreign companies merging with Indian companies, later we focused more on service sector and IT sector which gave us an opportunity to make global representation which India took a sway on.

## GLOBAL RECESSION OF 2008

- The Great Recession refers to the economic downturn from 2007 to 2009 after the bursting of the U.S. housing bubble and the global financial crisis.
- The Great Recession was the most severe economic recession in the United States since the Great



## Depression of the 1930s.

- In response to the Great Recession, unprecedented fiscal, monetary, and regulatory policy was unleashed by federal authorities, which some, but not all, credit with the subsequent recovery.

But despite this recession Indian economy lacked only for a year and India had successfully weathered the great financial crisis of 2008. The GDP had grown around 6% every quarter of the most difficult 12 months where most countries had almost faced a downfall in at least one quarter since an economy is the best judge not in fair weather but foul. Ever since this recession India recovered with great pace and became the world's fastest growing economy from 2014-2018.

## 2019- THE BEGINNING OF

## DEBASEMENT

Surviving the great depression and being the fastest growing economy till 2018 India started to face a slowdown in 2019 wherein the GDP was falling for six consecutive years, then came the pandemic wherein the GDP was negative 6.6% being the greatest fall in the history of the Indian economy, the whole world was shut for almost a year facing heavy losses during the coronavirus pandemic and the nationwide lockdown seemed to have had a little adverse impact on India's job market, with the unemployment rate falling to 4.2 percent in 2020-21 (July-June) according to the latest government data. Nevertheless, India emerges as a leader with its GDP being 8.75 in 2021 and is considered as the fastest growing economy post pandemic, extreme poverty in India is less than 1% and poverty being 10%. According to official data India merchandise trade deficit in

march was \$18.5 billion with exports increasing by about 20% to \$42.22 billion and imports increasing 245 to \$60.74 billion.

## INFLATION TODAY

In 2022 India has an inflation rate of 7.4 % which was 7.79% in April which is considered as a balancing figure when compared to other developed nations, the reserve bank and the Indian government are trying their best to control inflation rate. According to a survey made by Bloomberg there are high chances of many nations going into a recession but India has 0% chances of facing a recession, and the USA has a 50% chance of going into recession.

## HEREAFTER INDIAN ECONOMY

India is estimated to become a \$5 trillion economy by 2026. Many economists and agencies believe that India will become an economic superpower by 2030. India's nominal GDP measured in USD terms is estimated to increase to USD 8.4 trillion by 2030 from USD 2.7 trillion in 2021. India has a target of merchandise export of \$500 billion by 2023 and \$1 trillion by 2028. India wishes to achieve a target of \$500 billion service export by 2025 and \$1 trillion by 2030, so the aggregate export of merchandise and service totals to \$2 trillion by 2030.

This 15th August India will have completed its 75 years of Independence, the world has already started recognizing India, it's just a matter of time that we will become a developed nation instead of developing. *"At the stroke of the midnight hours, when the world sleeps India will awake to life and freedom."* - JAWAHARLAL NEHRU

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## TAMIL NADU ANNOUNCES THE CREATION OF A FIFTH ELEPHANT RESERVE IN THE AGASTYAMALAI AREA



**O**n the occasion of World Elephant Day, the Indian government announced the creation of a second elephant reserve in Agasthiyamalai. This reserve will be the fifth elephant reserve in Tamil Nadu and the 32nd nationwide. An extra 1,197 sq km of land will be set aside for the protection of elephants. The chief minister, M. K. Stalin, applauded the decision and emphasised the crucial role jumbos play in preserving the biodiversity of the forest. He also emphasised how vital it is to take all possible precaution to safeguard these

lovely animals. Patta lands and reserve forests in the districts of Tirunelveli, Kanyakumari, and Tenkasi would be a part of the new reserve at Agasthiyamalai. Supriya Sahu, the assistant chief secretary for forests, climate change, and environment, said. The forest department will now get extra funds from the centrally funded Project Elephant. The creation of an elephant reserve will focus on the preservation and conservation of elephants as indicator species of a healthy ecosystem, despite the fact that the area is currently protected as a reserve forest or wildlife sanctuary. By locating the elephant routes, it will be feasible to improve management methods. The area's rich elephant habitats must be conserved, and by carrying out the necessary studies and employing sound management, it will also be feasible to increase the connection and general health of the elephant migration routes nearby.

## THE NATION'S FIRST 2G ETHANOL PLANT IS LOCATED IN HARYANA AS A STEP TOWARD AATMANIRBHAR BHARAT

**T**he 2nd-Generation Ethanol Plant is slated to formally open on August 10, 2022 in Haryana in honour of World Biofuel Day.

With the construction of this facility, the problem of stubble burning in Haryana and the surrounding area would be addressed. The scheme would boost agricultural revenue while dramatically reducing NCR pollution. A virtual inauguration will be conducted by Prime Minister Narendra Modi. Indian Oil Corporation Limited (IOCL) has established a Second-Generation (2G) Ethanol Plant in the Panipat Refinery and Petrochemical Complex (PRPC). The project, which is expected to cost Rs 900 crore and is located on 35 acres of land, can process 750 tonnes of paddy straw per day to produce 100 kiloliters of ethanol, which will significantly reduce greenhouse gas emissions by 3 lakh metric tonnes annually and increase the income of paddy farmers. Around 250 people would be employed directly in this project, while an additional 1000 people would be employed indirectly. The plant will be advantageous to the farmers of Panipat, Karnal, Sonapat, Jind, Kurukshetra, Ambala, and Yamunanagar. For the selling of paddy straw, twelve gathering centres have been set up in Panipat and Karnal. The construction of ethanol facilities around the country will continue after this. Polluting stubble will be utilised to create ethanol. As a result, farmer earnings will increase as well. The Prime Minister stated that "The Panipat factory will be the biggest in Asia" at the time. The effort is an important step in achieving the Center's vision of Atmanirbhar Bharat and is based on "Infinity" technology developed by the private business Praj Industries Limited.



## SMILE-75' SCHEME BRINGS SMILE ON FACES OF BEGGARS THROUGH REHABILITATION, SKILLING & EMPLOYMENT



**T**he Government of India has created the extensive SMILE (Support for Marginalized Individuals for Livelihood and Enterprise) initiative to address the continuing problem of poverty and beggary. 75 Municipal Corporations will provide full rehabilitation for beggars in the spirit of the Azadi ka Amrit Mahotsav as part of the "SMILE-75" Initiative. There are now 4,13,670 beggars in India altogether, up from the

previous tally (2,21,673 males and 1,91,997 women), according to the Census 2011. In partnership with NGOs and other stakeholders, municipal corporations will implement a variety of comprehensive welfare programmes for those who engage in begging, placing a strong emphasis on things like rehabilitation, access to healthcare, counselling, education, and the fusion of these programmes with other government welfare initiatives. The Ministry of Social Justice & Empowerment has also allocated a total budget of Rs. 100 crore for the SMILE initiative, which aims to establish a support system for those beggars who require thorough rehabilitation with the assistance of the Ministry of Social Justice and Empowerment, for the upcoming years, up until 2025-2026. One of its sub-schemes is Comprehensive Rehabilitation of Persons Involved in Begging, and the aim is to eliminate begging from municipal areas, municipalities, and cities. to create a strategy for the thorough rehabilitation of beggars with the help of several partners. It was also claimed that one of the programmes' objectives was to eradicate "begging" from the 75 communities. Minister of Social Justice and Empowerment Virendra Kumar initiated the project.

## ISRO OPENS THE FIRST VIRTUAL MUSEUM WITH A SPACE THEME IN INDIA, SPARK

**I**n order to celebrate the nation's "Azadi Ka Amrit Mahotsav," which honours the country's 75th year of independence, the Indian Space Research Organization came up with the original concept of showcasing digital information regarding various ISRO missions in an interactive manner. The Chairman of ISRO and the Directors of numerous ISRO centres appreciated the initiative. They also suggested expanding the platform's non-sensitive digital material for usage by additional parties. SPARK, a virtual space museum, was formally opened to the public by ISRO Chairman S. Somanath. The webpage "includes countless papers, images & videos relevant to ISRO launch vehicles, satellites and research missions," according to the space organisation with headquarters in Bengaluru. According to a report, users may access the application's beta version at <https://pacepark.isro.gov.in> or via the ISRO website.





## PV SINDHU WILL NOT COMPETE IN THE 2022 BADMINTON WORLD CHAMPIONSHIPS, DUE TO A STRESS FRACTURE



The BWF World Championships 2022, which begin on August 21 in Tokyo, will not feature former champion PV Sindhu because of an injury she sustained during her Commonwealth Games 2022 campaign in Birmingham. In order to announce her decision to withdraw from the world meet in the capital of Japan due to a stress fracture she sustained during the CWG, Sindhu posted on social media. When playing Michelle Li of Canada in the women's singles Commonwealth Games final, PV Sindhu was seen playing with tape on her left leg. In spite of her pain, Sindhu persevered to win the gold medal match 21-15, 21-13, completing her collection of medals from the Commonwealth Games by taking first place on the podium. In the quarterfinal matchup against Malaysia's Goh Jin Wei, Sindhu was tested to the breaking point because she needed to win three games to advance to the next round. In the mixed team competition, Sindhu was instrumental in helping India win the silver medal. Prior to her success at the Commonwealth Games, Sindhu had a successful run, winning the Singapore Open. Sindhu, who won the gold medal at the 2019 World Championships, was given a difficult draw because the world no. 3 seed An Se Young of Korea was predicted to be her opponent in the quarterfinals. In five encounters during the tour, she has been unable to defeat the South Korean sensation. An has defeated Sindhu twice this year, including a three-game sweep in the Uber Cup group stage in May. In fact, in any of their five encounters, Sindhu has failed to defeat An and win a game. With a gold, two silver, and two bronze medals from the World Championships, Sindhu is one of the most successful Indian shuttlers ever.

## INDIA INCREASES ITS MEDAL TOTAL AT THE LONDON 2022 COMMONWEALTH FENCING CHAMPIONSHIPS

At the 2022 Commonwealth Fencing Championships, the Indian Men's Epee Team, which included Udaivir Singh, Sunil Kumar, C. Jetlee Singh, and SN Siva, won the gold medal. In the championship game, they defeated Scotland 45-44 to win gold. In the Men's Sabre competition, Gisho Nidhi KP won the bronze medal for India at the same time. At the 2022 Commonwealth Fencing Championship, Bhavani Devi wins gold. Two days earlier, Bhavani Devi won the gold medal in the senior women's sabre individual division of the Commonwealth Fencing Championship 2022. The Indian men's medals followed. By defeating the second-seeded Australian fencer Veronika Vasileva 15-10 on Tuesday, Indian fencer Bhavani, who is ranked 42nd, successfully defended the title she won the previous time. It is important to note that Bhavani was the first Indian fencer to earn a spot in the Tokyo Olympics when she advanced to the 2020 Fencing World Cup quarterfinals in Hungary. In the Olympics, she defeated Nadia Ben Azizi of Tunisia to win her opening match. Raghavendra, an Indian para-athlete, made history on Thursday when he won a medal at the Commonwealth Fencing Championships, becoming the first para-fencer from India to do so. In the Men's Individual Wheelchair Epee Category B, he took home the silver medal. Devendra Kumar of India won the bronze medal in the same competition at the same time that Dimtri Coutya of England took home the top prize. "History was created at the Commonwealth Fencing Championship, London," the Paralympic Committee of India said in a statement congratulating the para-athletes on their historic achievement. Raghavendra, who competed in the Epp(B) category event, became the first para fencer from India to ever win a silver medal, and Devendra took home a bronze.

## MAN UNITED LOSES TO BRENTFORD BY A SCORE OF 4-0

Cristiano Ronaldo made his first start of the 2022-23 season on Saturday, and Manchester United lost 4-0 at Brentford, dropping them to the bottom of the early Premier League standings. Josh Dasilva's tame, low effort went through David de Gea's hands and into the goal 10 minutes in, setting the tone for United's disastrous afternoon. The United defence then allowed a second goal to double their deficit eight minutes later. Following a poor pass by De Gea, Mathias Jensen harried Christian Eriksen out of possession and sent the former Brentford player the wrong way to score, to the boos of the home crowd earlier in the game. Brentford scored their third goal at the half-hour mark. When Ivan Toney headed a corner back across goal and Ben Mee outmuscled Lisandro Martinez to head in from close range, United's defence came to a complete standstill due to more shoddy play. Five minutes later, Thomas Frank's team added a fourth goal to their flurry of goals. Ivan Toney slipped the ball to Brian Mbuemo, who shook off a challenge and fired past De Gea in a masterfully executed counter-attack. For the first time in their Premier League history, United gave up four goals in the opening period while playing away from home. In the second half, Ten Hag's team was able to stop the flow of goals given up, but they were unable to take advantage of their opportunities to gain some pride back. Brentford defeated United for the first time in all competitions since a 2-0 FA Cup victory in February 1938. Ten Hag, a former Ajax manager, becomes the first United manager in more than a century to lose his opening two games.



## SHAKIB AL HASAN WILL COMPETE IN THE ASIA CUP AND WORLD T20, AS BANGLADESH'S T20 CAPTAIN



Shakib Al Hasan, a premier all-rounder, was named captain of the T20 team by the Bangladesh Cricket Board (BCB) on Saturday in preparation for the upcoming Asia Cup, the New Zealand tri-series, and the T20 World Cup. Australia will host the T20 championship in October-November, while the Asia Cup will take place in the United Arab Emirates. After several weeks of ambiguity during which Shakib was given the choice between continuing to represent Bangladesh as a player or keeping his endorsement with "betting company", the BCB finally made the announcement. After several weeks of ambiguity during which Shakib was given the choice between continuing to represent Bangladesh as a player or keeping his endorsement with "betting company" Betwinner News, the BCB finally made the announcement. He had cancelled his contract with the business. He was appointed Test captain after Mominul Haque resigned in June. A 17-person squad for the Asia Cup, which begins on August 27, was also unveiled by the BCB. Bangladesh made a number of adjustments to their T20I lineup because Liton Das was injured and unable to play in the Asia Cup. Sabbir Rahman, a middle-order batsman who last participated in a T20I in 2019, and Mushfiqur Rahim, who was rested for the T20I series against Zimbabwe, are both back in the lineup. Bangladesh altered their T20I lineup a number of times because Liton Das was injured and unable to play in the Asia Cup. Despite a persistent back issue, all-rounder Mohammad Saifuddin made a comeback, and fast bowler Ebadot Hossain was also named to the team. Despite having a finger injury, Nurul Hasan was also selected for the team; according to the BCB, an update on him is anticipated on August 21.



## EXPERT



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## FAQs ON STRESS MANAGEMENT

**Q1. I am a newly married girl! How do we accept another home as our home? Even if everything is good something still feel different, how to overcome that?**

**Ans.** How to accept another home as mine, yes this is something that every girl goes through after she gets married. Not just this question, but there is the confusion about ownership of home; what's really 'my home' or 'mine'? My parent's home or my husband's home, is both or none of them? All of us can think like this, but we need to let this thought go within few months. We need to handle the condition in a matured manner and learn to feel comfortable with the surroundings.

• Accept the new surroundings. Yes, you will feel the comfort towards the home where you lived so far, but you need to learn to live in peace in the new home too.

- Good communication is a fundamental part of a healthy relationship. When you experience a positive emotional connection with your partner, you feel safe and feel comfortable.
- When marriages are fixed the focus is mainly on the comparability and the sameness creates a relationship. But it is the differences that liven up a relationship. A great marriage is all about make merry with the disparity conditions.
- Please put the compatibility of values above everything, you will start feeling at your own home.

A new home, a new set of relatives, new priorities, new food habits, new expectations, new ego management, all these are inevitable. But in a relationship where love triumphs, all these becomes mere details. We have to understand, where conditions take the front row, relationships take a back seat. We need to accept that either the relationships can triumph or the conditions can triumph, both cannot. Love makes everything right, another home your home, another mother your mother, another family your family, the list goes on! With conditional love many things are wrong or nothing is right. Learn unconditional love to accept the conditions and enjoy the bliss of life. You will feel at home, when you tune your thoughts and emotions well. Develop emotional connection with all at home, which will augment the 'feeling at home'!

Let me answer your second question now. Well, happy to read everything is good in marriage! Yes, there will be something that feels different, as the marriage by its very nature brings in the challenge of resolving the differences. Lot of differences: Man-women differences, intellectual differences, emotional response differences, difference in family values, difference in personal values, the list goes on. Learn to enjoy the intellectual company with your spouse, set aside the list of differences, just enjoy the companionship, you will feel the energy in the relationship. You know the ego makes you think about the differences. With the ego you are struggling all the time to won over the situation. Never can there be a moment of marriage of ego and ease. When ego comes, everything else goes. When ego goes, everything else comes. Value your peace above everything else, Let your ego go! For overcoming the gap you are feeling in your marriage, please focus on the following:

- Develop trust and talk openly with your spouse. Don't try to hide your true emotions. Express your feelings and sort out the difference in the initial stage itself. Don't suffocate with suppressed feelings, better to talk and resolve the issues.
- Fight on the matter, not with the person, no blame game! Express your views without hurting the other person.
- Please build your self esteem and energise the relationship not just with spouse, but with all the family members.
- Learn to cope with your emotions and mood swings. If you struggle to control your emotions, try journaling, listening to music, or taking a walk with your spouse.
- Don't act in prejudiced manner, better not to judge and carried away by past hurts. Learn to communicate freely and understand that the trust and confidence is the basis of any relationships.

Please understand the importance of open communication, cooperation and unconditional love for a happy married life. No shortcut, for success of marriage all need to focus and do hard work. What counts in making a happy marriage is not so much how comparable you are but how you deal with the incomparability. I will tell you one secret tip, when you are wrong, admit it, correct it and move on. Whenever you are right, just shut up, no action needed, i mean it. In initial two years of marriage, you accept it or not, there will be something you 'feel different'! You will start respecting the differences and love unconditionally soon. Give yourself time to get used to the surroundings, family members and the way of life. The day you enjoy the bliss of unconditional love, i am sure, the gap will get vanished, stay blessed!

## AN INITIATIVE OF HULAHUL FOUNDATION

# FEELING STRESSED? NEED A SOLUTION



## Ask the EXPERT

The HULAHUL Times is giving an opportunity to our readers who find that stress is affecting their daily life and needs professional help; can ask maximum two(2) questions to our panel of professional experts and counselors and get advice and health tips from them.

Every Monday you will get answers to your questions which will be published in our E-newspaper without revealing your identity.

Just get ready with your questions and email it on [stressmanagementhulahul@gmail.com](mailto:stressmanagementhulahul@gmail.com)

or DM your questions on our instagram handle [@hulahul\\_foundation](https://www.instagram.com/hulahul_foundation).

**Please note:**  
Only selected questions will be answered

**Keep reading**



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# QUIZ TIME

1. Which institution regulates the 'Digital lending activities' in India?
2. Which institution launched 'SPARK', a virtual space tech park?
3. Which country won the gold medal in the open section of 44th Chess Olympiad?
4. Who chairs the Governing Council meeting of NITI Aayog?
5. Which county did Ravi Shastri play for?
6. Who was the first Indian to win the World Amateur Billiards title?
7. Which two counties did Kapil Dev play?
8. Who is the first woman prime minister of India?
9. Which is the tallest mountain in the world?
10. Who wrote "Malgudi Days"?

## 🤔 GUESS

### The Fruits

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### Answers

1. Reserve Bank of India
2. ISRO
3. Uzbekistan
4. Prime Minister of India
5. Glamorgan
6. Wilson Jones
7. Northamptonshire & Worcestershire
8. Indira Gandhi
9. Mount Everest
10. R. K. Narayan

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2. Kiwi
3. Muskmelon
4. Watermelon
5. Banana
6. Papaya
7. Pineapple
8. Guava
9. Orange
10. Cherry

### Answers